

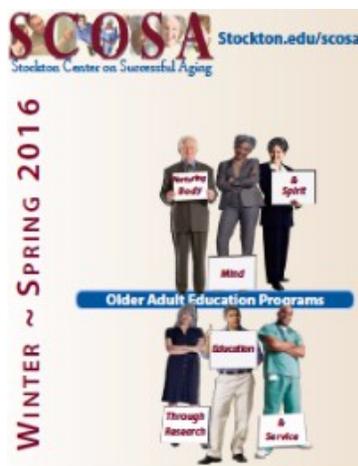
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 Apr 2016 - Volume 5, Issue 4



SCOSA News & Upcoming Events



Access the [online version](#).

Adult Education Calendar April 2016

Thu, Mar 31 & Apr 21, 10am-12pm

[LGBTQ Intergenerational Group - Introductory Meeting](#)

Manahawkin Instructional Site

Tue, Apr 5, 12-1:30pm

[Retirement: Making Your Money Last](#)

Brandywine Senior Living

Wed, Apr 6, 10:30-11:30am

[Continue to Live Independently](#) - Age in Place

Brigantine Senior Center

Wed, Apr 6, 1-3pm

[Tips for Moving & Downsizing](#)

Woodview Estates

Fri, Apr 8, 1-3pm

Learn to Use Your Computer Safely - [Cybersecurity & Privacy](#)

Stockton Campus, F Wing, Room F 114

SCOSA Programs

Save the Date for SCOSA's [Successful Aging Festival](#) on May 19, 2016

Sponsors, Exhibitors, Advertisers, Promoters Early-Bird Deadline March 31st

SCOSA's Annual Festival is taking shape with presenters, performers, and exhibitors signing up every day. Recent additions have included a performance by the Stockton Faculty Band Unplugged, Yoga, Meditation, Art Gallery Tours and a Nature Walk on Lake Fred. The Exhibit Hall is filling and potential exhibitors, program book advertisers, and sponsors are reminded that March 31st is the last day to register and pay with our Early Bird Discount Prices.

The Festival is SCOSA's major means of raising necessary program funding. Each year SCOSA programs involve over 2000 participants in 200+ programs at locations in Atlantic, Ocean, and Cape May counties; most are free-of-charge. Please [click here](#) to view the Festival web-site and for a prospectus of various support levels, or go to [stockton.edu/scosa](#) and click on "Festivals and Conferences".

Helping Grantmakers Increase Impact

March 30, 2016 2:00 – 3:00 pm Campus Center Meeting Room 4

SCOSA will host reception of an interactive webinar from the American Society on Aging on "The AgeStrong™ Initiative: A Private Philanthropic Partnership Helping Grantmakers Increase Impact". Free and open to public. E-mail burdickd@stockton.edu to RSVP.

Defiant Requiem

April 27, 2016 12 noon – 2pm Manahawkin Instructional Site

A documentary film about prisoners in a Nazi concentration camp and the power of music. [Click Here](#) for details.

Professional Education offerings

This spring, SCOSA will present two informative programs for professionals, paraprofessionals, and those who care for older adults. "Strength for the Journey: the Spirituality of the Therapist and the Client" and "Special Populations of Older Adults" will be presented by Carolyn Bradley, PhD, LCSW, LCADC. Programs are free of charge and provide a meal and various professional CE credits. Social Workers are reminded that this is a relicensing year, and both will offer "Ethics" CEs. Check the [Education for Professionals page](#) on the SCOSA website often for updates, including dates and venues. Please contact Gina.Maquire@stockton.edu for more information.

SCOSA-Sponsored Programs on Stockton Channel (Comcast Channel 9)

Did you know that each weekday the Stockton Channel (Comcast Cable Channel 9) broadcasts two talk shows of interest to older adults and those who serve them? **CMS and You**, produced by the Centers for Medicare and Medicaid Services, airs at 5:30pm. **Aging Insights**, produced by the Foundation for Aging of New Jersey, follows at 6pm. Episodes change monthly, usually around the middle of each month. The current CMS and You is "Health Care Tips", covering how to maximize healthcare benefits and find a doctor who accepts your insurance. The current Aging Insights is on Coping with Dementia. Business and organizations wishing to place 10-20 second underwriting messages during these broadcasts are encouraged to contact the SCOSA director.

Sat, Apr 9, 10am-12pm
[Learn Basketry, Experience Local History & Culinary Delights](#) - Cupcake Basket
 Swan Bay Folk Art Center

Tue, Apr 12, 11am-1pm
 Tech Workshop: [Introduction to Personal Computers for Beginners](#)
 Stockton Kramer Hall

Sat, Apr 16, 11am - 1pm
[A Tour of Poetry for Seniors](#)
 Otto Bruyns Library

Tue, Apr 19, 11am-12pm
 Tech Workshop: [Thumb Drives](#)
 Stockton Kramer Hall

Tue, Apr 19, 12:30-1:30pm
 Tech Workshop: [Internet Banking](#)
 Stockton Kramer Hall

Wed, Apr 20 & 27, 9-10:30am
[Birding for Life](#)
 Forsythe National Refuge

Fri, Apr 22, 12-1:30pm or 1:30-3pm
[Beginner Card Making Class](#)
 Manahawkin Instructional Site

Sat, Apr 23, 10:30am-12:30pm
 Time to Tell - Creative Writing
 Workshop: [Tapping the Source: Exploring Our Wounds, Trusting Our Wisdom](#)
 Stockton Campus Center Room 1

Wed, Apr 27, 12-2pm
[Defiant Requiem Documentary](#)
 Manahawkin Instructional Site

Congratulations to SCOSA Time to Tell Creative Writing Instructor Cynthia Graham on a recent publication. Cindi encourages her students to submit their work for publication as often as possible. It's always nice to receive a letter like this one:

*Dear Cynthia,
 Congratulations! Your work entitled "Skin" has been selected to appear in the upcoming issue (#5) of The Notebook: A Progressive Journal about Women and Girls with Rural and Small Town Roots.*

Copies of this issue can be purchased from [Amazon](#).

Interested in bird species or nature of South Jersey?

Join us for Birding for Life on Wednesday, April 20, 2016 9:00 am – 10:30 am and/or Wednesday, April 27, 2016 9:00 am – 10:30 am at the Forsythe National Refuge in Galloway.

[Register online](#) or call 609-626-3591.

 Daniel Hernandez, Associate Professor of Biology and Stockton University students will lead birding walks with community members with a focus on shorebird migrations and environment. The walks will be held at the beautiful Forsythe National Refuge in Galloway Township. Walks consist of about 1 mile. Caravan drive will necessitate that you use your own vehicle. [Click here](#) for flyer.

Pickleball Update

SCOSA and the Stockton Office of Athletics & Recreation are working together to add Pickleball courts to the Stockton Sports Center and invite

SCOSA, Office of Human Resources, and retirees acknowledged by President Kesselman at February 24th Board of Trustees Meeting

During his President's Report to the Stockton University Board of Trustees on February 24th, President Harvey Kesselman acknowledged the efforts of several individuals who have been working to create a formal retiree organization for retired Stockton employees. Tom Chester, director of Human Resources, Gene Swilkey, Human Resources training coordinator, Dave Burdick, SCOSA director, and retirees Barbara Reynolds and Erica Pinto represented the group that has helped to develop the Stockton University Retirees Association (SURA). Retirees will receive many benefits and discount previously reserved for current retirees. A new web-site hosted by the Office of Human Resources provides convenient links to information on benefits, services, programs, SCOSA's monthly newsletter, and other information. SCOSA has been setting its own building blocks to better involve and serve retirees over the past two years and is pleased to collaborate with HR and SURA.

Research & Scholarship

Friday April 1, 2016 9:00-4:30pm Campus Center and F-Wing. Stockton's 16th Annual Day of Scholarship. [CLICK HERE](#) for information on this day of papers, posters and Pecha Kucha – highlighting research, scholarship, and creative endeavors by Stockton Faculty, Staff, and Students. [CLICK HERE](#) for a list created by our intern Rose Lipford of SCOSA Sponsored Research, Other Sessions for Professionals, and a Select List of Sessions with General Interest to SCOSA Older Adult Education Participants.

Reminder to Faculty: A Request for Proposals has been issued to Stockton faculty for applications for \$10,000 in funding to support their scholarly and/or artistic endeavors related to aging for the 2017 fiscal year (July 1 2016 – June 30 2017). The application deadline is April 8, 2016 and additional information can be obtained from the [Office of Research and Sponsored Programs](#).

Dr. Jessica Fleck, associate professor of psychology and SCOSA research fellow recently presented "Building a Healthy Brain for Today and Tomorrow: An Application of Service learning in the Neuroscience of Aging" at the 42nd Annual Meeting and Educational Leadership Conference of the Association for Gerontology in Higher Education, March 5, 2016 in Long Beach, California.

Also at the AGHE conference, Dr. Elizabeth Elmore, professor of economics and gerontology, and director of the Stockton Center on Economic and Financial Literacy (SCEFL) co-chaired a symposium entitled "Aging and Future Careers: Latest Global Trends in Business and Aging, led a resource exchange session on "Innovative Curriculum Activities to Help Students Understand Aging Policy Issues, and co-led a workshop on "New Technologies for Student-Centered Teaching and Advising." Professor Elmore has been an at-large member of AGHE's Executive Committee for the past two years.

SCOSA Director David Burdick is the Selection Committee co-chair of AGHE's Advancement Committee in which he coordinates a \$30,000 funding initiative for AGHE supported with a grant from the Retirement Research Foundation. An April 8th deadline has been posted for an [RFP](#) for AGHE committees to apply for pilot funding for innovative, revenue generating projects.

Stockton Programs of Interest to Readers

Monday March 28, 2016 8:00 pm in West Quad Room 103 SCOSA regulars Emari DiGiorgio and Cynthia Arriue-King will present their work as part of Stockton's **Visiting Writers Series**.

Tuesday March 29, 2016 4:30-7:00pm. Stockton's Sustainability Program will present a session on [Offshore Windfarms](#).

Wednesday March 30, 2016 8:30am – 4pm Alton Auditorium and C/D Atrium. [Wellness Day: "Healing Through the Mandala"](#) and **"Tibetan Buddhist Philosophy, Medicine, and Meditation"**.

Wednesday March 30, 2016, 6pm Campus Center Theater. 7th **Annual Paul Lyons Memorial Lecture**. "The American War in Vietnam: Lessons Learned and Not Learned" will be presented by Dr. William Daniel (W.D.) Ehrhart, master teacher of history and English at the Haverford School. Professor Lyons was a long-time member of Stockton's Gerontology Faculty.

Tax Preparation Assistance: Main Campus, Carnegie Center (Atlantic City), & Kramer Hall (Hammonton).

Stockton University will host the free tax preparation program known as VITA, the Volunteer Income Tax Assistance, offered by IRS-certified volunteers, at three locations and on several dates this tax season. The program serves individuals with household income of \$54,000 or less, people with disabilities, the elderly and those with limited English-language skills. For dates, details, and a list of other sponsors and locations [click here](#). To make an appointment call 2-1-1- and press 2-7 when prompted.

Programs Offered by SCOSA's Community Partners

CONTACT Cape Atlantic's 25th Spring Sensation. Friday, April 15th. 6:00pm - 9:00pm at Greate Bay Country Club in Somers Point, NJ. \$40 per person. Dinner and silent auction. MC Joe Kelly from CAT Country. Tickets available by calling 823-1850 or online at www.contactcapeatlantic.org.

Annual South Jersey Dementia Conference. The Alzheimer's Association Delaware

SCOSA participants to come play. Nets have been ordered, locations in the Sports Center considered. Current plans are for early-morning availability on some weekdays. If you are interested, please [sign up here](#) and we will contact you when the program begins.

Valley Chapter presents its annual conference on Monday, June 6, 2016 at the Crowne Plaza in Cherry Hill, NJ. The program features Keynote Presenter Tam Cummings, Ph.D., author, gerontologist, and internationally recognized educator. Join the Association for a full day education conference with specialized workshops and learn tips & tools to help along the caregiving journey! For more information call the 24/7 Helpline 800.272.3900. SCOSA is organizing transportation for Stockton employees who wish to attend the event – please contact Gina.Maquire@stockton.edu for more information.



Some of the older adult programs offered by SCOSA are partially funded under Title III of the Older Americans Act of 1965, as amended, through a grant by the Division of Intergenerational Services, Atlantic County, New Jersey. You may make voluntary donations to SCOSA. Such donations are not a fee and are not required. Any donations received will be used to develop and operate future programs. If you wish to donate directly to SCOSA please make your checks payable to SCOSA and send them to: SCOSA/SOBL, Stockton University, 101 Vera King Farris Drive, Galloway, NJ 08205-9441.

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