Stockton Center on Successful Aging News & Upcoming Events SCOSA Website

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News Briefs

Join Team Stockton in the Walk to End Alzheimer's Unite in a movement to reclaim the future for millions.

Join our team for the Alzheimer's Association Walk to End Alzheimer's®, the nation's largest event to raise awareness and funds to fight Alzheimer's disease.

For additional information contact Team Captain Christine Gayda-Chelder.

SCOSA Acknowledges Generous Contribution from Wallerstein Foundation

The Wallerstin Foundation for Geriatric Life Improvement continues to support SCOSA with a \$2000 contribution which will be used in our efforts to improve the lives of older adults in our region.

Honor Our Brave Initiative

Stockton Office of Veteran Affairs and the Stockton Veteran Organization (SVO) invites SCOSA participants to submit original artwork for the "Honor Our Brave" Initiative to be displayed on November 11. Contact Gina Maquire for details at 609-626-5590.

Volume 2, Issue 10 October/2013

MANAHAWKIN

Upcoming Professional Education Seminars

New Guidelines in Defining Cognitive Changes in Late Adulthood

Friday, October 4, 2013 12:00 pm - 3:00 pm Stockton Manahawkin Instructional Site, 712 East Bay Avenue, Suite 20, Manahawkin, NJ 08050 (609.626.3883) Register Presented by Christine Gayda-Chelder, PhD, Assistant Professor of Psychology, SCOSA Service Chair & New Jersey Licensed Psychologist. The purpose of the program is to address the gaps in knowledge about the new Diagnostic and Statistical Manual of Mental Disorders (DSM-5) guidelines for patients with Neurocognitive disorders and the implications for diagnosis, research, and working with patients and their families. Flyer for details on objectives, cost and CE's.

Caregiving: Options, Issues & Client Satisfaction MANAHAWKIN

Friday, October 25, 2013 12:00pm - 3:00pm
Stockton Manahawkin Instructional Site, 712 East Bay Avenue,
Suite 20, Manahawkin, NJ 08050. Register Presented by Gina M.
Maguire, MSW, LSW. Client satisfaction is an important outcome
measure in a managed care environment. Gina will discuss key
issues related to professional and family caregiving for aging
persons, strategies and resources available to manage family
caregiver stress, effective caregiver collaboration and
communication, and define resources for culturally competent
caregiving. Flyer for details on objectives, cost & CE's.

Successful Aging: How Neighborhoods Can Help Elders and Their Families Thrive

Monday, October 28, 2013 6:00 pm - 7:30 pm Campus Center Trustees Room. No registration necessary. Presented by Rachel Pruchno, PhD, Director of Research, New Jersey Institute for Successful Aging, Rowan University School of Osteopathic Medicine, and Editor-in-Chief of "The Gerontologist". Dr. Pruchno will discuss the meaning of "successful aging", the characteristics of neighborhoods that are associated with successful aging, and how those neighborhoods can promote successful aging. Flyer

Upcoming Older Adult Education Programs

Second Monthly Beginner Card Making Class

Friday, October 18, 2013 12:00pm - 2:30pm at Stockton's Manahawkin Instructional Site, 720 East Bay Ave, Manahawkin, NJ 08050. Presented by Ann Blazovic. Join us for this free beginner's card making class. You will make greeting cards suitable for sending to your friends and family. This is planned to be a series of classes, so come and enjoy the art of paper crafting. To register click here or call 609-626-5590.

Time to Tell Autobiographical Writing Sessions Planned

Stockton's Manahawkin Instructional Site
Participants will be guided and instructed through
fourteen life themes. Sharing, support and constructive criticism
will be incorporated into the sessions, ending in a gift of your life
experiences for your family and friends. Contact Gina Maguire for

2014 Professional
Education & Older Adult
Education Programs If
you would like to present
a lecture, workshop or
series to professionals or
older adults please visit:
Professional Ed Proposal
Older Adult Ed Proposal

Noteworthy

Beyond the Cube: A Curator's Journey over Two Decades

Stockton College Art Gallery, Wednesday, October 2, 2013 2:30 pm, Campus Center Theatre.

Stockton Center for Community Engagement

The Engaged Times

Stockton Arts & Humanities Symposium

Constantine: Religious
Faith and Imperial Policy
October 4 & 5. Contact
Madeline Perez for details
& registration.

Save the Date

Senior Theatre USA 2014
Festival and Conference
June 8-12, 2014 at Bally's
Atlantic City. Learn More:
senior theatreUSA.com
Click here for flyer.

Caring for Caregivers Respite Relief Volunteer Program

Brochure Contact Jennie Roberts at Caring, Inc. (609-484-7050 x 246) for details.

details (609-626-5590).

Create a Wool-Felted Pumpkin for the Holidays

Saturday, October 12, 2013 10:30am - 12:30pm at the Noyes Museum of Art, Lily Lake Road, Oceanville.

Learn the art of needle felting. Using a specially designed barbed needle, Niki Giberson will teach you to sculpt two wool pumpkins that make beautiful fall decorations. \$20.00 materials fee. To

Come & Dance - Modern Dance Movement Class

register call 609-652-8848. Flyer

Thursday, October 17, 9:00am - 10:00am, Stockton Campus Center - Meeting Room 5. Limited capacity-<u>register online</u> or call 609-626-3591. Come take a basic modern dance movement class with Jon Lehrer, Artistic Director of LehrerDance, a professional dance company from Buffalo, New York. Wear clothes that are comfortable to move in. This class is part of the Dance Company Residency taking place at Stockton College for two weeks in October. The residency culminates in a performance of the company in the Performing Arts Center on Friday, Oct. 18th.

Older adult participants in the workshop receive a coupon for two discounted tickets to the performance.

Creative Writing: Memory in Poetry & Creative Non-Fiction

Saturday, October 26, 2013 10:30am - 12:30pm The Noyes Museum of Art, 733 Lily Lake Rd, Oceanville.

Advance registration required. Call 609-652-8848 to register. Flyer In this series workshop, Jenna McCoy will explore a number of creative writing genres, with primary focus on memoir and poetry. You will discover what exactly makes for good writing, and apply these techniques as you write essays & poems inspired by your own memories.

Put Your Debt on a Diet

Thursday, October 31, 10:00 am - 11:00 am at the Hammonton Canoe Club Senior Center, 100 Sports Drive, Hammonton. No registration necessary. Do you want to get out of debt faster? This program teaches you how by using the fast track payoff plan. Learn how to free up additional money by using the step-down budgeting plan.

SCOSA Event Cancellation Procedure

Check the <u>Stockton Homepage</u> for campus wide closures. Check the <u>SCOSA website</u> for SCOSA off-campus event cancellations & rescheduling.

Stockton Center on Successful Aging

Richard Stockton College of New Jersey

101 Vera King Farris Drive, Galloway, NJ 08205 609.626.3591 Fax: 609.626.3620

David C. Burdick, Director 609.652.4311

Programming: Anita Beckwith 609.626.3591 / Gina Maquire 609.626.5590



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