



## Stockton Center on Successful Aging News & Upcoming Events

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#### News Briefs



**Congratulations to Team Stockton in the Walk to End Alzheimer's**, the nation's largest event to raise awareness and funds to fight Alzheimer's disease. Thanks to all who donated or participated in Sunday's walk in Atlantic City and to Dr. Gayda-Chelder for organizing our team. Donations still being accepted. Click link to donate or see [participants / donors](#).

#### Share in Our Success

SCOSA's 2012/13 Annual Report  
[Download PDF](#)  
[Read Online](#)

**SCOSA is pleased to announce the selection of our 2013/2014 Faculty Research Fellow/Scholars.** Each will receive funding and other support from SCOSA for their projects. They are:

**Debra Busacco**, Assistant Professor of Health Sciences:  
*Developing a Handicap Scale for Measurement of Dual Sensory Loss in Older Adults*

**Lisa Cox**, Associate Professor of Social Work & SCOSA Research

#### Volume 2, Issue 11 November/2013

#### Upcoming Professional Education Seminars

##### Free and open to the public:

##### ***Successful Aging: How Neighborhoods Can Help Elders and Their Families Thrive***

Monday, October 28, 2013 6:00pm - 7:30pm

Stockton Campus Center Meeting Room 5. No registration necessary. Presented by Rachel Pruchno, PhD, Director of Research, New Jersey Institute for Successful Aging, Rowan University School of Osteopathic Medicine, and Editor-in-Chief of "The Gerontologist". Dr. Pruchno will discuss the meaning of "successful aging", the characteristics of neighborhoods that are associated with successful aging, and how those neighborhoods can promote successful aging.

Sponsored by the Stockton Center on Successful Aging (SCOSA) and co-sponsored by the Stockton Social Work (SOWK) and Gerontology (GERO) programs. [Flyer](#)

##### **Register Now for the next 1st Wednesday Seminar: *The Benefits of Socialization for Older Adults, Especially During Winter and Holiday Seasons***

December 4, 2013 7:30am - 9:00am The Health Center at Galloway, 66 West Jim Leeds Rd, Galloway, NJ 08205

[Register](#) (use lecture title to search for class on registration page - for assistance with site [click here](#)). [Flyer](#)

Presenter, Patricia Ayers, MSW, LSW, Stockton adjunct instructor, is a medical social worker for Holy Redeemer Home Care and Hospice and is a contributor to their on-line blog for caregivers called [Caring With Confidence](#). This lecture will address the causes and consequences of increased social isolation in old age, exploring risk factors, looking at how a perceived lack of social support, especially during the holiday season and winter months, may lead to increased depression, chronic illness and a reduced life expectancy. We will review possible interventions that will assist in promoting social engagement and thus improving overall health and well being. Upon completion, participants will receive 1 CE for Social Workers, Marriage and Family Therapists, and Licensed Professional Counselors. For seminar information contact David Burdick at 609-652-4311 or [David.burdick@stockton.edu](mailto:David.burdick@stockton.edu). For registration assistance only call 609-652-4227.

#### Upcoming Older Adult Education Programs

##### ***Hurricane Sandy: A Year In Review***

Tuesday, November 12th 10:00am-12:00pm

Stockton's Manahawkin Instructional Site, 720 East Bay Ave, Manahawkin, NJ 08050. Presented by Alayna Berg, MSW, LSW of Legal Services of NJ. A retrospective look into the cause and effects of Hurricane Sandy as we continue to repair and rebuild. Explore the factors that left vulnerable populations more vulnerable and use this knowledge to prepare for the future. Includes a discussion

**MANAHAWKIN**  
THE RICHARD STOCKTON COLLEGE OF NEW JERSEY

Chair: *Resilience and Correlates of Self-Rated Successful Aging*  
**Jessica Fleck**, Associate Professor of Psychology: *Brain Coherence and Cognitive Ability in Adults*.  
[Visit](#) SCOSA Research Page for details.

### 2014 Professional Education & Older Adult Education Programs

If you would like to present a SCOSA-sponsored lecture, workshop or series to professionals or older adults please visit:

[Professional Ed Proposal](#)  
[Older Adult Ed Proposal](#)

### Noteworthy

#### VA Mobile Outreach Clinic Coming to Stockton

The Wilmington VA Medical Center's Mobile Outreach Clinic will be on the Stockton Campus on a monthly basis during the academic year. The next monthly date is Tuesday, November 19 from 10:00 am to 2:30 pm. The mobile unit will be parked on the D-F Plaza. The service is available to veterans from Stockton and the community. [Flyer](#)

#### Fall Lecture Series

*A Personal Story of Holocaust Survival in Hiding* by Leo S. Ullman  
 Thursday, November 7 4:30pm - 5:45pm, Stockton Galloway Campus B-126 [Flyer](#)

#### Benefits of Exercise in the Prevention & Treatment of Osteoporosis

Galloway Support Group 4 Bone Health Educational Seminar  
 November 9, 10am-12pm, Royal Suites Healthcare, 214 W Jim Leeds Rd, Galloway.  
 Contact [gsq4bonehealth@aol.com](mailto:gsq4bonehealth@aol.com)

#### Links to Stockton Events

[Arts & Humanities on Facebook](#)  
[Performing Arts Center](#)  
[Holocaust Resource Center](#)  
[Art Gallery](#)  
[Veteran Affairs](#)  
[Hughes Center for Public Policy](#)

of the limitations of charitable assistance and concludes with a discussion of what communities and individuals can do after natural disasters. Please email [Gina.Maguire@stockton.edu](mailto:Gina.Maguire@stockton.edu) to register for this free event.

#### Monthly Beginner Card Making Class

Friday, November 15, 2013  
 12:00pm - 2:30pm at Stockton's Manahawkin Instructional Site, 720 East Bay Ave, Manahawkin, NJ 08050. Presented by Ann Blazovic. Join us for this free beginner's card making class. You will make greeting cards suitable for sending to your friends and family. This is planned to be a series of classes, so come and enjoy the art of paper crafting. To register email [Gina.Maguire@stockton.edu](mailto:Gina.Maguire@stockton.edu) or call 609-626-5590.



#### Time to Tell Autobiographical Writing Sessions Planned

Stockton's Manahawkin Instructional Site  
 Participants will be guided and instructed through fourteen life themes. Sharing, support and constructive criticism will be incorporated into the sessions, ending in a gift of your life experiences for your family and friends. Contact Gina Maguire for details (609-626-5590).



#### Honor Our Brave Initiative

Stockton Office of Veteran Affairs and the Stockton Veteran Organization (SVO) invites SCOSA participants to submit original artwork for the "Honor Our Brave" Initiative to be displayed on November 11. Contact [Gina Maguire](mailto:Gina Maguire) for details at 609-626-5590.

#### Creative Writing: Memory in Poetry & Creative Non-Fiction

Saturday, November 23, 2013 10:30am - 12:30pm  
 The Noyes Museum of Art, 733 Lily Lake Rd, Oceanville.  
 Advance registration required. Call 609-652-8848 to register. [Flyer](#) In this series workshop, Jenna McCoy will explore a number of creative writing genres, with primary focus on memoir and poetry. You will discover what exactly makes for good writing, and apply these techniques as you write essays & poems inspired by your own memories.

### An Invitation

Gina Maguire's Aging and Healthclass is presenting Multicultural Aging projects in the Campus Center Meeting Room 5 on Monday, October 28th. Join us to learn more about aging around the world, and to see the students' creative projects. All are welcome; presentations begin at 8:30am and will end at 9:45am.

### SCOSA Event Cancellation Procedure

Check the [Stockton Homepage](#) for campus wide closures. Check the [SCOSA website](#) for SCOSA off-campus event cancellations & rescheduling.

**Stockton Center on Successful Aging**

Richard Stockton College of New Jersey

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