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Stockton Center on Successful Aging News & Upcoming Events



Adult Education Calendar December, 2015

Thu, Dec 3, 10, 17, 9:30-10:30am Chair Yoga - Have Fun While Relaxing Your Body & Mind Galloway Senior Center

Thu, Dec 3, 11:30am-12:30pm **Meditation Group** Woodview Estates Assisted Living

Sat. Dec 5, 10:30am-12:30pm Wool Needle Felting: Christmas Ornaments Noyes Museum of Art

Thu, Dec 9, 12-2pm Fancy Wrapping Papers & Holiday Party Manahawkin Instructional Site

Sat, Dec 12, 10:30am-12:30pm Time to Tell - Creative Writing Workshop: Tapping the Source: Exploring Our Wounds, Trusting Our Wisdom Noyes Museum

Wed, Dec 16, 1-3pm Food for Thought: LIVE Independently, Vibrantly & Educated Woodview Estates

Sat, Dec 19, 11am-1pm A Tour of Poetry for Seniors Otto Bruyns Library - Northfield

Reminder about Cancellations Due to Weather, Emergencies and Other Reasons:

Stockton University closings are announced in

NEWS BRIEFS

... and a very happy new year. SCOSA is in the process of developing and scheduling older adult education programs for 2016. A catalog of programs scheduled from January 1, 2016 through June 30, 2016 will be available in late December. A link to the online version will appear in the next ENEWS (January, 2016). Please feel free to share that link with anyone you know who may be interested in attending SCOSA programs.

Stockton Faculty Chosen as 2016/17 Fellows: SCOSA's Two New Collaborators

Recently Stockton's interim provost and executive vice president Susan Davenport announced the selection of fourteen faculty fellows to serve in various Stockton centers, institutes, and schools working on priority projects identified by the directors or deans of each unit. Each faculty fellow receives release from one course or overload pay equivalent to one course. SCOSA's new fellows are Dr. Dan Hernandez, associate professor of biology, and Dr. Diane Holtzman, associate professor of business, marketing.



Hernandez will conduct a project titled "STEMing Aging" that will involve students and faculty from Science, Technology, Engineering and Math programs at Stockton in developing various projects with SCOSA's older adult participants. An initial project will begin in Spring 2016 with the assistance of Stockton's Office of Service Learning where students in Hernandez's upper-level Ornithology class will offer regular birding opportunities for older adults. As the project expands during the 2016/17 academic year it may involve intergenerational projects empowering students and older adults to

become advocates for environmental sustainability and to address climate change.



Holtzman will assist SCOSA in better developing and clarifying its brand-identity and marketing strategies, particularly for members of the baby-boom generation and the middle-aged cohort. She will involve students from her Masters in Business Administration Advanced Marketing Strategies. This project is well-timed as SCOSA implements recommendations from the recently completed 5-Year Self-Study of the center.

SCOSA's Fellow Selection Committee, consisted of SCOSA director Dave Burdick, SCOSA education chair Christine Ferri, and Faculty Senate president and business professor Brian Tyrrell.

SCOSA Teams with Stockton Retiree Group to Develop Programs and Services: Freshman Writing Seminar Creates Promotional Flyers Recently, SCOSA director Dave Burdick and



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Stockton retirees Barbara Reynolds (Free-To-Be) and Gene Cranmer (Computer & Telecommunications Services) met with a freshman writing class to view and evaluate a writing assignment, which involved learning about SCOSA and then creating promotional flyers that could be used to promote SCOSA activities to retirees. The assignment was envisioned by associate professor of first year studies and writing Heather McGovern as a way to make the assignment real, thereby raising the bar and fostering civic engagement. Students' assignments were creative and thought-provoking, each with its own unique twist. McGovern later thanked the guests, writing: "Thank you for taking some of your valuable time to help them learn. Some have received mostly negative messages about their writing ability.

Knowing that I trust them to produce work for real people outside the classroom, and to have you participate in treating them with respect and valuing their work--and helping to educate them--makes a difference." To see a sample of the flyers click here.

SCOSA Hosts First Cape-Atlantic Caregiver Coalition Resource Fair

an orange banner notice at the top of the University <u>Homepage</u>. SCOSA cancellations at non-Stockton instructional sites, or not related to Stockton closings are listed at the top of the SCOSA <u>Homepage</u>.





SCOSA was pleased to co-sponsor and host the First Annual Caregiver Resource Fair in the Stockton Campus Center on November 12th. The event included nearly 30 exhibitors and speakers with programs and services for caregivers. The main event sponsor, the Cape Atlantic Caregiver Coalition was founded last May with the assistance of Caregivers of New Jersey, and the lead sponsorship of the Mental Health Association in Atlantic County. SCOSA has been an active coalition member thanks to the efforts of our staff member Gina Maguire, intern Edith Giberson, and service chair Christine Gayda-Chelder. If you are interested in joining the Cape Atlantic Caregiver Coalition or learning more about their programming please call 732-262-8020 or email Kwarman@njcaregivers.org.

Events By Others

Smoking Cessation Classes

January 7th & 14th - Cape Regional Medical Center, Center for Lifestyle Management. Call to register 609-898-8899.



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