

FY 2014 Annual Report

July 1, 2013 - June 30, 2014



STOCKTON
NEW JERSEY'S
DISTINCTIVE
Public College

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Director's Message



I am pleased to present SCOSA's FY 2014 Annual Report, covering the period of July 1, 2013 through June 30, 2014. As you will see, we had a good year on many fronts as we fulfilled our mission to "nurture

body, mind, and spirit through research, education, and service."

By the numbers: revenues, programs offered and total attendance all increased. We also developed some great new partnerships. But, clearly, most of SCOSA's success this year and since our inception is due to persistence, resilience, hard work, and teamwork among our part-time staff, consultant, volunteer chairs, research fellows/scholars, and other volunteers, with support from Stockton's administration.

Key members of our team include our part-time program assistant Gina Maguire, support and graphic services provided by Anita Beckwith dba Florawoods Design, the SCOSA Chairs for Research, Education and Service (Professors Lisa Cox, Christine Ferri and Christine Gayda-Chelder, respectively).

Thanks to President Saatkamp and Provost Kesselman for their continued support and for increased funding that allowed us to hire Gina Maguire and to participate in a new Fellow program to be implemented in FY15 (SCOSA will have 3 new fellows) and to Social and Behavioral Sciences (SOBL) Dean Cheryl Kaus for ongoing support, oversight, and insights that have helped SCOSA to grow since its inception.

Our financial picture has improved measurably. Our ongoing Older American's Act funds provided through Atlantic County Government partially supports our robust Older Adult Education Program. Outside generous supporters/donors providing \$1,000 or more, included AtlantiCare/The Heart Institute, The Shores at Wesley Manor, Brandywine Living Centers, WeWorkforHealth/NJ, the Wallerstein Foundation for Geriatric Life Improvement, Mr. Richard Gastrowich, and Dr. Jo Frances Stow.

Revenues from our Certificate in Elder Care Coordination coupled with exhibit fees paid by over 30 exhibitors at our Annual Festival have provided necessary additional funding to support our many projects. Our new Southern New Jersey Council on Issues of Aging Endowment Fund will begin to provide additional budgetary support beginning in FY2015.

Again this year, Cynthia McClure, SOBL supervisor of accounts went above and beyond the call of duty, effectively tracking our budgets, managing a growing number of payments to vendors and regularly serving as liaison to various offices in the Division of Administration and Finance. We also depend heavily on and are grateful for assistance from the several caring staff members in SOBL, the Division of Continuing Studies, External Affairs, General Counsel, Computer Services, Bursar's Office, the Print Shop, Plant Management, Chartwells, Stockton Productions, Events Services, Noyes Museum, Kramer Hall Hammonton and Manahawkin Educational sites, and the Carnegie Library Center.

We also wish to express our deep gratitude to our older adult education program presenters, who gave freely and voluntarily of their time, and our scholarly/professional development presenters. Too many to thank individually, but without everyone's help, SCOSA couldn't get the job done and probably wouldn't exist. And we do believe that we are doing an important job, just barely keeping ahead of the 'silver tsunami' of the aging baby boom. Please enjoy reading our report, and let me know if you have questions, suggestions, or concerns.

Sincerely,

David C. Burdick, PhD

Director

Executive Summary

The SCOSA director is appointed by the Stockton president for a 2-year renewable term, negotiated by the college administration with the Stockton Federation of Teachers. Nominations of faculty eligible to serve as director are reviewed by a selection committee, which makes a recommendation to the provost, who recommends to the Stockton president.

Currently, SCOSA's leadership also includes volunteer faculty chairs for Research, Education, and Service, a part-time assistant, and a part-time independent contractor. SCOSA also currently provides limited funding to 3 other faculty members who serve as research fellows/scholars. Brief descriptions of the fellow/scholars' efforts are included in the main report.

Under the current contract, the director receives release from ½ of annual teaching load (that is, release from 3 courses, or 12 TCH), in addition to summer pay equivalent to 4 TCH overload (one course) at the senior rank. The terms of the agreement provide 10 responsibilities for the SCOSA director. These responsibilities provide the organizational layout of this brief Executive Summary. Details for several areas are subsequently reported throughout the ensuing Annual Report.

1. **Oversee maintenance of SCOSA website and publication of SCOSA Newsletter (2-3/year), program brochures, press releases, and other documents.**

Our [web-site](#), is monitored and updated at least weekly by Independent Contractor Anita Beckwith (doing business as Florawoods). The director periodically makes minor changes, but because of the severe programming limitations inherent in the EYOS editing system Ms. Beckwith, who has better familiarity with the peculiarities of the system does most of the work independently, or upon request from the director. Each of SCOSA's main areas of programming (Research, Education, and Service) has its own section, each divided into sub-sections. Additionally there is a Welcome page, and pages for the Festival, Leadership, Contacts/Support for SCOSA, and Press-Releases. The Education section requires the most frequent attention/modifications as it describes SCOSA's many lectures and workshops for older adults and for professionals. Each spring, the Festival page grows as we promote the upcoming festival to potential sponsors, provide updates, and acknowledge Festival Sponsors, Exhibitors, and others.

Newsletters: Printed quarterly newsletters were discontinued a year ago and replaced by timelier, more effective, and less costly monthly [e-mail blasts](#) about upcoming SCOSA programs and with brief news stories. Beginning with our September 2013 Blast, we utilized Constant Contact, which provides additional benefits in terms of tracking as well as some shortcomings in terms of layout and formatting. The Division of Continuing Studies provided us training and free access to their Constant Contact account. Starting in July 2014 due to our increased volume, SCOSA will begin to pay \$40/month to Continuing Studies to help defray their expenses. We will reassess this arrangement and perhaps enroll in another price-competitive service in January 2015.

Brochures: During the year, two 8-page 6-month Older Adult Education Program brochures ([Winter-Spring](#) & [Summer-Fall](#)) were produced and mailed to approximately 1600 members of our mailing list. An expanded 16-page version for each was produced and made available online in two formats – pdf and a page-turn version using an external software provider. In addition, the director worked with Research Fellow Dr. John Bulevich in creating a new brochure inviting older adults to join SCOSA's new [Participant Pool](#) for research subjects. SCOSA's main brochure is currently outdated and in short supply and will be revised and produced early in FY15.

Other documents: A 20 page [Festival Program](#) and Advertisement book was produced and distributed to over 300 participants at the May Festival. Extra copies of the booklet are included with appeals to potential supporters.

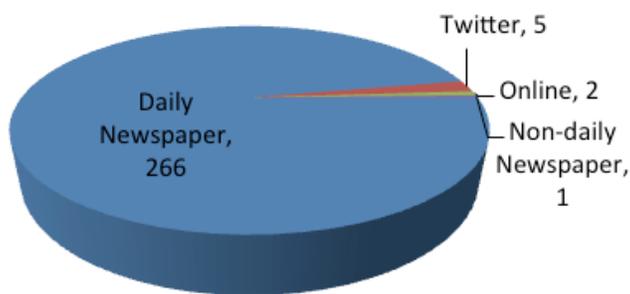
Press Releases, Media Coverage, & Local Outreach: Releases and accompanying informational fliers are produced for all of our programs; there were 41 this year (compared to 32 last year), and the releases are disseminated by Stockton's Department of External Affairs. SCOSA events are regularly announced in the Press of Atlantic City, The Current, The Sandpiper,

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The Galloway Patch, The Mail Bag, The Beacon and elsewhere. In addition, Director Burdick and Research Chair Cox were featured on NBC40's Health Updates in September and May, which each aired several times. Both also gave community presentations on SCOSA (Burdick to the Rotary of Atlantic County, Cox to the National Association Retired Federal Employees (NARFE), and at the Emeth Shalom Synagogue's annual Salute to Stockton). A project by SCOSA Research Fellow Jessica Fleck continues to receive excellent coverage in the Press of Atlantic City, including a Sunday front-page story, and in StocktonNow.

A notable accomplishment by SCOSA in this domain was reported to the Stockton Board of Trustees at their February 2014 meeting. Sharon Schulman, Chief Executive Officer of External Affairs and Institutional Research, provided a media-hit recap and reported that the three Stockton centers/institutes with the most web hits were the Lloyd D. Levenson Institute of Gaming, Hospitality, and Tourism (LIGHT); the William J. Hughes Center for Public Policy, and the Stockton Center on Successful Aging. She further reported that the college's three biggest "performers" in December and January were the Noyes Museum, LIGHT and SCOSA. SCOSA had 274 media mentions, 266 of which were in newspapers. This accomplishment is more significant in light of the fact that we have no full-time staff and that our programs generally taper off in December/January due to weather and shortened daylight concerns for older drivers.

SCOSA: Total Media Mentions = 274



SCOSA leaders also received extensive national attention for their work. An article in the January 23, 2014 issue of [The Stockton Times](#) notes SCOSA Research Chair Lisa Cox's article on "Mental health and substance abuse in HIV-infected elders" published in *Aging Today* and distributed to over 6,000 members

of the American Society on Aging, and her selection as a "Thought Leader" by the AARP; SCOSA Director Burdick's efforts as guest editor/author of a special issue on "Accreditation in Gerontology" of the *Journal of Gerontology and Geriatrics Education*, which was made available free-of-charge on a limited basis to the 5500+ members of the Gerontological Society of America and the 3500+ e-mail list of the Association for Gerontology in Higher Education (AGHE); Professor of Economics/Gerontology Elizabeth Elmore's election as an At-Large Member of the Executive Committee of AGHE; and SCOSA Assistant Gina Maguire's article titled "What I learned in Miss Martha's Pre-School" that appeared in *The New Social Worker Magazine*.

2. Respond appropriately to internal and external opportunities for partnerships, collaborations, information and assistance, and assist in formalizing such arrangements with Memoranda where appropriate.

New, or renewed, partnerships this year included:

A. New Partnerships during FY2014:

American Heart Association's Go Red for Women: SCOSA responded to a request from the Stockton Development Office to develop Stockton programming for this week of events, chaired by Dot Saatkamp, wife of Stockton President Herman Saatkamp. We organized/sponsored 3 events on campus on February 5th – 7th, and another on Feb 14th at the Manahawkin Instructional Site.

SCOSA collaborated with **Cape Atlantic Coalition for Health and Shore Memorial Hospital** to present a 6 week long program developed by Stanford University titled *Take Control of Your Health*.

New Jersey Governor's Commission on Alzheimer's disease, Committee on Education, Training, & Awareness: Director Burdick serves on this committee and has helped to design and deploy a survey of caregivers and providers via SOBL's Survey Monkey account.

SCOSA assisted **Senior Theatre USA** with web-site, ENews, and Festival hand-out promotion of their annual conference held in Atlantic City in June 2014. Our initial connection with this group was made via Stockton Professor of Music Beverly Vaughn.

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Professor Vaughn recently reported that this organization's director has retired and they are seeking a new college/university sponsor. SCOSA, Dr. Vaughn and representatives from Senior Theatre USA will meet to discuss options early during FY2015.

Road Scholar Institute Network: This year, SCOSA joined the [Road Scholar Institute Network](#) (RSIN, formerly Elderhostel), a voluntary and dues-free association of more than 400 Lifelong Learning Institutes (LLIs) across the country. Road Scholar is a not-for-profit organization dedicated to providing educational travel and lifelong learning opportunities for adults. We regularly review their newsletters and web-site for innovative program ideas. They invited us to present and we considered sending representatives to a June 2014 conference at Amherst College (MA), but were unable to attend this year.

Southern New Jersey Council on Issues of Aging: SCOSA leadership and staff from the Development Office met three times during FY2014 and had several correspondences with representatives of the Southern New Jersey Council on Issues of Aging (SNJCIA), which was considering an endowment gift to support SCOSA operations. A gift-signing ceremony and luncheon was held on July 2, 2014 in President Saatkamp's boardroom. SCOSA was represented by Director Burdick, chairs Lisa Cox, Christine Ferri, and Christine Gayda-Chelder, and assistant Gina Maguire. Also representing the college were President Saatkamp, Development Director Philip Ellmore, and Director of Gift Fund Stewardship Peg Fiore. SNJCIA was represented by J. David McCann, John & Betsy Rogge.



Also in attendance were recent donors to SCOSA Dr. Jo Frances Stow and Mr. Richard Gastrowich. An initial donation check of \$18,000 was received on July 10th, and additional contributions are anticipated.

The Otto Bruyns Public Library of Northfield: SCOSA developed a relationship with the library in 2014 through the development of a [Poetry Workshop](#) for Seniors. The monthly program featured guest poets from the community and a free luncheon donated by Ventura's Restaurant. Our events are promoted through their [online calendar of events](#). The program will continue through 2014 and 2015 under the direction of SCOSA Fellow Emari DiGregorio.

B. Expanded Partnerships:

In response to a request from Janice Cambron, Executive Director of the Seashore Gardens Living Center, SCOSA presented a 3-part staff training series, designed by SCOSA Assistant Gina Maguire, and delivered by Gina and Gene Swilkey, Training & Safety Manager for Stockton's Division of Human Resources. Seashore Gardens will pay SCOSA \$300/lecture.

Brandywine Senior Living inquired whether SCOSA seeks organizational sponsorship beyond sponsorship of individual events. Sherry Sullivan, administrator from their Brandall Estates (Linwood) property toured campus in May 2013 and had an impromptu discussion with President Saatkamp. As a result of these discussions, we have begun to offer Older Adult Education programs in 2013-2014 (so far with 73 participants) and financial management lectures scheduled for 2014-2015 with presenter Jason Kiefer, Edward Jones Investments, and they recently provided \$1,000 in SCOSA Festival Sponsorship. This partnership has upside potential that SCOSA will continue to assess and develop during FY15.

New Jersey Association of State Colleges and Universities: Over the past year, the SCOSA director has been in regular correspondence with Paul Shelly, Director of Communications and Marketing, regarding Paul's concern over mounting evidence that NJ loses a large number of wealthy, educated, and civically engaged older residents to out-migration during

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the retirement years. SCOSA included a project on this in our Call for Research Fellows last year, but there were no applicants. Recently, Professor Terry Golway, Director of Kean University's Center for History, Politics and Policy has joined the conversation and held a mini-summit to discuss the situation at Kean College on July 21st. SCOSA chairs Christine Ferri and Christine Gayda-Chelder attended and will continue SCOSA's involvement in this important endeavor. With the apparent continuing downsizing of the Atlantic City casino industry, it is possible that our region would have a renewed appeal as a retirement destination for seniors from North Jersey and elsewhere due to anticipated 'buyer's market' in real estate, lower average real estate taxes, and the availability of educational and entertainment activities via Stockton, SCOSA, and other providers.

Stockton's Manahawkin Educational Site: As noted above, SCOSA received additional funding of \$15,000 from the college for FY 2014 to further develop programs in Ocean County, particularly at the Manahawkin Instructional Site. Gina Maguire was hired, part-time, to spearhead this effort and as can be seen in the full Older Adult Education report provided on page 20, she implemented several successful programs there with the assistance of Operations Manager Michele Collins-Davies and her staff. Indeed, as this Executive Summary was initially penned, Gina was home sick with a 'bug' and recent Stockton retiree Deb Dagavarian covered for her with over 40 older adults attending the first session of a new Time-to-Tell autobiographical writing series. Time-to-Tell continues to experience excellent success since we self-published a compilation of participants stories and profiled it at our 2012 Festival and

Alice White-Marks, the instructor of the Beginner Watercolor class, recounts her experience at Kramer: "I cannot say enough good things about the great staff at Kramer Hall. Christina, who had stayed in touch throughout the process, looked in on a couple of occasions to see how things were going; but of course, my primary interactions were with the lobby personnel ... Chuck and Patrick could not have been more helpful. ... As you might imagine, but it still needs to be acknowledged, the building was always clean and beautifully presentable. The parking lot was safe and secure. The classrooms...we used two... were clean and prepared and the lights worked—not something to take for granted in an art class. The nearby restrooms were clean, well-stocked and in great repair. Everything was wonderful. So Kudos to the building/grounds maintenance and janitorial staffs, as well."

we have been forced to create a waiting list for the Manahawkin and Noyes offerings.

Stockton at Kramer Hall: SCOSA sponsored two series of art/craft classes and computer training classes. We hope to expand our programming there as encouraged by their director of operations Eileen Conran-Fowks.

The Noyes Museum of Art of Stockton College: SCOSA sponsored 28 programs hosted by the Noyes Museum with 236 participants in 2013-2014, a substantial increase from 2009 with 2 programs and 20 participants. Our programs at Noyes are promoted on the [Noyes website](#), in addition to SCOSA's normal promotional efforts.

Atlantic County Library System - Egg Harbor Township Branch Library: SCOSA has an ongoing relationship with the Atlantic County Library System and sponsored a new arts program at the Egg Harbor Township branch in 2014. That program will continue this fall. Our programs are promoted through their [online calendar of events](#).

Shores at Wesley – in the past has partnered with Right-at-Home and SCOSA to present periodic Continuing Education workshops at their complex in Ocean City. This year, a Right-at-Home staff member took a job at the Shores, and subsequently arranged for Shores to provide \$1,000 sponsorship of the SCOSA Festival and to continue hosting CE lectures at the Shores.

South Jersey Senior Networking Group (SJSNG): Stockton/GERO alumna and SCOSA Advisory Board member Lori Heberley coordinates this group. This year, SCOSA assisted the Networking Group by providing an online link for providers to enter their information and join SJSNG. SCOSA's independent contractor Anita Beckwith also designed a logo for SJSNG. This year the group served as an official co-sponsor of the SCOSA Festival. Largely as a result of their co-sponsorship and

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promotional efforts, we experienced over a 50% increase in sponsors (\$5,350), exhibitors (\$7,950) and advertisers (\$1,600) for our Festival.

Village by the Shore: SCOSA Education Chair, Dr. Christine Ferri, represents SCOSA on the advisory committee of the Village by the Shore (Village) founded in 2013, sponsored by Jewish Family Services of Atlantic and Cape May Counties. Lisa Walker, a co-organizer of the SJSNG coordinated the Village project for a time during Spring 2014 and in this capacity we included Village as a co-sponsor of the Festival. Our theme "Happy and Healthy at Home and in the Community" was a perfect match to the types of services envisioned by the Village and we were happy to provide them with the added visibility.

C. Other Continuing Partnerships:

SCOSA is a member of **Atlantic Cape Community College's 55+ Community Advisory Board**, and is represented by Dr. Dee McNeely-Greene, Associate Vice-President for Student Affairs.

SCOSA again this year collaborated with the **Arthritis Foundation** as a co-sponsor of the SCOSA Festival and Arthritis Health Summit. This year, however, the Eastern Pennsylvania Chapter was our sponsor due to some reorganization in their nationwide structure. We had hoped that this would be a beneficial change in that they might attract more participants from along the Atlantic City Expressway corridor. Unfortunately, during our planning phase, their staffing and funding was cut substantially, resulting in fewer presentations sponsored by them, and a \$1,500 cut in their previous financial support. They assisted with registrations for free lunches as in the previous year, but SCOSA needed to step in and assist with online registration when their staff limitations led to confirmation delays.

SCOSA continues to be represented by the director on the following:

- **New Jersey Geriatric Education Center (NJGEC) Consortium Advisory Board (CAB)** Rowan University (formerly University of Medicine & Dentistry of NJ School of Osteopathic Medicine, (2010-present).

- **Association for Gerontology in Higher Education (AGHE):** Executive Committee, Advancement Committee (Chair), Finance Committee, Long-Range Planning Committee.

Dr. Elizabeth Elmore (Professor of Economics and Gerontology) was recently elected for a 2-year term on AGHE's Executive Committee.

Members of the **Stockton Faculty Band (Unplugged)** provided excellent entertainment at SCOSA's Festival on May 13th. Recently retired Library Director David Pinto, Director of Academic Advising Peter Hagen, Professor of Mathematics Frank Cerreto, and Associate Professor of Philosophy Anne Pomeroy serenaded the assembled crowd for 90 minutes, to grateful appreciation and applause. As a token of SCOSA's gratitude, we donated \$500 from festival proceeds to the Stockton Federation of Teacher's Scholarship Fund managed by the Stockton Foundation.

AARP: SCOSA sponsored three Driver Safety training programs, developed by AARP, in Atlantic County with 58 older adult participants awarded certificates of completion and discounts on car insurance.

SCOSA's Older Adult Education Program continues to regularly collaborate with a wide variety of providers and sites to offer our programs. **Money Management International, Absecon and Galloway Senior Services, the Hammonton Canoe Club, Atlantic City Free Public Library, and Jewish Older Adult Services** are some examples of these collaborations.

We also co-sponsored the 2014 CarFit event developed by Kimberly Furphy, DHSc, OT, ATP, Associate Professor and Program Director of the Stockton Master of Science in **Occupational Therapy Program with the assistance of Physical Therapy, Speech Therapy, Nursing, Public Health, and Health Science** students.

And we collaborated with **ARHU** and Associate Professor of Dance Rain Ross in the Jon Lehrer Dance Company In Residence Program in October of 2013 by developing a workshop with SCOSA older adults. Collaboration again for a similar Fall 2014 program, is now being planned.

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3. Oversee implementation of externally funded programs housed in SCOSA.

Four externally funded programs generated approximately \$30,000 in gross annual revenue this year in addition to \$17,500 in gross revenues generated by our Festival (see page 33).

- Continued **Older Adult Education Program** with federal funding of \$15,000/year via Atlantic County Division of Intergenerational Services. When combined with our new programming in Ocean County, we delivered 116 programs at 11 locations generating a combined attendance of nearly 1500 participants.
- **Certificate in Elder Care Coordination:** Begun in Spring 2012 in collaboration with the Life Care Planning Law Firms Association, the program was offered in Fall (7 students) and Spring (7 students, 6 completed) this year. Students were from Connecticut, Florida, Illinois, Kansas, New Jersey, Minnesota, Ohio, Pennsylvania, Tennessee, and Virginia. The program generated approximately \$11,700 tuition revenues this year, of which 10% was paid to Continuing Studies. There were no other costs associated with the program, thus we netted about \$10,000. This figure compares to tuition revenues in Fall 2012 and Spring 2013 of \$17,222 when an additional 20 Elder Care Coordinators from 18 states were trained. Satisfaction survey results continue to demonstrate that the program is well-received, and representatives of the LCPLFA continue to applaud our efforts. The next program will be offered during the Spring 2015 semester.
- Continued **First Wednesday Professional Lectures** in collaboration with the Health Center at Galloway, providing SCOSA with gross anticipated revenues of \$1500 for 4 lectures. The program's continuation is questionable in FY15 due ownership & management changes at the Health Center at Galloway.
- Continued **Right-at-Home Professional Lectures** with gross revenues of \$1,800 for two 2-hour CE Lectures during FY 2014 (compared to \$2,400 for three two-hour CE Lectures during FY 2013).

4. Pursue local agency contracts and other revenue streams (e.g. memberships, donor contributions, events) in support of the SCOSA operating budget.

This year we attempted to secure local contract funds with three organizations: **Ocean County Department of Senior Affairs** to support expansion of our Older Adult Education Program in Ocean County, and **Brandall Estates/Brandywine Living Centers** and **Shore at Wesley** to support various SCOSA programming and continuing professional education programs respectively. As noted in #1 above the latter two each resulted in \$1,000 in support for SCOSA programs received in FY 2014.

We have also informally discussed options for affiliation/collaboration with the **Richard Simon Alzheimer's Center** and these discussions may continue in FY2015.

We again sought funding from the Wallerstein Foundation for Geriatric Life Enhancement (South Orange, NJ) to support delivery of SCOSA programming at the Azeez Center in Woodbine. While Wallerstein didn't fund this proposal, they provided \$2,000 in general support.

SCOSA's Successful Aging Festival on May 13, 2014 raised \$15,900 gross revenue (\$11,992 net, up from \$9,000 net in FY13). Lead sponsor support of \$1,000 each was received from AtlantiCare/Heart Institute, Brandywine Living Centers, Compassionate Care Hospice, and PhRMA/WeWorkforHealthNJ. A \$2,000 donation from the Wallerstein Foundation for Geriatric Life Improvement and a \$1,000 donation from Mr. Richard Gastowich, in addition to Exhibit and Advertising revenues also added to the total. The Arthritis Foundation committed but has not yet paid \$1,000 for free lunches this year (down from \$2,400 last year). In addition, Dr. Jo Frances Stow made a generous \$1,000 donation to SCOSA/GERO's Teski Gerontology Fund managed by the Stockton Foundation. The gift was to thank the SCOSA director for his continued service as Scholarship Selection Committee Co-Chair for the Stockton Foundation.

At the Festival, the SCOSA director introduced the WeWorkforHealthNJ/PhRMA representative (Terri O'Connell) to Dean of Natural Sciences

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& Math Dennis Weiss so that they could discuss WWFHJ's STEM initiative, in particular a partnership for K-12 science programs and mayors (The Mayors Committee on Life Sciences STEM Certificate Award). Thus far, this contact has resulted in Dean Weiss discussing Stockton's STEM programs on a panel in June at an event at Bristol-Myers Squibb Headquarters in Princeton. We hope that this contact might result in funding and/or programs for NAMS, as well as to attract STEM high-school students for admission to Stockton.

Will respect to large grants, this year SCOSA investigated the feasibility of applying for funding from the Corporation for National and Community Service to "support volunteers age 55 years and older serving in a diverse range of activities that meet specific community needs and respond to ... national performance measures in six focus areas including: disaster services, economic opportunity; education; environmental stewardship; healthy futures; and veterans and military families." A total of \$1.2 million was available for New Jersey; one grant would go to each of 10 service areas (\$60,000/year for three years). We were aware that Atlantic County's RSVP sponsor, Atlantic Human Resources, had ceased operations of RSVP and other programs, and felt that filling in could boost SCOSA's service mission and that the six focus areas were consistent with our interests and capacities. We enlisted the assistance of Cynthia Sosnowski (former Director of Continuing Studies at Stockton) as a grant writer. Upon careful investigation, we concluded that an application from SCOSA was ill-advised. First, Atlantic and Salem counties were coupled. SCOSA has no presence in Salem and the funds from the grant would be insufficient to effectively mount such a presence. We also considered using this funding source to increase our presence in Ocean County, specifically focusing on disaster preparedness and recovery services. We contacted the incumbent provider in Ocean County (the Ocean County Board of Social Services) to discuss their plans and consider collaboration. When they indicated that they planned to apply on their own, we concluded that competing with them would be counter-productive.

In addition to programs noted above, we regularly monitor announcements of grant opportunities provided by Stockton's Grants Office, the Gerontological Society of America, the American Association of Colleges and Universities, the Foundation Center, and other sources.

5. Engage students in Center activities.

SCOSA works to involve students in all aspects of our programming as this is part of our mission. This year, in collaboration with the GEROS Club, we again encouraged student participation in the annual Memory Walk on the Atlantic City Boardwalk, sponsored by the Alzheimer's Association-Delaware Valley Chapter, helping to raise over \$1,000 in donations. In addition, GEROS Club President Taylor Calabree assisted SCOSA with making inquiries to potential exhibitors for our May Festival. Four club members/GERO students volunteered at the Festival. The club also made SCOSA the benefactor of a fundraiser, donating \$135.60 earned through a sale of Yankee Candles. About 70 students attended SCOSA's one on-campus scholarly lecture this year, and a handful attended one or more of the off-campus scholarly or professional education programs we sponsored or co-sponsored this year. SCOSA Research Chair Lisa Cox involved 40 students at Seashore Gardens on April 7th in a film/discussion on "Bubbeh Lee and Me".

In addition, students served as research assistants to faculty research fellows (Cox, Busacco, and Fleck). Notably, Dr. Fleck's ongoing research with SCOSA Service Chair Dr. Gayda-Chelder, continues to involve 4-6 students. For the last two summers this has included SIRE students. The 2014 CarFit event, noted above, involved students from Occupational Therapy, Physical Therapy, Speech Therapy, Nursing, Public Health, and Health Sciences. SCOSA also provides assistance for the annual Careers in Aging Week, sponsored by Stockton's GERO Program.

6. Work collaboratively with the Division of Continuing Studies to deliver professional education opportunities.

Collaboration with Continuing Studies is critical for SCOSA's provision of CE credits for scholarly and professional lectures and we continue to have good working relationships with their director and staff.

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Nevertheless, our provision of CEs dipped this year (6 vs. 12 completed) due in part to their staffing changes, budget reductions, and policy changes. Two programs were cancelled due to limited registrations. At the request of Continuing Studies who hoped to generate more income, we planned for two CE programs where for the first time participants would pay a registration fee. Our previous model was for a co-sponsor to provide \$400-\$500 per one hour lecture receiving CEs for Social Work, Marriage and Family Counseling, and Licensed Professional Counselor. An additional \$500 was paid for Nursing Contact Hours. Both were cancelled by Continuing Studies due to limited registrations. It is quite clear to us all that professionals in these fields have ample opportunity for free and convenient CEs offered by other organizations.

Continuing Studies has decided to curtail its provision of Nursing CEs, except for large events co-sponsored by the School of Health Sciences. They have informed SCOSA that they would encourage us to seek Nursing CEs directly from the Nursing Program if that produces any cost-savings for SCOSA. We will move on this approach in FY15.

7. Seek to involve 55+ community in Center activities.

Many residents of 55+ communities regularly attend SCOSA events. The largest nearby community (Four Seasons at Smithville) is somewhat difficult to connect with because of their complex committee structures and regulations, but we have good relations with the coordinator of their main Clubhouse (who regularly puts our materials out on display) and several residents who also help us to spread the word about SCOSA programs. In fact, one resident and former volunteer presenter for SCOSA recently registered 12 Four Seasons residents for our Festival.

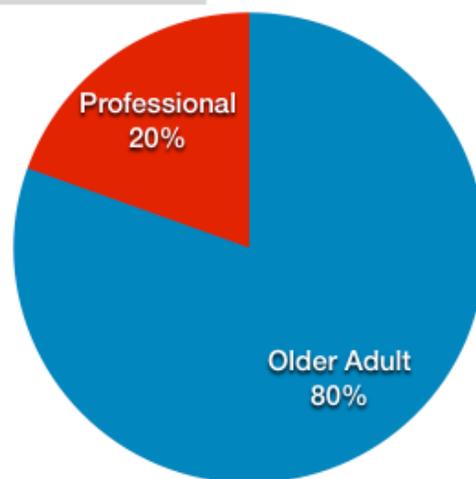
Moreover, the newsletter editors of two other communities (Mullica Woods & Sea Oaks of Tuckerton) regularly contact us requesting materials and schedules. Galloway Senior Services includes our materials as inserts or columns for their bi-monthly mailings to approximately 3000 older Galloway residents, about 1/2 of whom live in the 55+ communities.

The coordinator of community services in Stafford Township, Ocean County arranged for a busload of approximately 25 older adults to attend our Festival this year.

New contacts with older adults are created daily through our scheduled programs in the community, press releases, website referrals/recommendations and our continuing and developing relationships with older adult communities. We maintain a data base of older adult and professional contacts and added 564 new contacts this year, expanding significantly into Ocean County and notably into Cape May and Cumberland counties.

New Contacts July 1, 2013 to June 30, 2014

Type of Participant	Number of Contacts Added
Older Adult	454
Professional	110



New Contacts by County



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8. Disseminate current research and practice through a lecture/workshop series (at least one per semester).

This year we presented six research/practice oriented lectures. One was on campus, 3 were part of our First Wednesday Series at the Health Center at Galloway, and 2 were initiated by Right-at-Home. The programs were as follows:

New Guidelines in Defining Cognitive Changes in Late Adulthood, by Dr. Christine Gayda-Chelder at Brandall Estates (Linwood) on August 3, 2013.

Neurocognitive Impairment: Alzheimer's from a Daughter's Perspective by Dr. Norma Blecker at the Health Center at Galloway on September 4, 2013.

Successful Aging: How Neighborhoods Can Help Elders and their Families to Thrive, by Dr. Rachel Pruchno, Director of Research, New Jersey Institute on Successful Aging, in Stockton Campus Center on October 28, 2013. Approximately 50 students attended this lecture.

The Benefits of Socialization for Older Adults, Especially During Winter and Holiday Seasons, by Patricia Ayers, MSW, at the Health Center at Galloway on December 14, 2013.

Developing a Handicap Scale for Measuring Dual Sensory Loss in Older Adults by SCOSA Fellow Dr. Debra Busacco, at the Health Center at Galloway on March 5, 2014.

Organizational Leadership in the Healthcare Setting, presented by Linda Coppinger, MA at Spring Oaks Assisted Living of Vineland on May 1, 2014.

Additional Scholarly Support:

SCOSA Research Scholars and Fellows

During FY2014, SCOSA support for scholarship and creative projects by members of the Stockton faculty evolved and grew significantly. The SCOSA Director: a.) oversaw three FY2014 SCOSA Research Scholars, b.) Collaborated with R&PD Chair for application process for FY2015 SCOSA Research Scholars, and c.) applied for and secured approval for three new "common" fellow positions for FY2015.

FY2014 Research Scholars: The SCOSA Director managed the entire process during FY2014, including notifying the Stockton faculty of the Request for Proposals, bundling applications,

convening selection committee, notifying dean and candidates of committee decision, preparing MOUs, and providing ongoing feedback/support to scholars. A total of \$10,000 was made available by Academic Affairs to support the following projects. Brief reports of their efforts/outcomes are provided below in the full report.

- Dr. Lisa Cox, Associate Professor of Social Work and SCOSA Research Chair used this funding to continue her work on "Resilience and Correlates of Self-Rated Successful Aging."
- Dr. Jessica Fleck, Associate Professor of Psychology utilized her funding to continue her work on "Brain Coherence and Cognitive Ability in Adults."
- Dr. Debra Busacco, Assistant Professor of Health Sciences utilized her funding to "Develop a Handicap Scale for Measuring Dual Sensory Loss in Older Adults."

FY2015 Scholar Applications: Beginning in 2014, processing of FY2015 applications was shifted to the college's Research & Professional Development Committee. R&PD Chair Professor Heather McGovern issued the call for proposals, convened a R&PD sub-committee that included the SCOSA Director, and provided initial notifications to the FY2015 Fellows, who begin their work in July 2014. The SCOSA Director will continue to serve as a resource and oversee the implementation of these projects.

- Dr. Emari DiGiorgio, Associate Professor of Writing, will run a monthly "Tour of Poetry" for SCOSA at the Northfield Public Library.
- Dr. Christine Ferri, Associate Professor of Psychology, will "Evaluate Three Years of Handwritten Journals of an Older Woman with Alzheimer's" using Pennybaker's Linguistic Inquiry and Word Count Program".
- Dr. Megan Foti, Assistant Professor of Occupational Therapy, will develop "Occupational Storytelling to Improve the Quality of Life and the Quality of Care of Older Adults with Dementia".

Executive Summary

FY2015 Common Fellows: SCOSA applied for, and received support for three “Common Fellows” from a new Academic Affairs initiative providing a pool of potential fellows to be competitively awarded across Stockton’s various centers and institutes. The SCOSA Director designed and implemented Requests for Proposals, selection, notification, and oversight procedures for this program. We received four applications for three positions. Starting in July 2015 SCOSA’s selected and approved “common” fellows will include:

- Dr. Lisa Cox, Associate Professor of Social Work, will work on publishing Guided Autobiography and Time-to-Tell essays as an ancillary textbook for courses on aging.
- Dr. Christine Gayda-Chelder, Assistant Professor of Psychology, will carry out a number of efforts designed to increase SCOSA’s service-related activities.
- Dr. Evonne Kruger, Associate Professor of Business Studies, will assist SCOSA with strategic planning activities and contemplation/application for funding to encourage continued engagement in the campus community of emeritus/retired faculty, and retired staff.

9. Maintain and serve as liaison to SCOSA Community Advisory Board.

Again this year the Advisory Board, as a whole, was relatively inactive and we did not hold any meetings. We recognize this as a shortcoming and will address the issue if time permits. Several members have left the area, left their jobs, or retired, providing us with the opportunity to re-populate the board with new members. Despite the lack of meetings, individual members of the Advisory Board provided extensive assistance with a variety of SCOSA activities such as funding for an encouragement of participation in the Festival, Careers in Aging Week, and on the Research Fellow Selection Committee.

10. Submit annual reports on productivity and effectiveness by June 1 to the Dean of Social and Behavioral Sciences.

The dean receives monthly program reports from our Older Adult Education Program. This brief Director’s Report above, plus the following Annual Report demonstrate our productivity and effectiveness during the 2014 Fiscal Year.

SCOSA Vision & Mission

The Stockton Center on Successful Aging promotes education, research, and services to respond to local, regional, and statewide needs related to population aging.

The Center’s core mission is to encourage older residents to “age successfully” through vital involvements and engagement in their community.

Nurturing Body, Mind, and Spirit

through Research, Education, and Service



Basic research provides the foundation for effective educational programs. The synthesis of research and education aids in the development of effective and evidence-based services.

Lisa Eileen Cox, PhD
SCOSA Research Chair



SCOSA supports basic research and scholarship through: 1. Scholarly and Professional Development Lectures to disseminate cutting edge research findings, 2. Applied Research Fellow/Scholar Program, 3. Consultation and technical support for individuals or organizations seeking assistance with their independent research projects, 4. Initial development this year of an Older Adult Subject Pool.

SCOSA helps to translate and disseminate the latest research on aging into practice through our Scholarly Lectures and an extensive array of Continuing Education Lectures provided in conjunction with Stockton's Division of Continuing Studies, the Health Center at Galloway, Right at Home, Brandywine Assisted Living and other partners. The research committee also encourages publication/presentation of results from various Center-sponsored programs in scholarly journals and at professional conferences.

SCOSA's research chair, director, and program associates also regularly monitor grant opportunities in aging and share this information with potential applicants across the college.

Scholarly & Professional Development Lectures

Dr. Lisa Cox, SCOSA's Research Chair, coordinates our scholarly lectures on campus. For off campus programs, MOAs with the Health Center at Galloway and Right at Home have resulted in the First Wednesday and Professional CE Seminars. The seminars, designed for professionals, para-professionals, and other caregivers who work with older adults are free of charge. SCOSA's partnership with Stockton's Continuing Studies program has resulted in our ability to offer area professionals CE's for Social Workers, Marriage and Family Therapists, Occupational Therapy (AOTA) and Licensed Professional Counselors. In June of 2013 we offered our first CEs for Nursing.

In October of 2013, SCOSA (with the prompting of Continuing Studies) tested the market by offering 2 professional lectures at the Manahawkin Instructional site for a registration fee of \$35.00 to help cover the additional cost of offering Nursing contact hours. Both lectures were cancelled due to exceptionally low registration. Since most professionals can fulfill their continuing education requirements through free lecture sources, it was determined that SCOSA should continue to offer "free" seminars and lectures to area professionals as long as we can secure adequate funding from co-sponsors.

The following scholarly or professional development lectures were presented this year.

Organizational Leadership in the Healthcare Setting Professional Lecture

Thursday, May 1, 2014 4:00pm - 6:30pm

Spring Oak Assisted Living of Vineland

Presenter: Linda Coppinger, MA, Executive Director, South Jersey Alzheimer's Association Delaware Valley Chapter

This presentation provided useful information for administrators, managers, and first-line supervisory personnel. Designed to introduce participants to organizational leadership topics, including leadership styles, decision-making, and conflict management techniques. 11 professionals attended.

Developing a Handicap Scale for Measurement of Dual Sensory Loss in Older Adults First Wednesday Professional Lecture

Wednesday, March 5, 2014 7:30 am - 9:00 am

The Health Center at Galloway

Presenter: Debra Busacco, PhD, Assistant Professor of Health Sciences, SCOSA Research Fellow 2013-2014

This presentation focused on providing information and demographics on dual sensory loss in older adults. Physical, social and psychological impact of dual sensory loss will be shared. Dr. Busacco presented a scale she developed to assess the impact and handicapping effects of hearing and vision loss in this population. Statistical analyses related to the scale development and clinical implications of using the results of this scale to determine an older adult's candidacy for auditory and/or visual rehabilitation programs were addressed. 9 professionals attended.

The Benefits of Socialization for Older Adults, Especially During Winter and Holiday Seasons
First Wednesday Professional Lecture

December 4, 2013 7:30 am - 9:00 am

The Health Center at Galloway

Presenter: Patricia Ayers, MSW, LSW, Stockton adjunct faculty member, medical social worker for Holy Redeemer Home Care and Hospice and contributor to their on-line blog for caregivers called Caring With Confidence

This lecture addressed the causes and consequences of increased social isolation in old age, exploring risk factors such as physical, cognitive and psychological losses and how they impact the individual's ability to stay socially connected. 21 professionals attended.

Successful Aging: How Neighborhoods Can Help Elders and Their Families Thrive
Scholarly Research Lecture

Monday, October 28, 2013 6:00 pm - 7:30 pm

Campus Center, Stockton Galloway Campus

Co-sponsored by the SOWK and GERO programs

Presenter: Rachel Pruchno, PhD, Director of Research, New Jersey Institute for Successful Aging, Rowan University School of Osteopathic Medicine, "The Gerontologist" Editor-in-Chief

Dr. Pruchno discussed the meaning of "successful aging", the characteristics of neighborhoods that are associated with successful aging, and how those neighborhoods can promote successful aging. 115 professionals, students, faculty & older adults attended.

Neurocognitive Impairments: Alzheimer's from a Daughter's Perspective
First Wednesday Professional Lecture

Wednesday, September 4, 2013 7:30 am - 9:00 am

The Health Center at Galloway

Presenter: Norma S. Blecker, EdD, Retired Associate Professor of Education in Special Education, Richard Stockton College of NJ

Dr. Blecker provided her insights and described her experiences in caring for her mother who lived with Alzheimer's for over a decade, and noted several important parallels between Alzheimer's and the developmental disabilities that she taught about during her teaching career. 13 professionals attended.

New Guidelines in Defining Cognitive Changes in Late Adulthood
Professional Lecture

August 8, 2013 3:00 pm - 6:00 pm

Spring Oak Assisted Living of Vineland

Presenter: Christine Gayda-Chelder, PhD, Assistant Professor of Psychology, SCOSA Service Chair & New Jersey Licensed Psychologist

The program addressed the gaps in knowledge about the new Diagnostic and Statistical Manual of Mental Disorders (DSM-5) guidelines for patients with Neurocognitive disorders and the implications for diagnosis, research, and working with patients and their families. 20 Professionals attended.

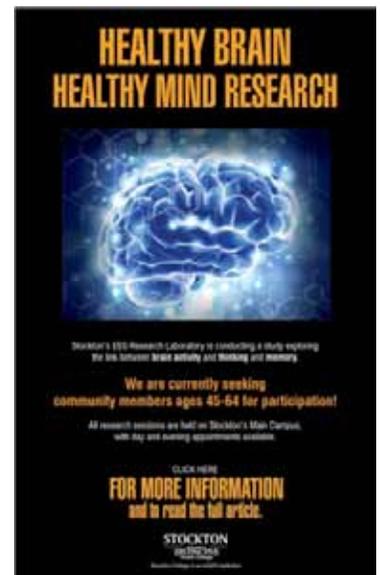
SCOSA Applied Research Faculty Fellows/Scholars

SCOSA's Applied Research Fellow program recently completed its third full year of operation with \$10,000 funding provided by the Division of Academic Affairs. This year, we began to transition the title of this program from Fellow to Scholar in order to comply with a request from the college and Stockton Federation of Teachers

and to avoid confusion with another new college initiative that allows centers and institutes to apply for a new type of fellow, called "common" fellows to connote their source in a pool of positions competitively applied for by the centers and institutes.

We also began to incorporate the announcement and selection process within the faculty Research and Professional Development protocol.

SCOSA was approved for three common fellow positions for FY2015, each provided the recipient an option of either a 1-course release, or compensation at the prevailing overload rate. Our list of approved Fellows is provided above in the Director's Report.



This year's Research Scholars were psychology professor Jessica Fleck, social work professor Lisa Cox, and health sciences professor Debra Busacco.



Debra Busacco, PhD
Assistant Professor of Health Sciences

The goal of this project is to develop a handicap scale that addresses both hearing and vision loss known as dual sensory loss or impairment. Individuals with dual sensory loss report poorer self-rated health, greater rates of depression, reduced quality of life and fewer interactions with social networks. Older adults with dual sensory loss are more likely than their non-impaired peers to need help with mobility, shopping, personal care, medication management and phone use. They are also most likely to be living with family members. Estimates of the percentage of older adults with dual sensory loss range from 9% to 21%. Due to the growing population of older adults with dual sensory loss, these persons will continue to be part of the audiologists' and vision specialists' caseload over the course of the next several decades.

Dr. Busacco's academic program saw an unprecedented growth in the number of majors this year; coupled with a small faculty, many of whom are new to the college (including Dr. Busacco). As a result, the time-frame from this project was lengthened. At this writing, Dr. Busacco has created a draft survey instrument and has sought Stockton IRB approval for the collection of data. Progress will continue during the Summer and Fall. Dr. Busacco presented her project on March 5, 2014 at the Health Center at Galloway for one of SCOSA's First Wednesday Professional Lecture programs. The enthusiastic audience was interested in her work and asked many questions.

Lisa Cox, PhD
Associate Professor of Social Work



Dr. Cox examined how bio-psychosocial variables and childhood experiences influence the physical health, mental health, and resilience of older adults who are living with TS. Her community-based sample has been analyzed. Funding from SCOSA and the Provost's office helped her to travel to and present at a national conference, consult with a statistician to complete a scholarly research article submitted to *The Journal of Gerontology*, and to build her research library and secure necessary resources/supplies to assist in her continued research. Both her Stockton Day of Scholarship presentation and American Society on Aging poster session highlighted aspects of resilience and environmental factors relevant to the success or challenge of aging with neurobiological challenges.

Project Highlights:

- Presented research on "Resilience and Aging" at Stockton's Day of Scholarship (March, 2014).
- Presented a poster session at the America Society on Aging conference in San Diego, CA (March 12, 2014). Numerous conference attendees visited and expressed interest in findings. Staff from the Yale University OCD-TS clinic also contacted her for a copy of the research findings.
- Dr. Cox collaborated with her statistician Dr. Fulcomer to draft a manuscript targeted to the *Journal of Gerontology*.
- Ongoing collaboration regarding the TS database: Dr. Cox worked with Dr. Fulcomer to develop this database for Rutgers, which is being maintained via consistent contact with Dr. Ewbank (Director, Rutgers TS clinic) and Faith Rice (Executive Director of the NJCTS). July 24, 2014 was her most recent meeting at Rutgers GSAPP office.
- June 5-8, 2014 facilitated a Mentor Panel (6/7) and two "Time to Tell" focus groups (6/8) for children and youth with TS at the 10th anniversary Camp Bernie weekend in Hunterdon County, NJ.

- August 1-3, Dr. Cox travels to Rutgers-Busch campus to assist with the NJCTS “Leadership Academy” for youth with TS. Throughout the entire past year, she has been part of the planning committee for this event. On August 3, 2014 she will also conduct a session on “Resilience and the Social Aspects of Living with TS.”
- Dr. Cox’s research on Resilience and Aging is being enhanced by her experience as a Faculty Scholar for the GEC (Geriatric Education Center) program. Elyse Perweiler (SCOSA Board member) at Rowan University is her mentor for the GEC work.



Jessica Fleck, PhD, Associate Professor of Psychology. Healthy Brain, Healthy Mind Research

[Click here](#) for an article about Dr. Fleck’s research, which appears on the Academic Affairs web-site.

The proposed project explored the relationship between brain coherence and cognitive ability in adults, ages 45 – 64 years. This project was conducted as a follow-up to a similar project involving older adults, ages 50 – 90 years that was conducted in the summer of 2013.

Data were collected from 60 adults in the spring 2014 semester. To support data collection, six undergraduate researchers and three graduate researchers were trained by Christine Gayda-Chelder and Jessica Fleck for the project and participated in data collection. Participants were community members who participated in two research sessions scheduled about a week apart. In the first session, participants had their electrical brain activity recorded using EEG and completed self-report measures of their thinking and memory performance. In the second session, participants completed a neuropsychological

battery that focused on executive function and memory ability. Data collection on the project was completed at the end of April, 2014.

In May and June, three undergraduate student researchers and Dr. Fleck have been working on data scoring and analysis. At this point, all EEG data files have been cleaned for artifacts and have been exported in preparation for data analysis. In addition, all self-report measures have been scored and the resulting data have been entered into SPSS. At present, the team is scoring the neuropsychological assessments. As soon as this process is complete, they will be able to determine the relationship between brain coherence and cognitive ability in this group and determine if the pattern observed is similar to that detected in the older adults tested in the summer of 2013.

The research team is currently in the process of scoring the assessments associated with the funded project and hope to complete scoring and data entry by the end of July, 2014. They will then work quickly to analyze the data in the SPSS and generate conference submissions, as well as a submission to a scholarly journal.



Continuing Work of Past Fellows:



John Bulevich, PhD
Assistant Professor of Psychology

Dr. Bulevich, with the assistance of undergraduate research assistant Meghan Klouser, SCOSA staff, and Dr. Fleck and her SIRE students, developed an older adult subject pool for use by SCOSA and other Stockton researchers. Nearly 200 older adults will potentially be available to Stockton faculty researchers who are interested in studying various aspects of aging. He continues to manage [the pool](#).

ABOUT SCOSA'S MISSION

The Stockton Center on Successful Aging promotes education, research, and services to respond to local, regional, and statewide needs related to population aging. The Center's core mission is to encourage older residents to "age successfully" through vital involvements and engagement in their community.

To Learn More About the Participant Pool Please Contact:

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SCOSA CENTER LEADERSHIP

David Burdick Ph.D., Director
Luo Cao, Ph.D., Research Chair
Christine Ford, Ph.D., Education Chair
Christine Gayle-Christen, Ph.D., Service Chair
Cora Maples, MEd., Program Assistant
Cheryl Kaul, Ph.D., Dean,
School of Social & Behavioral Sciences



- How do I Join?**
- Please call 609-626-3591 and leave a message stating that you are interested in the Participant Pool. Clearly give your name, phone number, and best time to call. A Stockton representative will call you to collect basic information to register you in the pool.
 - When a new project is started and you are a potential match for the research, SCOSA will contact you and describe the specific study.
 - If you are not available or not interested, no problem.
 - If you are interested in getting involved in the study, the researcher will contact you, provide more detail, and schedule your involvement.
 - As with any research, you can always withdraw at any time without explanation and at no penalty to you.



Help to Advance the Science of Aging

Join our Older Adult Research Participant Pool



2013/2014 Partial Listing of Scholarly Activity

During the past academic year, SCOSA leadership, fellows, and collaborators continued to be represented with publications in scholarly journals, presentations at national conferences and community meetings, grants, etc. Below is a partial listing of this activity related to aging/gerontology.

- Bulevich, J. B. (2014, May 13). Older adult research. Panelist on SCOSA Research, SCOSA Festival, Stockton College of NJ, Galloway, NJ.
- Burdick, D. (2013, Nov 5). Community engagement as the new/old frontier for engaging students in aging studies: Advising Day Lunch/Lecture, Stockton Center on Successful Aging.
- Burdick, D. C. (2014, Apr 11). Invited keynote: The aging process vs. mental health. New Jersey Long Term Care Conference. New Jersey Division of Mental Health and Addiction Services. Robert Wood Johnson Conference Center, Hamilton, NJ.
- Burdick, D. C. (2013, Oct 22). Successful aging & report on SCOSA. Monthly meeting of Atlantic City (NJ) Rotary Club.
- Burdick, D. C. (2014, March). AGHE Special Projects Funding Initiative, (\$30,000). Grant from Retirement Research Foundation to the Gerontological Society of America, on behalf of the Association for Gerontology in Higher Education.
- Burdick, D. C. & Beckwith, A. Older Adult Educational Programs. (\$15,000). U.S. Department of Health & Human Services, Administration on Aging - Older Americans Act Funds, via the Atlantic County Division of Intergenerational Services.
- Busacco, D. & Lentz, A. (2013). HEAR-ITT, an interactive hearing education video system on hearing aid orientation and auditory rehabilitation for older adults (\$7600). National Institute on Aging.
- Cox, L. & Manetta, A. (2014). Suicidal behavior and HIV/AIDS: A partial test of Joiner's Theory of Why People Die by Suicide. *Social Work in Mental Health*, 12 (1), 20-35.
- Cox, L. (2014). Mental health and substance abuse in older HIV-infected Adults. *Ageing Today*, 35 (1), 1-3.
- Cox, L. (2013). Review of Social work with older people, by Malcome Payne. *The New Social Worker*, 20 (4), 33.
- Cox, L. & Mastalski, J. (2013). Review of Social work and neuroscience by R. L. Farmer. *The New Social Worker*, 20, (3), 30.

- Cox, L. (2013, Dec 18). Phone interview as a "Thought Leader" by representatives of the AARP to "explore how AARP can help its members when faced with a medical or financial challenge – either by aligning to the changing ways people gather information and make decisions, and/or by getting them to change behavior prior to a crisis so they take a more active role in ensuring a better outcome."
- Cox, L. (2014, May 24). Using memoirs and novels to teach advocacy and counsel clients. 26th Annual National Conference on Social Work and HIV/AIDS. Hyatt Regency, Denver, CO.
- Cox, L. & Tice, C. (2013, July 19). Advocacy in rural communities. Rural Social Work Caucus 38th Annual National Institute on Social Work and Human Services in Rural Areas. Millersville University, Millersville, PA.
- Cox, L. (2014, March 12). Resilience and correlates of self-rated successful aging in people with Tourette Syndrome. American Society on Aging Conference, San Diego, CA.
- Cox, L. (2014-15). Participant in Geriatric Education Center (GEC) of the University of Alabama at Birmingham's Faculty Scholar Program.
- Fleck, J. I., Brown, J. L., Kuti, J., Mahon, J. R., & Gayda-Chelder, C. Frontal Coherence as a predictor of executive function in older adults. Manuscript submitted.
- Fleck, J. L. (2014, May). Is age or brain coherence more important in predicting cognitive decline? Stockton Center on Successful Aging's Aging Successfully Festival, May, 2014
- Gayda-Chelder, C. A., & McGinley, K. (2014). Increasing awareness of dementia through education and screenings: The response to a pilot community outreach program. Manuscript submitted for publication.
- Gayda-Chelder, C. A. (2013). Lessons from a "29-year-old client." *Educational Gerontology*, 40 (6), 468-469. doi: 10.1080/03601277.2013.846785
- Gayda-Chelder, C. A. (2013). Frontotemporal dementia and a solid gold bracelet. *Educational Gerontology*, 39 (12), 942-943. doi: 10.1080/03601277.2013.830490
- Gayda-Chelder, C. A. (2013, October). Interactive assignments to enhance critical thinking and decision making within the concept of genetic testing. Poster session presented at the 19th Annual Meeting of the Northeast Conference for Teachers of Psychology, Bridgeport, CT.
- Gayda-Chelder, C. A. (2013, June 6 & Aug 8). New guidelines in defining cognitive changes in late adulthood. Presentation offered to professionals in the community through The Stockton Center on Successful Aging.
- Gayda-Chelder, C. A. (2013, June 13). Maintaining a positive outlook in the face of dementia. Alzheimer's Association Delaware Valley Chapter South Jersey Annual Dementia Conference, Cherry Hill, New Jersey.
- Kuti, J. & Fleck, J. I. (2014, April). Peak Alpha and Theta frequency predict memory function in older adults. Poster presentation at The Stockton Psi Chi Chapter Research Conference, April 2014, Galloway, NJ.
- Kutzik, D. & Burdick, D. C. (2014). Use of technology in long-term care. In Yee-Melichar, D, Cabigao, E. P. & Flores, C. M. (Ed.s). *Long-Term Care Administration & Management: Options, Issues and Trends in Eldercare*. NY; Springer.
- Thomas, A. K., Gordon, L. M., & Bulevich, J. B. (in press). Uniting theory to empirical evidence: How to understand memory of the elderly witness. In Toglia, M. P, Ross, D. F., Pozzulo, J., Pica, E. (Eds), *The Elderly Eyewitness in Court*.
- Thomas, A. K., Parsow, C., & Bulevich, J. B. (November, 2013). Improving memory integration through repeated study and test. Annual Conference of the Psychonomic Society, Toronto, ON.

Education

Christine Ferri, PhD
SCOSA Education Chair



SCOSA Educational Initiatives expand learning opportunities for:

- Stockton students through the Gerontology Minor and Certificate of Completion and Internships and Service Learning opportunities
- Local health care and human services professionals through Continuing Professional Education
- Older adults and their families through Older Adult Education programs

Student Engagement

Students are involved in, invited to, and/or instrumental in the planning and delivery of much of SCOSA's programming. Here is a brief review of some of the activities with substantial student involvement during the past year:

- David Burdick presented a lecture on [*Community Engagement as the New/Old Frontier for Engaging Students in Aging Studies*](#) at the Advising Day Lunch & Lecture on November 6, 2013.
- Once again, we encouraged active participation by students in Alzheimer's Memory Walk. During the Fall 2013 semester SCOSA Service Chair, Dr. Gayda-Chelder, conducted the program with the services of GERO students.
- Gina Maguire's Aging & Health and Introduction to Gerontology classes each hosted 4 older adults to read from their autobiographical writings prepared through SCOSA's Ocean County Time to Tell Writing Program.
- On October 17, 2013 SCOSA's Older Adult Education Program partnered with Stockton ARHU to present [*Come & Dance*](#), an intergenerational dance movement class by the Jon Lerher Dance Company brought to campus by Rain Ross.
- On October 28, 2013 over 100 students, faculty and older adults attended SCOSA's Scholarly Research Lecture *Successful Aging: How Neighborhoods Can Help Elders and Their Families Thrive*, presented by Rachel Pruchno, Director of Research, New Jersey Institute for Successful Aging, Rowan University School of Osteopathic Medicine, "The Gerontologist" Editor-in-Chief. The lecture was Co-sponsored by SOWK and GERO.

- Gina Maguire's Aging & Health and Introduction to Gerontology classes researched information and made posters for the Go Red for Women campaign. The posters were displayed in the Campus Center the first two weeks in February.
- In March, 2014 SCOSA sponsored CarFit at Stockton, an event developed by Kimberly Furphy with involvement of students from OT, PT, Speech Therapy, Nursing, Public Health, and Health Sciences.
- Thanks to the support of the GERO Minor, SCOSA, and SOBL's Community Engagement Funds, the April 7th, 2014 Seashore Gardens Living Center Student Engagement event was extremely successful and enjoyable. In attendance were approximately 40 students, 3 staff, and 15 older adult residents.

Participants viewed "Bubbeh Lee and Me" – an inspiring documentary film created by a gay Jewish grandson about his grandmother. The film addressed issues of acceptance; health; historical and familial hardships; couples, family, and intergenerational relationships; positive active aging; and love.

After the film, a vibrant intergenerational group discussion ensued. Residents asked students about how they have, or would handle discussions about the topics explored in the film; and students queried the older adults about how life is for them away from their families.

- Gina Maguire's Aging & Health class presented Multicultural Aging trifolds, depicting aging around the world, which were displayed at the 2014 Festival in May 13th.

Professional Education Seminars

SCOSA offers a variety of continuing education opportunities for professionals, often in collaboration with Stockton's Division of Continuing Studies, and with other outside partner organizations. We have listed the year's lectures at the top of our Research Section above.

SCOSA's Continuing Education Partnership with The Health Center at Galloway has led to a similar Memoranda of Understanding with Right at Home, and another currently in the works with Seashore Gardens. These collaborations expand our reach and augment our funding, allowing us to reach a broader audience of professionals. Through these partnerships and our Scholarly and Professional Development Seminars, we presented six programs this year (see Research Initiative pages for a complete list with descriptions).

The seminars, designed for professionals, para-professionals, and other caregivers who work with older adults were free of charge. Upon completion, participants received CEs for Social Workers, Marriage and Family Therapists, Licensed Professional Counselors, and sometimes for Occupational and Physical Therapists, and Nurses.

SCOSA's Scholarly Research Seminar by Dr. Pruchno was held on campus and offered Ultra Credit to students.

The seminars are an opportunity for SCOSA Fellows to present their research to professional communities. Each fellow is encouraged to present one professional seminar during their fellowship. During the 2013/2014 fiscal term five SCOSA Fellows presented professional lectures.

SCOSA's collaboration with Stockton Continuing Studies expanded to include the provision of contact hours for Nurses. Our first seminar to be evaluated and approved for Nursing CE's was ***New Guidelines in Defining Cognitive Changes in Late Adulthood***, presented by Dr. Christine Gayda-Chelder (SCOSA Service Chair) on June 6th at Brandall Estates in Linwood. Fifty-two professionals attended the seminar.

Elder Care Coordinator Certificate Online Training Program

In 2012, SCOSA was invited to submit a proposal and subsequently funded by the Life Care Planning Law Firms Association to provide online training for staff from member law firms across the U.S. This online/distance learning program is designed to provide health and social services professionals, including social workers, counselors and nurses, serving as Elder Care Coordinators within the life care planning law firm, the tools and support needed to promote best practices. Elder Care Coordinators (ECCs) help to enhance quality of life along the elder care continuum by working in concert with a multidisciplinary, holistic law firm organization, other provider organizations and family caregivers. The Certificate program is currently open only to staff from LCPLFA law firms.

The Certificate in Elder Care Coordination (CECC) is a 15-week online post-baccalaureate continuing professional education certificate program designed to provide practical, application based knowledge and skills to busy, professional Elder Care Coordinators working at member firms of the Life Care Planning Law Firm Association (LCPLFA), using best practice approaches from the fields of gerontology, social work, geriatric care management, and elder law.

The program is divided into three 5-week courses uses the Blackboard Learning Management System and consists of PowerPoint "Lectures", Assigned Readings, Discussion, Chat, and Assessment.

The program was designed and implemented with the help of Christine Ferri, Christine Gayda-Chelder, Michelle Walmsley, Lori Heberley, & Michael Weinraub, under the direction of David Burdick.

As noted in the Director's Report above, the program was offered in Fall (7 students) and Spring this year for a total enrollment of 14 students and all received a Certificate of Completion from SCOSA. Students lived and worked in 10 states - Connecticut, Florida, Illinois, Kansas, New Jersey, Minnesota, Ohio, Pennsylvania, Tennessee, and Virginia. The program generated an operating surplus of about \$10,000. Our next offering will be in January, 2015.

Education for Older Adults

SCOSA offers a growing variety of educational opportunities for older adults. By bringing seniors to Stockton, and by “bringing Stockton to them”, we hope to encourage vitality through intellectual stimulation.

SCOSA again received funding for this program through the Older Americans Act, continued in 2013 and renewed in 2014, allowing us to present the following events. In most cases, the events were specifically developed for an older adult audience. In others, such as professional or intergenerational programs, area older adults were invited to attend.

During this fiscal year, SCOSA presented 116 programs to over 1400 participants at 11 locations throughout Atlantic and Ocean County.

Two versions of our Older Adult Education Brochure listing older adult education events were produced: [Winter Spring](#) and [Summer Fall](#), available online and in print form.

Type Key: OA = Older Adult, PE = Professional Education, SF = SCOSA Fellows, Intergenerational = I

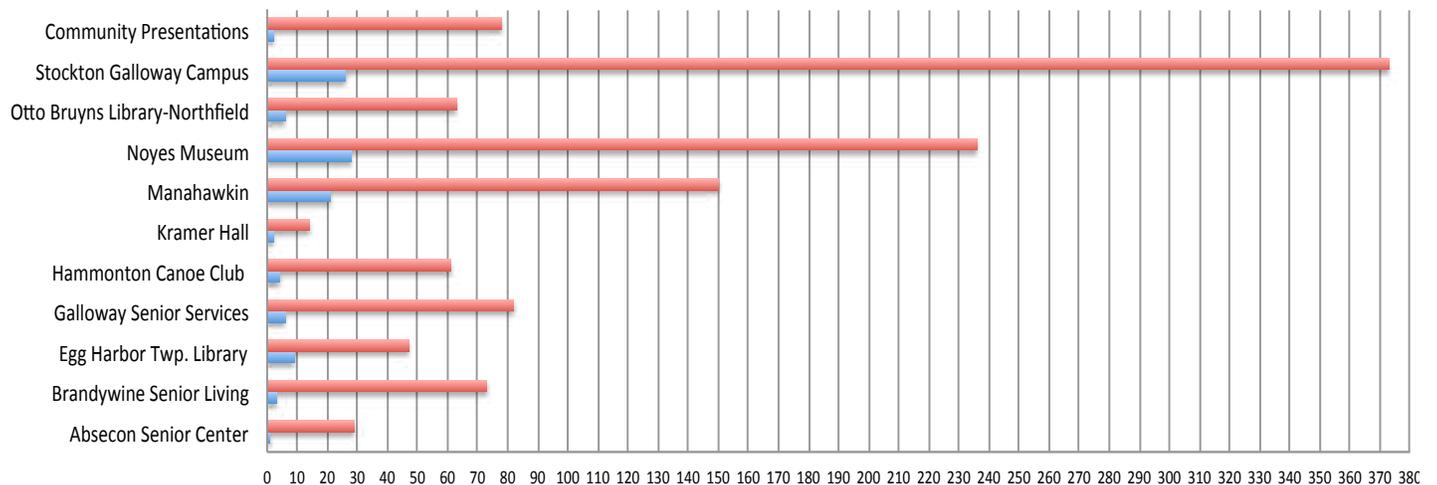
Date	Title	Type	Presenter	Location	Attendees
7/13, 7/20, 7/27/2013	Creative Writing: Memory in Poetry & Creative Non-Fiction	OA	Jenna McCoy, BA, RSC Alumni	Noyes Museum of Art	29
7/16	Stay Healthy & Happy as You Age	OA	Maryann Prudhomme, RN	Galloway Senior Services	9
7/23	Elder Financial Abuse	OA	Greg Banks, Angel Caregivers	Galloway Senior Center	12
7/25	Important Papers: Your Reference	OA	Money Management Intl'	Hammonton Canoe Club	19
8/3, 8/10, 8/17, 8/24	Creative Writing: Memory in Poetry & Creative Non-Fiction	OA	Jenna McCoy, BA, RSC Alumni	Noyes Museum of Art	44
8/8	New Guidelines in Defining Cognitive Changes in Late Adulthood	P/OA	Christine Gayda-Chelder, PhD, RSCNJ, SCOSA Service Chair	Spring Oak Assisted Living	20
8/13	Continue to Live Independently	OA	Pat Laychock, RRT, CSA, CDCP	Galloway Senior Center	12
8/27	Moving in With the Kids	OA	Marguerite Colella, MSW, LCSW	Galloway Senior Center	10
8/29	Living on a Fixed Income	OA	Money Management Intl'	Hammonton Canoe Club	9
9/4	Neurocognitive Impairments....	P/OA	Norma Blecker, EdD, RSCNJ	Health Center at Galloway	13
9/10, 9/12	AARP Driver Safety Training	OA	AARP	Absecon Senior Center	29
9/14	Make an Apple Drying Basket	OA	Niki Giberson, Swan Bay Farm	Noyes Museum of Art	9
9/26	Budgeting: Your Money Counts	OA	Money Management Intl'	Hammonton Canoe Club	16
9/27	Beginner Card Making Class	OA	Gina Maguire and Ann Blazovic	Manahawkin Instructional Site	3
9/28	Creative Writing: Memory in Poetry & Creative Non-Fiction	OA	Jenna McCoy, BA, RSC Alumni	Noyes Museum of Art	12
10/12	Wool-Felted Pumpkins	OA	Niki Giberson, Swan Bay Farm	Noyes Museum of Art	7
10/17	Modern Dance & Movement	OA/S	Lehrer Dance / ARHU	Campus Center	9
10/18	Beginner Card Making Class	OA	Ann Blazovic	Manahawkin Instructional Site	6
10/26	Creative Writing: Memory in Poetry & Creative Non-Fiction	OA	Jenna McCoy, BA, RSC Alumni	Noyes Museum of Art	7
10/28	Neighborhoods Helping Elders	P/S/OA	Rachel Pruchno, PhD, NJISA	Campus Center	115
10/31	Put Your Debt on a Diet	OA	Money Management Intl'	Hammonton Canoe Club	17
11/6	Engaging Students in Aging	S	SCOSA/GERO	Stockton Campus	unknown
11/12	Hurricane Sandy: Year in Review	OA	Alayna Berg, MSW, LSW	Manahawkin Instructional Site	0
11/12, 11/13	AARP Driver Safety Training	OA	AARP	Galloway Senior Center	18
11/15	Beginner Card Making Class	OA	Ann Blazovic	Manahawkin Instructional Site	14
11/19, 1/20	AARP Driver Safety Training	OA	AARP	Galloway Senior Center	11
11/23	Creative Writing: Memory in Poetry & Creative Non-Fiction	OA	Jenna McCoy, BA, RSC Alumni	Noyes Museum of Art	10

Date	Title	Type	Presenter	Location	Attendees
12/13	Beginner Card Making Class	OA	Ann Blazovic	Manahawkin Instructional Site	10
12/4	Benefits of Socialization....	P/OA	Patricia Ayers, MSW, LSW, RSCNJ	Health Center at Galloway	21
1/4/2014	Creative Writing: Memory in Poetry & Creative Non-Fiction	OA	Jenna McCoy, BA, RSC Alumni	Noyes Museum of Art	8
1/9	Art: Pom Pom Floral Craft	OA	Diamond Frandsen, RSC Alumni	Manahawkin Instructional Site	3
1/11	Tour of Poetry for Seniors	OA	Barbara Daniels, Visiting Poet	Otto Bruyns Library	11
1/16	Art: Pom Pom Floral Craft	OA	Diamond Frandsen, RSC Alumni	Noyes Museum of Art	0
1/17	Beginner Card Making Class	OA	Ann Blazovic	Manahawkin Instructional Site	10
1/23	CHIROPRACTIC: What is it?	OA	Thomas C. McGillick, DC	Manahawkin Instructional Site	1
1/23	Lunch & Learning: You're Retired	OA	Marguerite Colella, MSW, LCSW	Brandywine Senior Living	19
1/25	Art: Making a Glove Basket	OA	Niki Giberson, Swan Bay Farm	Noyes Museum of Art	5
1/30	Art: Pom Pom Floral Craft	OA	Diamond Frandsen, RSC Alumni	Stockton at Kramer Hall	0
1/31	Autobiographical Memoir Writing	OA	Gina Maguire, SCOSA Program Asst	Manahawkin Instructional Site	2
2/1	Creative Writing: Memory in Poetry & Creative Non-Fiction	OA	Jenna McCoy, BA, RSC Alumni	Noyes Museum of Art	12
2/4	Take Control of Your Health	OA	Angela Bailey, Cape Atlantic Coalition for Health	Stockton Go Red For Women Heart Assoc.	12
2/5	Lunch & Laughter is Best Medicine	OA	Maryann Prudhomme, RN, CCM	Brandywine Senior Living	37
2/6	Art: Seasonal Candle Cozy	OA	Diamond Frandsen, RSC Alumni	Manahawkin Instructional Site	1
2/6	Heart Health Awareness FH	OA	Marilyn Viventi, FH Advocate	Stockton Go Red for Women	0
2/7	Staying Healthy & Happy in Aging	OA	Maryann Prudhomme, RN, CCM	Stockton Go Red for Women	6
2/8	Art: Wool Felted Silk Scarf	OA	Niki Giberson, Swan Bay Farm	Noyes Museum of Art	7
2/8	Tour of Poetry for Seniors	OA	Tom Chin, Visiting Poet	Otto Bruyns Library	10
2/13	Art: Seasonal Candle Cozy	OA	Diamond Frandsen, RSC Alumni	Noyes Museum of Art	0
2/14	Top 10 Reasons to Smile	OA	Mary Valis, MA	Manahawkin Instructional Site	6
2/20	Enough!! No More Plastic Bags	OA	Barbara Reynolds	Manahawkin Instructional Site	0
2/21	Beginner Card Making Class	OA	Ann Blazovic	Manahawkin Instructional Site	10
2/27	Art: Seasonal Candle Cozy	OA	Diamond Frandsen, RSC Alumni	Stockton at Kramer Hall	0
2/28	Autobiographical Memoir Writing	OA	Gina Maguire, SCOSA Program Asst	Manahawkin Instructional Site	7
3/1	Creative Writing: Memory in Poetry & Creative Non-Fiction	OA	Jenna McCoy, BA, RSC Alumni	Noyes Museum of Art	17
3/5	Developing a Handicap Scale for Measurement of Dual Sensory Loss in Older Adults	P/F/OA	Debra Busacco, Ph.D., Asst. Professor of Health Sciences, SCOSA Research Fellow 2013-2014	Health Center at Galloway	9
3/6	Art: Woven Mason Jar	OA	Diamond Frandsen, RSC Alumni	Manahawkin Instructional Site	2
3/6	Lunch & Learning: Major Illness	OA	Marguerite Colella, MSW, LCSW	Brandywine Senior Living	17
3/8	Tour of Poetry for Seniors	OA	David Worrell, Visiting Poet	Otto Bruyns Library	16
3/13	Art: Woven Mason Jar	OA	Diamond Frandsen, RSC Alumni	Noyes Museum of Art	0
3/15	Art: Wool Drying Basket	OA	Niki Giberson, Swan Bay Farm	Noyes Museum of Art	10
3/18	Art: Binding & Printing	OA	Jill Sluka, MA, ARHU Adjunct	Stockton	10
3/19	Art: Portrait Photography	OA	Judith Heyman, Local Artist	Noyes Museum of Art	5
3/21	Beginner Card Making Class	OA	Ann Blazovic	Manahawkin Instructional Site	11
3/27	Art: Woven Mason Jar	OA	Diamond Frandsen, RSC Alumni	Stockton at Kramer Hall	0
3/28	Autobiographical Memoir Writing	OA	Gina Maguire, SCOSA Program Asst	Manahawkin Instructional Site	6
4/1	Art: Binding, Watercolor & Collage	OA	Jill Sluka, MA, ARHU Adjunct	Stockton	7

Date	Title	Type	Presenter	Location	Attendees
4/1, 15, 22, 29, 5/6	Take Control of Your Health	OA	Angela Bailey, Cape Atlantic Coalition for Health	Hammonton Canoe Club	14
4/2, 9, 16, 23, 30	Let's Draw & Paint: Learn to Draw	OA	Tom Sandor, Local Artist	Egg Harbor Twp. Library	23
4/3	Art: Woven Mason Jar	OA	Diamond Frandsen, RSC Alumni	Manahawkin Instructional Site	2
4/5	Art: Easter Tree & Felted Ornaments	OA	Niki Giberson, Swan Bay Farm	Noyes Museum of Art	2
4/5	Tour of Poetry for Seniors	OA	Local Artists	Otto Bruyns Library	8
4/7	Gero Community Engagement	OA/I	Lisa Cox, PhD, SCOSA Research Chair	Seashore Gardens	58
4/11	Beginner Card Making Class	OA	Ann Blazovic	Manahawkin Instructional Site	6
4/12	Creative Writing: Memory in Poetry & Creative Non-Fiction	OA	Jenna McCoy, BA, RSC Alumni	Noyes Museum of Art	10
4/17	Art: Woven Mason Jar	OA	Diamond Frandsen, RSC Alumni	Stockton at Kramer Hall	0
4/19	CarFit at Stockton	OA/I	Kimberly Furphy, DHSc, OT, ATP	Stockton	7
4/24	Art: Woven Mason Jar	OA	Diamond Frandsen, RSC Alumni	Noyes Museum of Art	0
4/25	Autobiographical Memoir Writing	OA	Gina Maguire, SCOSA Program Asst	Manahawkin Instructional Site	6
4/29	Art: Charcoal Drawing	OA	Jill Sluka, MA, ARHU Adjunct	Stockton	11
5/11	Organizational Leadership in the Healthcare Setting	P/OA	Linda Coppinger, MA	Spring Oak Assisted Living	11
5/7, 14, 21, 28	Let's Draw & Paint: Learn to Draw	OA	Tom Sandor, Local Artist	Egg Harbor Twp. Library	24
5/10	Creative Writing: Tapping the Source: Exploring Our Wounds, Trusting Our Wisdom	OA	Cynthia Graham, Stockton Alumni	Noyes Museum of Art	8
5/13	SCOSA Successful Aging Festival	P/OA		Stockton Campus Center	
	Alternative/Complimentary Medicine for Osteoarthritis	P/OA	Sharon Kolasinski, MD, Cooper Medical School	Stockton Campus Center	45
	OA Fitness & the Active Adult	P/OA	Kathy Geller	Stockton Campus Center	17
	Osteoarthritis Vs Osteoporosis	P/OA	Peggy Lotkowicz	Stockton Campus Center	11
	Put Pain In It's Place	P/OA	Danielle M. Stephens	Stockton Campus Center	6
	Create Your Own Greeting Cards	OA	Ann blazovic	Stockton Campus Center	31
	SCOSA Scholars	SF	Lisa Cox, Moderator	Stockton Campus Center	42
	SCOSA Scholars: Brain Health	SF	Jessica Fleck, PhD	Stockton Campus Center	48
	Humor & Laughter	P/OA	Maryann Prudhomme, RN, CCM	Stockton Campus Center	24
	Is Your Home Aging Ready?	P/OA	Doug Schindler, MS, CAPS	Stockton Campus Center	6
	Contact Cape Atlantic	P/OA	John Oelkers	Stockton Campus Center	2
	Peace Pilgrim	P/OA	Merry Brennan & Helene Young	Stockton Campus Center	27
	Internet Security	P/OA	Ken Goodman, MBA	Stockton Campus Center	20
	Healthy Financial Aging	P/OA	Charles C. Weeks Jr., JD, CFP®	Stockton Campus Center	16
	Prevent Medicare Fraud	P/OA	Tunde Akinrolabu	Stockton Campus Center	20
	Transcatheter Aortic Valve Replacement	P/OA	Joelle Hargraves, DNP, RN, CCRN, CCNS, APN	Stockton Campus Center	4
	Meditate for Health & Happiness	P/OA	Luanne Anton, MS	Stockton Campus Center	30
	10 Warning Signs of Alzheimer's	P/OA	Sorida Lopez, MS	Stockton Campus Center	17
	Preparing for Next Big Disaster	P/OA	Jess Bonnan-White, PhD	Stockton Campus Center	5
	Are You Ready to Retire?	P/OA	Brian McGuire, AARP-NJ	Stockton Campus Center	2

Date	Title	Type	Presenter	Location	Attendees
5/17	Art: Make a Tote Basket	OA	Niki Giberson, Swan Bay Farm	Noyes Museum of Art	10
5/21	SCOSA & Successful Aging	OA	Lisa Cox, PhD, Research Chair	NARFE SJ Chapter	20
5/24	Tour of Poetry for Seniors	OA	Joel-Diaz Porter, Visiting Poet	Otto Bruyns Library	8
5/27, 6/3,10, 17	Let's Draw & Paint: Watercolors	OA	Alice White-Marks, Artist	Stockton at Kramer Hall	10
6/4, 6/11	F.O.C.U.S. How to Get Hired in Today's Job Market	OA	Rosemary Molloy	Stockton Campus Center	17
6/11	Let's Draw & Paint: Drawing	OA	David Rhodes, Local Artist	Noyes Museum of Art	12
6/12	Art: SJ Berry Basket	OA	Diamond Frandsen, RSC Alumni	Noyes Museum of Art	2
6/14	Tour of Poetry for Seniors	OA/I	Local Artists	Otto Bruyns Library	10
6/5	Art: SJ Berry Basket	OA	Diamond Frandsen, RSC Alumni	Manahawkin Instructional Site	4
6/18	Travel Photography	OA	Judith Heyman, Local Artist	Noyes Museum of Art	7
6/19	Art: SJ Berry Basket	OA	Diamond Frandsen, RSC Alumni	Stockton at Kramer Hall	4
6/19	Beginner Card Making Class	OA	Ann Blazovic	Manahawkin Instructional Site	8
6/21	Art: Water Needle Felted Bag	OA	Niki Giberson, Swan Bay Farm	Noyes Museum of Art	3
6/26	Autobiographical Memoir Writing	OA	Gina Maguire, SCOSA Program Asst	Manahawkin Instructional Site	32

SCOSA Events & Attendees by Location



	Absecon Senior Center	Brandywine Senior Living	Egg Harbor Twp. Library	Galloway Senior Services	Hammonton Canoe Club	Kramer Hall	Manahawkin	Noyes Museum	Otto Bruyns Library-Northfield	Stockton Galloway Campus	Community Presentations
Attendees	29	73	47	82	61	14	150	236	63	373	78
Events	1	3	9	6	4	2	21	28	6	26	2

Program Highlights

Nurturing Body

- SCOSA sponsored three Driver Safety Training Programs developed by AARP and hosted by the Absecon Community Center and the Galloway Senior Services Center in 2013. Fifty-eight older adult participants were awarded certificates of completion allowing them to apply for discounts on their car insurance.
- SCOSA sponsored Car-Fit presented by Stockton's Occupational Therapy, Physical Therapy, Speech Therapy, Nursing, Public Health, and Health Science students & led by Kimberly Furphy, DHS, OT, ATP, Associate Professor and Program Director of the Stockton Master of Science in Occupational Therapy Program. Seven older adult participants were instructed on methods to make their personal vehicle fit them to increase safety and mobility.
- SCOSA collaborated with Rain Ross, Assistant Professor of Dance, School of Arts and Humanities sponsoring the Come & Dance - Modern Dance Movement Class with Jon Lehrer, Artistic Director of Lehrer Dance, a professional dance company from Buffalo, New York. This class was part of the Dance Company Residency at Stockton College for two weeks in October, 2013. The residency culminated in a performance of the company in the Performing Arts Center on Friday, October 18th. Nine older adult participants in the workshop received a coupon for two discounted tickets to the performance.
- SCOSA collaborated with Cape Atlantic Coalition for Health in presenting a 6 week program developed by Stanford University titled **Take Control of Your Health**, a free evidence based workshop to discuss health concerns shared by older adults. The introductory lecture took place at Stockton as part of Stockton's Go Red For Women Fundraising event at Stockton in February, 2014 drawing 12 older adult participants and the workshop was hosted by the Hammonton Canoe Club Senior Center in April and May with 14 participants.
- SCOSA collaborated with the FH Foundation in presenting a workshop on Familial Hypercholesterolemia during Stockton's Go Red for Women Fundraising event at Stockton in February, 2014.
- Debra Busacco, Ph.D., Assistant Professor of Health Sciences, SCOSA Research Fellow 2013-2014 presented her research in Developing a Handicap Scale for Measurement of Dual Sensory Loss in Older Adults to an audience of professionals and older adults in March, 2014.
- With our continuing commitment to foster the concept of "living independently" SCOSA worked with area professionals in presenting lectures and workshops on the following subjects: **Living Independently** by Pat Laychock, RRT, CSA, CDCP of Visiting Angels; **Neighborhoods Helping Elders** by Rachel Pruchno, PhD, NJISA; **Alternative/ Complimentary Medicine for Osteoarthritis** by Sharon Kolasinski, MD, Professor of Medicine, Cooper Medical School; **Fitness & the Active Older Adult** by Kathy Geller of the Arthritis Foundation; and **Living Independently - Is Your Home Aging Ready?** by Doug Schindler, MS, CAPS.

Nurturing Mind

- SCOSA presents programs to help older adults "age successfully" by keeping informed of the best ways to protect ourselves from fraud and abuse: **Elder Financial Abuse** by Greg Banks, **Internet Security** by Ken Goodman, MBA and a number of financial programs designed to protect the older adult consumer by Money Management International, a national non-profit financial consulting service.
- SCOSA presents programs to help older adults "age successfully" by learning how our brains age and what we can do to keep our minds sharp and active such as Dr. Gayda-Chelder's presentation to professionals and older adults on the **New Guidelines in Defining Cognitive Changes in Late Adulthood**, Dr. Norma Blecker's lecture on **Neurocognitive Impairments: Alzheimer's from a Daughter's Perspective** and **The Benefits of Socialization for**

Older Adults, Especially During Winter and Holiday Seasons by Patricia Ayers, MSW, LSW.

- Marguerite Heaton-Colella, MSW, LCSW addressed aging issues such as moving in with the kids, handling your spouse's retirement and handling the news of major illness in the family.
- On the lighter side: *Laughter is the Best Medicine* and *Staying Happy & Healthy as You Age* by Maryann Prudhomme, RN, CCM, CSA. Luanne Anton, MS from Stockton's Wellness Center shared *Meditation for Health & Happiness*.
- SCOSA presents programs to help older adults adjust to changing economic climates. Rosemary Molloy, retired Manager of Employment at Rider presented a two part workshop on *F.O.C.U.S. How to Get Hired in Today's Job Market*.



- SCOSA's Time to Tell Creative Writing Series is in its 6th season. Jenna McCoy, a Stockton alumna led the 30 member group through *Memory in Poetry and Creative Non-Fiction*. The workshop structure gave both new and advanced writers the opportunity to share their own work and help one another improve both in craft and creativity. They wrote poems and essays inspired by their own memories, stretched their creativity, and created a strong community of writers. Jenna has retired and the program is in the hands of

another Stockton alumna, Cynthia Graham, who is developing *Tapping the Source: Exploring Our Wounds, Trusting Our Wisdom*. A sister program has been developed by SCOSA at the Manahawkin Instructional Site titled *Telling Your Life Stories*, led by Gina Maguire, MSW, LSW.

Nurturing Spirit

- Niki Giberson, owner of Swan Bay Farm and local artisan has been teaching native craft classes for SCOSA since 2012 and offered 8 instructional programs in the art and history of craft in South Jersey in 2013-2014 that included basket making and wool felting. She often volunteers her time and services to SCOSA and her programs at the Noyes Museum have built a notable following of crafters and history lovers.
- Over the years SCOSA has been asked to offer drawing and painting classes. Many older adults have told us that they now have the time to pursue the art they were forced to abandon to jobs and raising families. In answer to that request SCOSA has worked to surround ourselves with budding artists:
 - Tom Sandor, an artist from Egg Harbor Township began teaching for SCOSA in 2014, offering a beginner drawing class at the Atlantic County Library System Egg Harbor Township Branch. SCOSA now boasts over 25 new participant artists and a new group awaits the return of the program this fall.
 - Alice White-Marks is now teaching beginner watercolor for SCOSA at Kramer Hall in Hammonton. We have a waiting list of older adults who wish to take the class and we will offer it again this fall.
 - David Rhodes is now teaching drawing fundamentals for SCOSA at the Noyes Museum and building an artist colony there.
 - Judith Heyman has been teaching photography classes for SCOSA at the Noyes Museum since 2011 and offered 2 programs this spring, portrait and travel photography.

- Diamond Frandsen, owner of the Ivy Cottage and vendor at the Atlantic City Art Garage, joined SCOSA as a volunteer craft instructor this year offering monthly classes at the Noyes Museum, Kramer Hall and Manahawkin. In an attempt to reward older adults for “trying something new” that engages the senses and involves them in the arts, Diamond has offered SCOSA participants who attend 6 or more arts or writing related SCOSA events a \$15.00 gift certificate to the Ivy Cottage.
- In an attempt to involve Stockton faculty in SCOSA’s older adult education program, we reached out to Jill Sluka to provide book binding and art classes at Stockton. Jill offered three classes *Creating an Artist Book Japanese Stab Binding and Relief Printing*, *Creating an Artist Book Accordion Fold Book & Watercolor Painting*, and *Creating an Image Using Different Charcoal Techniques*. Student evaluations indicated that the level of instruction was highly professional and greatly appreciated. Every participant indicated that they would like SCOSA to bring Jill back for more classes and continue to offer this level of programming. Unfortunately, due to the current Stockton faculty collective bargaining agreement SCOSA is forced to offer payment to Stockton faculty that present programming for us. Since our presenters have always been volunteers it might seem unfair to all of our other presenters to only offer payment to Stockton faculty. This will limit our ability to involve more Stockton faculty, even though the original premise of our older adult education program was to bring “Stockton” to the community through voluntary presentations.
- The Tour of Poetry for Seniors Program has been a notable success, with 63 older adults attending the sessions. SCOSA partnered with the Otto Bruyns Library in Northfield to present monthly programs offering seniors the opportunity to meet local poets, learn about the art of poetry and share their work with the community. Ventura’s Offshore Café in Northfield donates a light luncheon for the event each month. In order to expand the program in 2014-2015, SCOSA Fellow Emari DiGregorio is collaborating with

Library Director Aubrey Gerhardt in developing a new *Tour of Poetry for Seniors* series that will run monthly from July, 2014 through June, 2015.

Participant Evaluations

In Their Own Words...

 “I am writing to tell you that I am thoroughly enjoying the card making classes that Gina and Ann are giving in Manahawkin. I know that there is a lot of prep work for them to have the ideas and materials ready for the class. I appreciate it so much that I asked for their supervisor’s name so I could write this note. It is such a fun class and they are so pleasant and patient with everyone in the class. I enjoy the card making and also the people that I have met there. Gina and Ann are very special people who are providing a wonderful learning experience for senior citizens.

Thank you and please let them know that they are doing a fantastic job.”

Pat Smith, 1/21/2014

 “Here are some of the women I have met through the workshops who have told me how much the SCOSA activities have benefitted them:

1. Marilyn, who has been attending several of the writing workshops, is the sole caregiver to her ill father and husband. The burden and stress is not just physically and emotionally draining, it is also isolating. Marilyn has told me time and again how much she welcomed the time spent in the workshops. She found the group supportive and such good listeners whenever she shared her experiences in her writing. Some of us are ever eager to share our writing. Marilyn was reserved and hesitant as first. In recent sessions she was more comfortable to share her writing and talk about her care-giving experiences.

2. Belinda, a silver-haired African American, whom I met at the workshop yesterday, said she is looking forward to the other book binding session. She was also keen to join in the writing series because she “is just starting to get her life back”.

3. Patricia, who has survived two heart attacks, and always refuses any offer of help as she carefully gets herself and her hand-held walker, step by slow step

down the stairs at Noyes Museum, uplifted not just herself, but all of us, when she shared her recovery experiences and her road trip to the South.

4. Shawn liked that the writing classes are nearby at Noyes or Stockton because she does not want to be too far from home as her husband has a debilitating condition. She is one of the ladies who requested the additional session.

Many thanks to SCOSA for another wonderful creative workshop."

Kit Lai Lok, 3/18/14

✍️ "Twenty-three drawing enthusiasts (including 4 men) showed up for the first session of Let's Draw and Paint! Tom Sandor appeared not to be fazed by the huge turnout and got us started with drawing circles, ovals, lines in varying thickness, then taught us to build different light to dark gray tones (values) using our graphite pencils, which we then applied to shading a simple bowl shape. Throughout the 2-hour session Tom showed drawing techniques on the flip chart and went around the room offering feedback and encouragement. At the end of the workshop, we admired a dozen framed works (drawings and watercolor) brought by one of the Seniors. He was quite an accomplished artist.

Day One went very well indeed. Judging by the enthusiasm and earnest intent of the participants during the drawing session, I believe most of them enjoyed the workshop very much.

A big thank you to SCOSA again for what will surely be another wonderful learning series."

Kit, 4/5/14

✍️ "I loved the bookmaking with Jill. Our whole group would love to have another session with bookmaking and watercolor. Any Chance?"

Phyllis Trackman, 4/1/14

Beginner Watercolor Class at Kramer Hall in Hammonton instructed by Alice White-Marks, April/May 2014

✍️ "Just got back from this morning's Watercolor class at the Hammonton branch and wanted to let you know how much I enjoyed Alice's presentation. I am looking forward to next week already!

I must say that every one of the classes ... I have attended has been very rewarding and I thank you for putting together such a wonderful schedule. I appreciate that these are all within reasonable travelling time and distance from home since I am still working full time in our business and can fit these classes in with my responsibilities at work.

My husband, Jay, and I attended the Wellness Workshop [Festival] a week or so ago and were very impressed. We attended the "Laughter is the best medicine" seminar and visited the vendor's booths and came away with lots of information and had a great time while there.

So, I guess I will end saying, "Keep up the great work!!!"

Marilyn Weisman, 5/27/14

✍️ "I just wanted to mention that Alice White-Mark did a fabulous job instructing us in watercolors. Although I have been painting for years, I have never taken a basic class, and I really learned a lot. Also it has gotten me back to painting everyday! Thank you so much for offering this class, it was really great."

Ann Fox, 6/20/14



Service

Christine Gayda-Chelder, PhD
SCOSA Service Chair



SCOSA Service Initiatives seek to leverage the major resources that Stockton can offer as a community partner: through our faculty expertise and service learning students; through other student initiatives, clubs, and organizations.

The Stockton Center on Successful Aging fully embraces the Richard Stockton College vision as “an environmentally-responsible learning community of engaged citizens embracing a global perspective”. Working with students, faculty, and community partners and stakeholders we have organized and presented programs in each of the college’s four strategic themes: Learning, Engaged, Global and Sustainable (LEGS).

SCOSA Service Activities in 2013/2014

Dr. Gayda-Chelder reports the following service activities:

Walk to End Alzheimer’s



Heather Fillweber, Sharon Burchall, Elijah Gayda-Chelder and Christine Gayda-Chelder, Atlantic City Boardwalk 10/20/2013

The Stockton Center on Successful Aging was represented at the “Walk to End Alzheimer’s” sponsored by the Alzheimer’s Association in Atlantic City, NJ on October 20, 2013. Twelve individuals participated with “Team SCOSA” and raised \$1171.00. A short article appeared in the October 31st issue of the [Stockton Times](#).

Informational Assistance

Dr. Burdick and Dr. Gayda-Chelder assisted many individuals with a variety of questions pertaining to the care of elders in the community throughout this year. Older adults, families, and caregivers have received guidance from SCOSA leadership in having their questions answered about resources for a variety of challenging situations. Education and contact information have been provided regarding elder care attorneys, home health agencies, nursing facilities, and assisted living facilities.

Student Volunteer Opportunities

Students and older adults are frequently encouraged to volunteer at local nursing facilities and assisted living facilities. Several clients in Dr. Gayda-Chelder’s psychology private practice have utilized SCOSA’s web site to find appropriate volunteer opportunities. Students, faculty and community volunteers joined SCOSA’s program assistant, Gina Maguire, at Stockton’s Manahawkin instructional Site on the MLK Day of service to make “thinking of you” cards for older adults in area nursing homes as well as hospitalized children. Over 200 cards were made and distributed.

The Stockton Times

Volume 3, Issue 9
October 31, 2013

OUR COMMUNITY NEWS

THE RICHARD STOCKTON COLLEGE OF NEW JERSEY

SCOSA Raises Funds for Alzheimer’s Association in Walk, Bake Sale

The Stockton Center on Successful Aging (SCOSA) raised funds for the Alzheimer’s Association in their Walk to End Alzheimer’s, held on Saturday, Oct. 20

The team for the Stockton Center on Successful Aging raised \$911.00 from donations directly toward the walk and a bake sale held on Wednesday, Oct. 16 on campus, according to Dr. Christine Gayda-Chelder, assistant professor of Psychology.

Dementia Screenings

The Response to a Free Community Outreach Program

Dr. Gayda-Chelder has continued to offer free memory screenings to the local community at a variety of locations, including her private practice in Smithville, NJ and assisted living facilities. The goal of this service initiative is to offer free, confidential cognitive screenings for the early detection of dementia. This is part of a research project titled, "Dementia Screenings: The Response to a Free Community Outreach Program."

Additional service activities during the fiscal year include the following:

- Assistance to Peace Pilgrim on a 3-day event in Egg Harbor City to celebrate the birthday of Mildred Lisette Norman. SCOSA helped promote and provided assistance with their September 2013 event and will provide similar assistance for September 2014.
- Arthritis Foundation of New Jersey: Partnership collaboration for our Spring Festival.
- Jewish Family Services - Dr. Christine Ferri (SCOSA's Education Chair & Coordinator of Gerontological Studies) represents SCOSA and the college on JFS's Senior Village Committee.
- SCOSA continues to assist South Jersey Senior Marketing Group representing area industry professionals and providing continuing educational opportunities.
- SCOSA partners with AARP to present Driver Safety Programs to community older adults. We have presented 3 programs this year servicing 58 older adults in 2 locations in Atlantic County.
- SCOSA is a member of the Road Scholar Institute Network (formerly ElderHostel), a voluntary association of more than 400 Life Long Learning Institutes across the country funded by Road Scholar.
- SCOSA continues to assist community organizations by announcing their programs and events on the SCOSA website and in monthly email announcements to SCOSA participants and

contacts. In particular, we helped to promote the Galloway Osteoarthritis Support Group, Woodview Estates Assisted Living community event, Caring for Caregivers Respite Relief Program, Jewish Family Service's Village by the Shore, Bacharach Institute for Rehabilitation arthritis exercise classes, Royal Suites Healthcare Holiday Adopt-a-Resident Program, Galloway Senior Services Health Fair, Village by the Shore fundraising event, Health Center at Galloway Caregiver Support Group, NJ State Plan on Alzheimer's Disease, Bay-Atlantic Symphony, Dan Burke Acoustic Band, Cambridge Lifelong Learning, and in the case of Senior Theatre, we also helped to promote their annual conference through a group mailing.

- SCOSA also monitors and reports on elder scam attacks and abuses through our website and monthly email announcements.

2014 Successful Aging Festival

SCOSA's partnership with the Arthritis Foundation, coupled with the celebration of Older Americans Month provided the mold for the 2014 festival events. In an attempt to acknowledge the separate involvement of the Arthritis Foundation and the continued theme of celebrating Older Americans Month, the festival was designed to follow two tracks with each partner contributing to the whole. Approximately 300 older adults joined us in the campus center for lectures, workshops, demonstrations, clinics, exhibits, music, food and fun.



Stockton Center on Successful Aging 2014 Festival
Staying Happy & Healthy in Home & Community
 Arthritis Foundation Health Summit

Tuesday, May 13, 2014 - 9:00 am to 4:00 pm
 Stockton College Campus Center, 933 West King Farms Dr., Gilroy, CA 95020
 Free admission, and lunch for first 200 registrants - Register online or call 202-755-9724

Phonations Throughout the Day

Arthritis Foundation Health Summit

Guests: Arthritis Foundation, SCOSA, Village Shore, SWIG, and others.

Registration: \$1000 for 2014, \$1500 for 2015, \$2000 for 2016.

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Staying Happy & Healthy in Home & Community
Stockton Center on Successful Aging
2014 Festival
 Arthritis Foundation Health Summit

Tuesday, May 13, 2014
 9:00 am to 4:00 pm
 Stockton College Campus Center

ARTHRITIS FOUNDATION
 Take Control. We Can Help!

SCOSA **VILLAGE SHORE** **SWIG**

2014 Older Americans Month
Stockton Center on Successful Aging 2014 Festival
 Arthritis Foundation Health Summit

Tuesday, May 13, 2014 - 9:00 am to 4:00 pm

Donor & Exhibitor Prospectus

Sponsors: Arthritis Foundation, SCOSA, Village Shore, SWIG, and others.

Exhibitors: Arthritis Foundation, SCOSA, Village Shore, SWIG, and others.

Registration: \$1000 for 2014, \$1500 for 2015, \$2000 for 2016.

Registration: \$1000 for 2014, \$1500 for 2015, \$2000 for 2016.

Registration: \$1000 for 2014, \$1500 for 2015, \$2000 for 2016.

SCOSA Service Initiatives



Partnerships

An important benefit of the annual festival is gained through partnerships with community services invested in our older adult population. Many of those same partners also benefit from SCOSA's dedication to research and dissemination of information vital to their success in the marketplace.

The Arthritis Foundation

In 2013, SCOSA partnered with the New Jersey Chapter of the Arthritis Foundation. This year, in an attempt to expand our reach into the Delaware Valley, SCOSA partnered with the Arthritis Foundation Eastern Pennsylvania Chapter. The Foundation provided \$1000, used to purchase meals for just over 100 festival attendees and they provided preliminary registration of attendee services.

The Arthritis Health Summit featured presenters offering information about treatment options for arthritis. Sharon Kolainski, MD, the keynote speaker, drew in 45 guests with *Alternative/Complementary Medicine for Osteoarthritis*. Three break-out sessions featured Foundation associate lectures on the differences between Osteoarthritis and Osteoporosis, managing pain, and fitness programs designed to control the symptoms of arthritis.

Jewish Family Services Village by the Shore

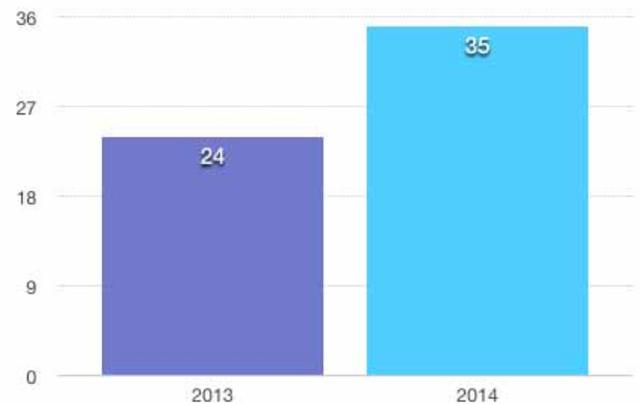
South Jersey Senior Marketing Group

New partnerships were forged this year with JFS's Village by the Shore and the South Jersey Senior Marketing Group (representing over 150 local businesses that service older adults). They provided valuable promotion and advertising services that helped to increase our festival exhibitor applications by 43% over last year.

Revenue from exhibitors represents 43% of total festival revenue.

Community Engagement - Successful Aging Festival

Annual Comparison of Number of Festival Exhibitors



Exhibitors & Advertisers

AARP New Jersey
Alzheimer's Association Delaware Valley Chapter
Angel Alliance Caregivers
Atlantic Adult Day Health Care
Atlanticare
Bacharach Institute
Bayada Home Health Care
Brandywine Senior Living
Caring, Inc.
Costco
Depaul Healthcare Systems at Absecon Manor
Egg Harbor Care Center
Enlivant at Somers Place
Garden State Medical Supply
Genesis Health Care - Victoria Manor
Hammonton Care Center
HealthSouth Rehabilitation Hospital of Vineland
Heartland Hospice
Holy Redeemer Health System
Linwood Care Center
Money Management International
New Jersey Institute for Successful Aging
Our Lady's Multi-Care Center
Primary Housecall Providers
Right at Home
Royal Suites Healthcare and Rehabilitation
Seashore Gardens Without Walls, LLC
Senior Medicare Patrol
South Jersey Geriatric Care, P.C.
The Shores at Wesley Manor
The Terraces at Seacrest Village & Seacrest Village
Touching Hearts at Home
Victorian Towers
Visiting Angels
Wesley by the Bay

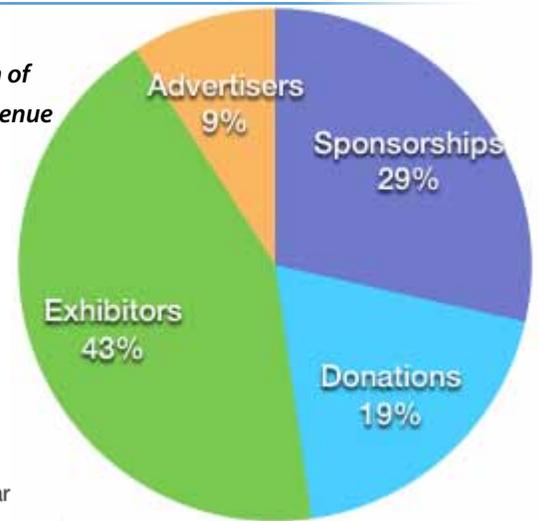
Presentations, Workshops & Entertainment

- **Alternative/Complimentary Medicine for Osteoarthritis**
Sharon Kolasinski, MD, Professor of Medicine at the Cooper Medical School at Rowan University and Head of the Division of Rheumatology, Cooper University Hospital
- **SCOSA Scholars Share Research Findings & Opportunities**
 - Part 1: Lisa Cox, PhD, Panel Moderator, Associate Professor of Social Work & SCOSA Research Chair
Panelists: John Bulevich, Debra Busacco, Christine Gayda-Chelder, Robert Marsico
 - Part 2: Jessica Fleck, Associate Professor of Psychology, Is Age or Brain Health More Important in Predicting Thinking & Memory?
- **Transcatheter Aortic Valve Replacement (TAVR): An Interprofessional Approach for High Risk/Inoperable Elderly Patients with Severe Aortic Stenosis**, Joelle Hargraves, DNP, RN, CCRN, CCNS, APN, Cardiovascular Program Manager for The Heart Institute at AtlantiCare Regional Medical Center
- **The 10 Warning Signs of Alzheimer's Disease**
Sorida Lopez, MS, Alzheimer's Association Delaware Valley
- **Are You Ready to Retire?** Brian McGuire, AARP-NJ
- **Healthy Financial Aging: How to Age in Place**
Charles C. Weeks Jr., JD, CFP, Assistant Professor of Finance
- **Is Your Home Aging Ready?** Doug Schindler, MS, CAPS, Independent Home Living, LLC
- **Preparing for the Next Big Disaster**, Jessica Bonnan-White, Assistant Professor of Criminal Justice
- **Osteoporosis vs. Osteoarthritis**
Peggy Lokowicz, Arthritis Foundation
- **Osteoarthritis: Fitness and the Active Adult**
Kathy Geller Arthritis Foundation
- **Put Pain in its Place: How to Get Osteoarthritis Pain Under Control**, Danielle M. Stephens, Arthritis Foundation
- **Help Prevent Medicare Fraud and Abuse**, Tunde Akinrolabu, Senior Medicare Patrol
- **What's the Password to Common Sense Internet Security?**
Ken Goodman, MBA
- **Humor & Laughter – A Prescription for Better Living**
Maryann Prudhomme, RN, CCM, CSA, Bayada Home Care
- **Contact Cape-Atlantic Telephone Reassurance Program**
John Oelkers, Reassurance Coordinator
- **Meditate Your Way to Health & Happiness**
Luanne Anton, Health Educator, Stockton Wellness Center
- **You'll Be Wowed by This Woman...Story of Peace Pilgrim**
Merry Brennan & Helene Young
- **Explore Your Creativity Through Craft**, Diamond Frandsen
- **Create Your Own Greeting Cards**, Ann Blazovic
- **You Can Use Technology**, Ken Goodman, MBA
- Music by Members of the Stockton Faculty Band

Relevance

SCOSA's annual festival not only serves to connect us to our community, fulfilling our mission of promoting education, research, and services to respond to local, regional, and statewide needs related to population aging, it provides substantial operating revenue increasing by nearly 50% from 2012 to 2014.

Distribution of Festival Revenue 2014



Comparison of Festival Revenue by Year



Leadership, Advisory and Staff

The Stockton Center on Successful Aging promotes education, research, and services to respond to local, regional, and statewide needs related to population aging. The Center's core mission is to encourage older residents to "age successfully" through vital involvements and engagement in their community.

Financial Support

- SCOSA was awarded \$15,000 for 2014 in Older Americans Act Funds via contract from the Atlantic County Division of Intergenerational Services for our Older Adult Education Program.
- SCOSA collected \$17,220 in registration fees for Certificate in Elder Care Coordination Fall 2013 and Spring 2014 programs.
- \$3,600 (approx.) Received from contracts with the Health Center at Galloway and Right at Home (Spring Oak, Brandall Estates, etc.) for CE lectures.
- \$17,500 (approx.) revenues from our May 13, 2014 Festival on Successful Aging, including the following:
 - \$ 5,000 Sponsorships (\$1,000 – Arthirits Foundation, \$1,000 – Atlanticare, \$1,000 – Brandwine Senior Living, \$1,000 – The Shores at Wesley Manor, \$1,000 – We Work For Health NJ)
 - \$2,000 Donations (\$2,000 from the Wallerstein Foundation for Geriatric Life Improvement, \$1,000 Compassionate Care, \$350.00 – Spring Hills Home Care)
 - \$7,950 in exhibitor revenues
 - \$1600 in festival booklet advertising

June 25, 2014

[Stockton Center on Successful Aging Offers Local History Craft Series at the Noyes Museum](#)

Niki Giberson to Teach Basket Making and Wool Felting Through the Summer and Fall Month

June 19, 2014

[Stockton Center on Successful Aging Offers Food For Thought Estate Planning Workshop](#)

Free Lecture and Dinner to be Held at Brandywine Senior Living in Linwood

June 18, 2014

[Stockton Center on Successful Aging Offers Food For Thought Financial Management Workshop](#)

Free Lecture and Lunch to be Hosted at Woodview Estates Assisted Living in Mays Landing July 16

June 10, 2014

[Stockton Center on Successful Aging Presents 'Have Fun While Relaxing Your Body & Mind'](#)

Learn & Practice Techniques at Thursday Events Beginning July 10

May 7, 2014

[Stockton Center on Successful Aging Offers Summer Drawing Workshops at the Noyes Museum of Art](#)

Basic Drawing Classes Will be Held June 11, July 9 and Aug. 13

May 6, 2014

[Stockton Center on Successful Aging Presents 'F.O.C.U.S. How to Get Hired in Today's Job Market'](#)

Two-day Workshop June 4 and 11 to Help Older Adults Develop Confidence in Their Job Search

May 1, 2014

[Stockton Center on Successful Aging Presents 'Time to Tell' Autobiographical Memoir Writing](#)

Workshop to be Held at Stockton Manahawkin Instructional Site on May 22

April 25, 2014

[Agng Successfully Festival at Stockton Offers Day of Lectures, Workshops, Entertainment](#)

Stockton Center on Successful Aging and Arthritis Foundation Offering Free Admission for May 13 Event and Lunch to First 200 Pre-Registrants

April 16, 2014

[Stockton Center on Successful Aging Offers Professional Health Care Seminar](#)

Topic Covers Organizational Leadership in the Health Care Setting

April 8, 2014

[Stockton Center on Successful Aging Presents Let's Draw and Paint Workshops for Older Adults](#)

Register Now for Free 'Beginner Watercolor' Workshops

March 7, 2014

[Stockton Center on Successful Aging to Host Car Fittings for Older Adult Drivers March 29](#)

Stockton Experts Offer Free CarFit Check-ups in Galloway

February 27, 2014

[Stockton Center on Successful Aging Presents Workshops for Artists and Writers](#)

Four Free Workshops Scheduled on 'Creating an Artist Book'

February 27, 2014

[Stockton Center on Successful Aging Offers Free Photography Workshop at the Noyes Museum](#)

March 19 Digital Portrait Photography Session Open to Older Adults

February 24, 2014

[Stockton Center on Successful Aging \(SCOSA\) Announces Lecture for Professionals Working with Older Adults](#)

March 5 Lecture to be held at The Health Center at Galloway

February 21, 2014

[Stockton Center on Successful Aging Brings Poetry and Music to Northfield's Otto Bruyns Public Library](#)

David Worrell to Perform Poetry to Music on March 8

February 21, 2014

[Stockton Center on Successful Aging Presents 'Learn to Draw' Workshops for Older Adults](#)

Register Now for Free Workshops at Atlantic County Library in Egg Harbor Township

February 18, 2014

[Stockton Center on Successful Aging Announces Research Program on Brain Health](#)

Volunteers Sought for 'Healthy Brain, Healthy Mind' Project

February 13, 2014

[Stockton Center on Successful Aging Presents Lunch & Learning Workshop at Brandywine Senior Living](#)

Register Now - Free for Older Adults

January 14, 2014

[Stockton to 'Go Red for Women' in February To Fight Heart Disease and Stroke](#)

Public Invited to Series of Events Targeting Number 1 Killer of Women

January 14, 2014

[Stockton Center on Successful Aging Presents Lunch, Learning & Laughter Workshop](#)

Free Feb. 5 Workshop in Linwood Open to Older Adults

January 9, 2014

[Stockton Center on Successful Aging Presents Local History Craft Workshops at the Noyes Museum](#)

Limited Capacity - Register Now

January 7, 2014

[Stockton Center on Successful Aging Presents Craft Workshops at Kramer Hall](#)

Limited Capacity - Register Now

January 7, 2014

[Stockton Center on Successful Aging Workshop Explores Effects of Retirement on Relationships](#)

Free Jan. 23 Workshop in Linwood Open to Older Adults

January 6, 2014

[Stockton Center on Successful Aging Presents Craft Workshops at the Noyes Museum](#)

Limited Capacity - Register Now

December 16, 2013

[Stockton Center on Successful Aging & the Otto Bruyns Library of Northfield Presents A Tour of Poetry for Seniors](#)

First Session on Jan. 11, 2014 features poet Barbara Daniels

December 16, 2013

[Stockton Center on Successful Aging Presents Writing Workshops at the Noyes Museum](#)

Time to Tell - Memory in Poetry & Creative Nonfiction

November 14, 2013

[Stockton Center on Successful Aging Sets Lecture for Professionals on Dec. 4](#)

Register by Nov. 29 for Seminar on Benefits of Socialization for Older Adults

October 31, 2013

[SCOSA Raises Funds for Alzheimer's Association in Walk, Bake Sale](#)

The Stockton Times, Volume 3, Issue 9

October 10, 2013

[Stockton Center on Successful Aging Sets Lecture on Neighborhoods' Role](#)

Research Lecture, 'Successful Aging: How Neighborhoods Can Help Elders and Their Families Thrive,' to be Presented on Oct. 28

October 9, 2013

[Stockton Center on Successful Aging Offers Workshop on Caregiving Options](#)

Register by Oct. 14 for Professional Workshop on Oct. 25 in Manahawkin

October 8, 2013

[Stockton Center on Successful Aging Presents Modern Dance Movement Class for Older Adults](#)

Come and Dance Thursday, Oct. 17

September 23, 2013

[Stockton Center on Successful Aging Offers Seminar on New Guidelines in Defining Cognitive Changes in Late Adulthood](#)

Oct. 4 Session for Professionals at Manahawkin Instructional Site

September 19, 2013

[Stockton Center on Successful Aging Begins Series of Beginners Card-Making Classes at Manahawkin Instructional Site](#)

Paper crafting kicks off new monthly program

August 30, 2013

[Stockton Center on Successful Aging Presents Basket Weaving Workshop](#)

Saturday, Sept. 14 at Noyes Museum

August 13, 2013

[Stockton's Center on Successful Aging Hosts AARP Driver Safety Program](#)

August 6, 2013

[Stockton Center on Successful Aging Announces First Wednesday Professional Lecture](#)

Neurocognitive Impairments: Alzheimer's from a Daughter's Perspective

August 5, 2013

[Stockton Center on Successful Aging Presents, "Moving in with the Kids: Who's the parent? Who's the child?"](#)

Free Informational Seminar for Older Adults on Aug. 27

July 31, 2013

[Stockton Center on Successful Aging Presents: 'Continue to Live Independently - Aging in Place'](#)

Free Informational Seminar for Older Adults Set for Aug. 13

July 22, 2013

[Stockton Center on Successful Aging Offers Workshop on Financial Record Keeping](#)

Free Hammonton Workshop Designed for Older Adults July 25

July 11, 2013

[Stockton Center on Successful Aging Offers Free Seminar on Financial Elder Abuse](#)

Free Workshop for Older Adults Set for July 23

July 8, 2013

[Stockton Center on Successful Aging Presents "Staying Healthy & Happy as You Age"](#)

Free Informational Seminar for Older Adults on July 16

STAFF

David C. Burdick, Director[View CV.](#)

David Burdick, a Professor of Psychology, joined Stockton's faculty in 1984 after earning a BA in psychology and environmental studies from Alfred University (1977), and a PhD (1983) in geropsychology from the University of Notre Dame. His community focus was nurtured as a staff member of Notre Dame's Center for Gerontological Education, Research, and Services and strengthened as a 1984 GSA Postdoctoral Fellow in Applied Gerontology. In 2005, he and Professor Linda Wharton led a year-long "Journey toward Democracy" project funded by the American Association of Colleges and Universities, designed to increase Stockton's intentionality and focus upon civic engagement and community partnerships.

A regular participant in community efforts as board member, trustee, or consultant, he has held leadership positions for several state and national organizations. NJ Governor Christine Todd Whitman named him in 1995 as a Delegate to the White House Conference on Aging and he facilitated a day-long session on "Quality of Life" for the NJ Delegation. A former president of the Society on Aging of New Jersey, he received the Society's 1997 Gerontologist of the Year Award. He currently serves on the Executive Committee and as Advancement Chair of the Association for Gerontology in Higher Education (AGHE). He is a Fellow of the Gerontological Society of America and AGHE.

His research interests centers on intergenerational relationships and technology and aging. Recent publications include a co-edited book (Gerotechnology: Research and practice in technology & aging Springer, 2005), Guest Editor of a Special Issue on Accreditation in Gerontology for the Journal of Gerontology & Geriatrics Education (2012, Vol. 33, #1), and co-authored chapters in two forthcoming books: Assistive technology & older adults, with Furphy & Lindstrom-Hazel, in Barney & Perkinson (Eds.) (In press). Occupational Therapy with Aging Adults: Enhancing Quality of Life through Collaborative Practice. San Diego: Elsevier; Use of technology in longterm care, with Kutzik, in Yee-Melichar, Cabigao & Flores (Eds). Long-Term Care Administration & Management: Options, Issues and Trends in Eldercare. NY: Springer.

Gina Maguire, MSW, LSW

Program Assistant & Coordinator of Older Adult Programs in Ocean County

Gina, an adjunct gerontology instructor at Stockton and Monmouth County College joined SCOSA in 2013 and is responsible for older adult programming in Ocean County, and over site of various SCOSA projects.

Anita Beckwith, DBA Florawoods Designs by Nature

Anita, a freelance photographer and graphic artist, has been working with SCOSA since it's inception in 2007 and is responsible for promotional materials and website design and production, older adult programming in Atlantic County, and over site of various SCOSA projects.

Lisa E. Cox, PhD[View C.V.](#)

Chair, SCOSA Research Initiatives

Dr. Cox, Associate Professor of Social Work received her PhD in Social Work and Social Policy and a graduate Certificate in Aging Studies from Virginia Commonwealth University's School of Social Work and School of Allied Health. Her research interests include the intersection of health issues with gerontology, spirituality, and family.

Christine Ferri, PhD[View C.V.](#)

Chair, SCOSA Education Initiatives

Dr. Ferri is Coordinator of Gerontological Studies and Associate Professor of Psychology. She joined the Stockton faculty in 2005 after earning a BA in Psychology from Rutgers, a PhD in Clinical Psychology from Duke University and completing a Post-Doctoral Fellowship in Geropsychology at the UMDNJ School of Osteopathic Medicine. She served as Co-Vice President for Education of the Society on Aging of New Jersey, and faculty advisor to Stockton's Chapter of the Psi Chi Honor Society in Psychology.

Christine Gayda-Chelder[View C.V.](#)

Chair, SCOSA Service Initiatives

Dr. Gayda-Chelder earned a PhD in Clinical Psychology with a subspecialty in Neuropsychology from Drexel University. She is an Assistant Professor of Psychology and New Jersey Licensed Psychologist in private practice who specializes in health psychology and neuropsychological assessment. She began teaching at Stockton in 1998 as an adjunct instructor. Areas of research include coping with grief, caregiver burden, and the neuropsychological assessment of dementia.

ADVISORY BOARD

An Advisory Board of approximately 12 members play an integral role in planning and operating the Center. Commitments to serve on this board are currently being obtained.

The current Board consists of:

- Howard Berger, Honorary Member, Past-Chair, Atlantic County Senior Citizens Advisory Board (Northfield)
- Frank Blee, Director of Senior Services, Atlanticare
- David Delaney, Reverend, Central United Methodist Church; Retired Public Affairs Specialist, Social Security Administration (Egg Harbor Township)
- Jennie Echo, Chief Operating Officer, Family Service Association (Galloway Township)
- John Emge, Executive Director, United Way of Atlantic County (Galloway Township)
- Marilu Gagnon, Director, Atlantic County Division of Intergenerational Services (Northfield)
- Lori Heberley, President, South Jersey Geriatric Care, P.C. (Somers Point)
- Joanne Kinsey, Family & Community Health Sciences Educator, Rutgers University Cooperative Extension of Atlantic & Ocean Counties (Mays Landing)
- Joanne Leichte, Director of Customer Relations, Southern Ocean County Medical Center (Manahawkin)
- Elyse Perweiler, Associate Director, NJ Geriatric Education Center, New Jersey Institute for Successful Aging, Rowan University (Stratford)

GERO Faculty

- Linda Aaronson, EdD, Associate Professor of Nursing
- John Bulevich, PhD, Assistant Professor of Psychology, SCOSA Research Fellow
- David C. Burdick, PhD, Professor of Psychology, SCOSA Director
- William Cabin, PhD, JD, Assistant Professor of Social Work
- Elizabeth G. Calamidas, PhD, Associate Professor of Public Health
- Merydawilda Colón, PhD, LSW, Associate Professor of Social Work
- Lisa E. Cox, PhD, LCSW, Associate Professor of Social Work, SCOSA Research Chair
- Nancy Taggart Davis, PhD, Professor of Pathology
- Elizabeth A. Elmore, PhD, Professor of Economics
- Christine V. Ferri, PhD, Associate Professor of Psychology, SCOSA Education Chair
- Jessica Fleck, PhD, Associate Professor of Psychology, SCOSA Research Fellow
- William C. Jaynes IV, MSW, Professor of Social Work and Africana Studies
- Janice O. Joseph, PhD, Professor of Criminal Justice
- Marcello Spinella, PhD, Associate Professor of Psychology
- Ralph E. Werner, VMD, Associate Professor of Biology

Associated Faculty

- Cheryl R. Kaus, PhD, Professor of Psychology, Dean, School of Social and Behavioral Sciences
- Dee McNeely-Greene, PhD, Associate Vice President for Student Affairs

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