

# FY 2013 Annual Report

July 1, 2012 - June 30, 2013



**STOCKTON**  
NEW JERSEY'S  
**DISTINCTIVE**  
Public College

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# Director's Message

Greetings,

I am pleased to present SCOSA's FY 2013 Annual Report, covering the period of July 1 2012 through June 30 2013. As you can see, we had a good year on many fronts as we fulfilled our mission to "nurture body, mind, and spirit through research, education, and service."

Much of SCOSA's success this year and since our inception is due to persistence, resilience, hard work, and teamwork among our staff and chairs with support from Stockton's leadership and from the many volunteers and collaborators who work with us.

I can't imagine having a better partner in SCOSA's day-to-day operations than Anita Beckwith, our program assistant and coordinator of the Older Adult Education Program. Her skill, dedication, care, and long hours are evident in nearly everything we do and that you read on our web-site, in our monthly email blasts, in our publications, and in the following pages.

Other key members of our team include the SCOSA Chairs for Research, Education and Service (Professors Lisa Cox, Christine Ferri & Christine Gayda-Chelder, respectively), our past and present Research Fellows, our Community Advisory Board, and student research assistants and volunteers. And, as we move into FY 2014, we are fortunate to welcome back Gina Maguire as a part-time Program Assistant thanks to the additional funding provided by President Saatkamp and Provost Kesselman, primarily intended to help us expand outreach to Ocean County via programming at the Manahawkin Educational Site and other locations in Ocean County. Last year Gina was our Graduate Social Work Intern from Monmouth University. Gina is also teaching as an adjunct instructor in Stockton's nationally acclaimed Gerontology Minor.

I can't begin to acknowledge everyone else who makes SCOSA possible, but I must mention at least a few. We are grateful to President Saatkamp and Provost Kesselman for their continuing support and for the increased funding noted above, and to Dean Cheryl Kaus for her ongoing support, oversight, and insight that has helped SCOSA to thrive. Outside donors such as the Wallerstein Foundation, WeWorkforHealth, and AtlantiCare, and exhibitors at our Festivals also provide necessary funding for our projects.

Cynthia McClure, Supervisor of Accounts in the School of Social and Behavioral Sciences (SOBL) effectively keeps track of our budgets, manages payments, and regularly serves as liaison with various offices in the Division of Administration and Finance. SCOSA creates considerable additional work for her, and we are very grateful for her kind, professional and timely assistance.

We also depend heavily on the assistance from several caring professionals in SOBL, the Division of Continuing Studies, External Affairs, General Counsel, Computer Services, Bursar's Office, the Print Shop, Plant Management, Chartwells, Stockton Productions, Events Services, Noyes Museum, Hammonton and Manahawkin Educational sites, and the Carnegie Library Center.

Then, there are the 30 or so presenters in our older adult education program who gave freely and voluntarily of their time, and several others who did the same in our scholarly/professional development lectures. Too many to thank individually, but without them, SCOSA simply couldn't get the job done and probably wouldn't exist. And we do believe that we are doing an important job, just barely keeping ahead of the 'silver tsunami' of the aging baby boom.

Sincerely,

David C. Burdick, PhD  
Director



# Executive Summary

## Executive Summary/Director Report

The SCOSA director is appointed by the Stockton president and serves a 2-year renewable term, negotiated by the college administration with the Stockton Federation of Teachers. Currently, SCOSA chairs for Research, Education, and Service are voluntary positions and are appointed by the director. Nominations of faculty eligible to serve as director are reviewed by a selection committee, which makes a recommendation to the provost, who recommends to the Stockton president. This report is submitted at the conclusion of the director's first year of the current two year term.

Under the current contract, the director is compensated via release from ½ of annual teaching load (3 courses, or 12 TCH) plus summer pay equivalent to 4 TCH overload (one course) at the senior rank. The terms of the agreement provide 10 responsibilities for the SCOSA director. These responsibilities provide the organizational layout of this brief Executive Summary. Details are subsequently reported throughout the ensuing Annual Report.

### 1. **Oversee maintenance of SCOSA website and publication of SCOSA Newsletter (2-3/year), program brochures, press releases, and other documents.**

Our [web-site](#), which won national commendation last year, is monitored and updated at least weekly. The web-site is managed by SCOSA's Program Assistant Anita Beckwith.

**Newsletters:** Printed newsletters have been discontinued at least temporarily and replaced by timelier, more effective, and less expensive monthly [e-mail blasts](#) about upcoming SCOSA programs and with brief news stories. Beginning with our September 2013 Blast, we utilized Constant Contact providing additional benefits. We are grateful for the assistance from the Division of Continuing Studies, School of Graduate & Continuing Studies for assistance with Constant Contact.

**Brochures:** During the year, two Older Adult Education Program brochures were produced and sent to 1600 members of our mailing list, as was a post-card announcing our May 2013 Festival. The main SCOSA brochure is currently being revised and updated and a new brochure announcing SCOSA's older adult subject pool is nearing completion.

**Other documents:** An 18 page [Festival Program](#) and Ad book was produced and distributed to over 300 participants at the May Festival. A 250 page [Time to Tell](#) autobiography collection was produced as one outcome of our ongoing multidimensional guided autobiography programs. The book or its successor will serve as an ancillary resource for faculty teaching courses in gerontology.

**Press Releases & Coverage:** [Releases](#) and accompanying informational fliers are produced for all of our programs; there were 32 this year, and the releases are disseminated by Stockton's Department of External Affairs. SCOSA events are regularly announced in the AC Press, The Current, the Galloway Patch and elsewhere. We received excellent pre and post Festival coverage in the Press this year, Director Burdick was extensively quoted in an article in the Philadelphia Inquirer, NJ Edition, and a project by SCOSA Research Fellow Jessica Fleck was featured with several pictures on the front page of the AC Press in July.

### 2. **Respond appropriately to internal and external opportunities for partnerships, collaborations, information and assistance, and assist in formalizing such arrangements with Memoranda where appropriate.**

New, or renewed, partnerships this year included:

- Invited by **Seashore Gardens Living Center** to provide staff training during FY 2014. Burdick and Maguire have met with SSG Executive Director Janice Cambron and SSG's training coordinator to discuss details. Maguire is formulating a prospectus wherein SCOSA will provide staff training on 3 topics, each of 1-hour duration to two shifts of employees.
- **Brandywine Senior Living** recently inquired whether SCOSA seeks organizational sponsorship beyond sponsorship of individual events. A representative visited campus in May, toured campus, had an impromptu discussion with President Saatkamp, and is considering a proposal.
- SCOSA Education Chair, Dr. Christine Ferri, represents SCOSA on the advisory committee of the new **Senior Village** initiative of Jewish Family Services.
- SCOSA collaborated with **Arthritis Foundation-New Jersey Chapter** as a co-sponsorship of the SCOSA Festival and Arthritis Health Summit.
- SCOSA received additional funding of \$15,000 from college for FY 2014 to further develop programs in Ocean County, particularly at the Manahawkin Instructional Site.

# Executive Summary

- SCOSA is a member of **Atlantic Cape Community College's 55+ Community Advisory Board**, and is represented by Dr. Dee McNeely-Greene, Associate Vice-President for Student Affairs.
- SCOSA leadership and staff from the Development Office have met twice and had several correspondences with representatives of the Southern New Jersey Council on Issues of Aging (SNJCIA), which is considering an endowment gift to support SCOSA operations.
- SCOSA's Older Adult Education Program regularly collaborates with a wide variety of providers and sites to offer our programs. Money Management International, Absecon and Galloway Senior Services, Hammonton Canoe Club, Atlantic City Housing Authority, and Jewish Older Adult Services are some examples of these collaborations.

### 3. **Oversee implementation of externally funded programs housed in SCOSA.**

Four externally funded programs generated approximately \$36,000 in annual revenue this year in addition to approximately \$9,000 in net revenues generated by our Festival (see below).

- Continued Older Adult Education Program with federal funding of \$15,000/year via Atlantic County Division of Intergenerational Services. Presented 83 programs at 26 locations throughout Atlantic County generating a combined attendance of nearly 1700 participants.
- Continued Certificate in Elder Care Coordination in collaboration with the Life Care Planning Law Firms Association (completing our first cohort of trainees in July 2012, generating tuition revenues in Fall 2012 and Spring 2013 of \$17,222, training an additional 20 Elder Care Coordinators from 18 states across the nation, and currently training a Fall 2013 cohort.
- Continued First Wednesday Professional Lectures in collaboration with the Health Center at Galloway, providing SCOSA with gross revenues of \$1,600 for 4 lectures. The program will continue in FY 2014 under the Health Center's new ownership with lectures in September, December, March, and June.
- Continuation of Right-at-Home Professional Lectures with gross revenues of \$2,400 for three two-hour CE Lectures during FY 2013, with plans for continuation into FY 2014.

### 4. **Pursue local agency contracts and other revenue streams (e.g. memberships, donor contributions, events) in support of the SCOSA operating budget.**

SCOSA's May 24th Successful Aging Festival raised approximately \$9,000 in net revenue after expenses. This figure included receipt of lead sponsor support of \$2,500 from PhRMA, \$2,000 from the Wallerstein Foundation for Geriatric Life Improvement, and \$1,000 from AtlantiCare, in addition to Exhibit and Advertising revenues. While our revenues were down this year, so were our expenses due to our partnership with the Arthritis Foundation (which paid for lunches for all speakers and 300 guests) and the elimination of \$8,000 in speaker fees and underwriting expenses paid last year to WHY Y and their on-air personalities.

In addition to programs noted above, we regularly monitor announcements of grant opportunities provided by Stockton's Grants Office, the Gerontological Society of America, the American Association of Colleges and Universities, the Foundation Center, and other sources. Recently we investigated feasibility of applying for funds from the Corporation for National and Community Service (approx. \$60,000/year for 3+ years). After speaking with representatives of Ocean County government and Atlantic County providers, we have concluded that an application would be ill-advised.

We were recently invited by the Atlantic City Free Public Library's Director (ACFPL), with whom we collaborated in the past, to collaborate in the delivery of monthly educational programs in Senior Housing sites in Atlantic City. ACFPL would have paid SCOSA \$100/lecture. We regretfully needed to decline this offer, citing limited staffing, past difficulties in housing sites, and limited financial payoff.

### 5. **Engage students in Center activities.**

SCOSA works to involve students in all aspect of our programming. Nearly 200 students participated in one or more of the 12 on or off-campus scholarly or professional education programs we sponsored or co-sponsored this year. In addition, three SCOSA research-tutorial students served as research assistants to three faculty members (Cox, Bulevich, and Taylor), and two cohorts of 5 students each worked with Drs Fleck and Gayda-Chelder on their SCOSA inspired and partially funded research (SCOSA recently provided additional funding to purchase an EEG net for this project.) Also, SCOSA provided assistance for the annual Careers in Aging Week, and Service Chair Gayda-Chelder encouraged student involvement in the Walk to End Alzheimer's on the Atlantic City Boardwalk.

# Executive Summary

## 1. Work collaboratively with the Division of Continuing Studies to deliver professional education opportunities.

Collaboration with Continuing Studies is critical for SCOSA's provision of CE credits for scholarly and professional lectures. This year, the SCOSA director served on the Search Committee for the vacant Director of Continuing Studies position, and he and his staff have developed a good working relationship with the new director and his staff. Of our 12 sponsored or co-sponsored scholarly or professional development programs in FY 2013, all but two granted CEs for Social Workers, Licensed Professional Counselors and Marriage and Family Therapists in NJ; two of those also granted CEs in Occupational Therapy and Physical Therapy, and one granted Contact Hours in Nursing due to Stockton's recent designation as an approved provider in Nursing.

## 2. Seek to involve 55+ community in Center activities.

Many residents of 55+ communities attend SCOSA events. The largest nearby community (Four Seasons at Smithville) is somewhat difficult to connect with because of committee structures there, but we have good relations with the coordinator of their main Club-house (who regularly puts our materials out on display) and several residents. Moreover, the newsletter editors of two other communities (Mullica Woods & Sea Oaks of Tuckerton) regularly contact us requesting materials and schedules. Galloway Senior Services includes our materials as inserts or columns for their bi-monthly mailings to approximately 3000 older Galloway residents, about ½ of whom live in the 55+ communities.

## 3. Disseminate current research and practice through a lecture/workshop series (at least one per semester).

As noted above, we held (or assisted with) 12 last year. Four were on campus, 8 were off. Five were by off-campus experts, from Monmouth University, Seton Hall University, Thomas Jefferson University Hospital, Tufts University, and UMDNJ. We also hosted a professor of law from the University of Notre Dame in a Hesburgh Lecture on the importance of protecting scenic regions. The others were by Stockton faculty and staff.

## 4. Maintain and serve as liaison to SCOSA Community Advisory Board.

This year the Advisory Board, as a whole, was inactive and we did not hold any meetings. We recognize this as a shortcoming and will address the issue this year with the assistance of our new part-time staff member. Several members have left the area, left their jobs, or retired, providing us with the opportunity to re-populate the board with new members. Despite the lack of meetings, individual members of the Advisory Board provided extensive assistance with a variety of SCOSA activities such as funding for an encouragement of participation in the Festival, Careers in Aging Week, and on the Research Fellow Selection Committee.

## 5. Submit annual reports on productivity and effectiveness by June 1 to the Dean of Social and Behavioral Sciences.

This brief Director's Report above, plus the following Annual Report demonstrate our productively and effectiveness during the 2013 Fiscal Year.

## SCOSA Vision & Mission

The Stockton Center on Successful Aging promotes education, research, and services to respond to local, regional, and statewide needs related to population aging.

The Center's core mission is to encourage older residents to "age successfully" through vital involvements and engagement in their community.

**Nurturing Body, Mind, and Spirit  
through Research, Education, and Service**



## Research & Scholarship

Basic research provides the foundation for effective educational programs. The synthesis of research and education is necessary to develop effective service programs.

SCOSA supports basic research and scholarship through: 1. Scholarly and Professional Development Lectures to disseminate cutting edge research findings, 2. Applied Research Fellow Program, 3. Consultation and technical support for individuals or organizations seeking assistance with their independent research projects, 4. Initial development this year of an Older Adult Subject Pool.

SCOSA helps to translate and disseminate cutting edge research on aging into practice through our Scholarly Lectures and an extensive array of Continuing Education Lectures provided in conjunction with Stockton's Division of Continuing Studies, the Health Center at Galloway, Right at Home, Brandywine Assisted Living and other partners. The research committee also encourages publication/presentation of results from various Center-sponsored programs in scholarly journals and at professional conferences.

SCOSA's research chair, director, and program associates also regularly monitor grant opportunities in aging and share this information with potential applicants across the college.



Lisa Eileen Cox, PhD  
SCOSA Research Chair

## Scholarly and Professional Development Lectures

Dr. Lisa Cox, SCOSA's Research Chair, coordinates our scholarly lectures on campus.

MOAs with the Health Center at Galloway and Right at Home have resulted in the First Wednesday and Professional CE Seminars. The seminars, designed for professionals, para-professionals, and other caregivers who work with older adults are free of charge. SCOSA's partnership with Stockton's Continuing Studies program has resulted in our being able to offer area professionals CE's for Social Workers, Marriage and Family Therapists, AOTA and Licensed Professional Counselors. In June of 2013 we offered the first CE unit for Nursing through Continuing Studies.

The following scholarly or professional development lectures were presented this year. Key: SL = Scholarly Lecture, FW = First Wednesday with Health Center Galloway, RAH = Right at Home sponsored, OTH = Other sponsorship/partnership.

### 1. *Total Joint Replacement Update*

September 5, 2012, Health Center at Galloway. (FW)

Presenter: Robert Marsico PT, EdD, Assistant Professor of Physical Therapy and SCOSA Research Fellow. The lecture discussed the contributing factors for the need for total joint replacement, discussed the various surgical approaches and the advances in post-surgical care, and elaborated on the various post-surgical rehabilitation options after total joint replacement. [Flyer](#)

### 2. *LGBT Older Adults: Do we all experience aging the same way?*

October 8, 2012, Stockton Galloway Campus. (SL)

Presenters: Carolyn Bradley, PhD, LCSW, Associate Professor, School of Social Work, Monmouth University, West Long Branch & Laura Kelly, PhD, APN, Associate Professor, Unterberg School of Nursing and Health Studies, Monmouth University, West Long Branch. The presentation discussed initial findings of an ongoing research project entitled, "The LGBT Older Adult Project." [Flyer](#)

### 3. *Maintaining Professional Boundaries in the Health Care Setting*

October 11, 2012, Shores of Wesley Manor. (RAH)

Presenter: Christine A. Gayda-Chelder, PhD, Visiting Assistant Professor of Psychology, Stockton College, New Jersey Licensed Psychologist and SCOSA Service Chair. Maintaining a caring and ethical relationship with a patient requires a delicate balance of both compassion and professionalism. Health care personnel can easily "cross the line" by engaging in behavior with a patient that is beyond what is known as the "zone of helpfulness." For example, self-disclosure by a health care provider can have a very negative effect on the care provided to a patient. [Flyer](#)

### 4. *Rehabilitation Efficiency & Effectiveness in Minimizing Dependency in Persons with Arthritis*

December 5, 2012, Health Center at Galloway. (FW)

Presenter: Surya Shah PhD, OTR, Associate Professor of Occupational Therapy and SCOSA Senior Research Fellow. Professor Shah and colleagues worked with a major provider of the rehabilitation services across the USA to help develop and integrate functional outcomes into the Electronic Medical Records using the modified Barthel Index (MBI) as the outcome measure.

The lecture discussed how the functional measurement could be integrated into the EMR in Skilled Nursing Facilities, the importance of reporting efficiency and effectiveness of functional rehabilitation outcome, and the standards that were achieved for the SNF inpatient rehabilitation. [Flyer](#)

**5. *Beliefs, Brain Science and Neurotheology Across the Lifespan***

March 5, 2013, Stockton Campus Center Theatre. (SL, in collaboration with Holistic Health Minor, Wellness Center)

Andrew B. Newberg, MD, Director of Research at the Myrna Brind Center for Integrative Medicine at Thomas Jefferson University Hospital and Medical College.

This lecture reviewed the most recent scientific and theological information on the nature of human beliefs and how these beliefs change across the lifespan. By integrating data on the developing brain with what is known about spiritual development, a new perspective on the relationship between spirituality and the brain can be considered. In addition, the new field of neurotheology, which helps to link how the brain works to religious and theological concepts, was discussed. Ultimately, this information will have implications for healthy aging and maintaining optimal spiritual and brain health. The lecture was free of charge. [Flyer](#)

**6. *Communicating with Hearing Impaired Elders***

March 6, 2013, Health Center at Galloway, Galloway, NJ. (FW)

Marjorie Taylor, AuD, CCC-A, Assistant Professor, Speech Pathology & Audiology and SCOSA Applied Research Fellow.

The objectives of the lecture were to help participants identify individuals with communication difficulties due to varying degrees of hearing impairment, provide appropriate referral information for individuals with hearing impairment, and to describe appropriate strategies for communicating effectively with hearing impaired individuals. One CE for Social Workers, NJ Licensed Professional Counselors and Marriage and Family Therapists was awarded. [Flyer](#)

**7. *Culturally Competent Practices with Latino Clients & Families: Building on Evidence Based Principles***

March 12, 2013, Spring Oak Assisted Living of Vineland, Vineland, NJ. (RAH)

Dr. Merydawilda Colon, DSW, Associate Professor of Social Work and Coordinator of Social Work Program.

This presentation highlighted empirically-based principles for culturally competent practice with Latinos. After attending this seminar, participants were able to verbalize and apply empirically-based principles for culturally competent practice with Latinos, using a strengths perspective approach and tools such as the culturagram to assess Latino families in terms of acculturation and family functioning (i.e. family stress and conflict areas). Also, participants were able to use solution-focused questions in their assessment with Latino consumers. The seminar was free of charge and included a complimentary dinner. Upon completion, participants received 2 CEs for social workers, marriage & family therapists, and licensed professional counselors. [Flyer](#)

**8. *Can Older Adults Regulate Memory?***

March 21, 2013, Campus Center Theater. (SL presented in conjunction with the Psychology Club and Program)

Presented by: Dr. Ayanna K. Thomas, Tufts University

Age related changes in memory are a well-established phenomenon. The average older adult has more trouble learning new information, and is more likely to demonstrate memory confusions and distortions than their younger counterparts. One important component of Dr. Thomas' research program has been to investigate the cognitive processes that result in older adults' memory difficulties and how older adults can be directed and/or trained to develop and rely on more effective cognitive processes. With instructions to inspect source-specific cues, indirect priming to rely on algorithmic processes, and/or direction to consciously evaluate products of memory processes, older adults' memory accuracy can be improved. Ultra credit awarded.

**9. *Recognizing Depression and Dementia in Older Adults***

March 28, 2013, Stockton Galloway Campus Center Trustees Room. (SL)

Presenter: Danielle M. Micale, MHA, LNHA, CTRS, CDP, Training & Consultation Specialist, UMDNJ/UBHC-Technical Assistance Center. Older adults are at high risk for depression and cognitive disorders such as dementia. Obtaining an accurate diagnosis can be challenging as there is no single test that can differentiate depression from dementia as they present with similar symptomatology. This program provided an overview of the signs and symptoms of depression and dementia in older adults and how to recognize behavioral clues that may assist in making a more informed and educated assessment. One CE for Social Workers, NJ Licensed Professional Counselors and Marriage and Family Therapists was awarded. [Flyer](#)

**10. *Caregiving: Options, issues and client satisfaction***

April 11, 2013, Shores at Wesley Manor, Ocean City, NJ. (RAH)

Presented by Gina M. Maguire, MSW, LSW, Stockton Gerontology Adjunct Instructor, SCOSA Assistant.

Client satisfaction is an important outcome measure in a managed care environment and it is a critical component in maintaining

effective professional and family caregiving relationships. In this seminar we discussed key issues and options related to professional and family caregiving for aging persons, strategies and resources available to manage family caregiver stress and provide quality care to family members, effective caregiver collaboration and communication across geographic and infrastructure boundaries, and we defined and identified resources for culturally competent caregiving. The seminar was free of charge and included a complimentary dinner. Upon completion, participants received 2 CEs for social workers, marriage & family therapists, and licensed professional counselors. [Flyer](#)

#### 11. *New Guidelines in Defining Cognitive Changes in Late Adulthood*

June 6, 2013, Brandywine Senior Living at Brandall Estates, Linwood, NJ. (RAH)

Presented by Christine Gayda-Chelder, PhD, New Jersey Licensed Psychologist, Assistant Professor of Psychology, SCOSA Service Chair. The workshop addressed the gaps in knowledge about the new Diagnostic and Statistical Manual of Mental Disorders (DSM-5) guidelines for patients with Neurocognitive disorders and the implications for diagnosis, research, and working with patients and their families. The program drew over 50 professionals. 2 CEs for social workers, marriage & family therapists, and licensed professional counselors and 2.5 contact hours for nurses were awarded. [Flyer](#)

#### 12. *EADLs: Enabling Access to Environments and Activities across the Lifespan*

June 5, 2013, Health Center at Galloway, Galloway, NJ. (FW)

Kimberly A. Furphy, DHSc, OTR, ATP, Associate Professor of Occupational Therapy, 2012 SCOSA Research Fellow

This session focused on provision of EADL (Environmental Control Unit) devices for individuals across the lifespan. Participants learned about various devices available to offer individuals access to multiple environments in which they need to function, as well as to identify the barriers to provisions of these devices and where to find these devices/resources. One CE for Social Workers, NJ Licensed Professional Counselors, AOTA, and Marriage and Family Therapists was offered. [Flyer](#)

### SCOSA Faculty Applied Research Fellows

SCOSA's Applied Research Fellow program recently completed its second full year of operation. From a basic program of offering assistance to Stockton faculty in Research & Professional Development projects, including Michael Cronin's work on Disaster Preparedness in 2007, to funding summer research projects in 2008, our Research Initiative now boasts a full-fledged Fellows Program with four faculty placements in 2012, three in FY 2013, and funding for three more in FY 2014.

This year's fellows were psychology professors Jessica Fleck and John Bulevich and speech pathology/audiology professor Marjorie Taylor. Fellows were selected by a 5-person committee after submitting proposals following the same basic protocol for the college's Research and Professional Development Program. In each of the past two years, SCOSA has received \$5,000 funding for this project from Academic Affairs. Last year, we augmented this funding with \$5,000 from PhRMA (WeWorkforHealth.com/NJ). In FY 2014, Academic Affairs will provide \$10,000 and SCOSA will continue to seek outside underwriting to assist with expansion. Below is a brief synopsis of this year's fellow activities culled from their reports.



Jessica Fleck, PhD, Associate Professor of Psychology

Can You Train Your Brain to be Healthy? During summer 2012 SCOSA co-sponsored a research project to answer this question. Six undergraduate SIRE (Summer Intensive Research Experience) researchers under Dr. Fleck's supervision studied the effectiveness of several brain training games and activities in their ability to enhance thinking and memory. Most of these exercises were based on brain-training programs for sale to the public today. The games were fun and interactive so that participants enjoyed themselves while simultaneously making the brain stronger. This research was extended with another group of SIRE students during summer 2013. This time subjects were put through a battery of cognitive assessments and monitored with an EEG while performing cognitive tasks. As a result of promotional efforts during SCOSA's Festival in May, and two articles in the Atlantic City Press (one on the front cover in July), Dr. Fleck's research has attracted 200-300 adults over age 55 interested in participating in the research.



John Bulevich, Assistant Professor of Psychology

Dr. Bulevich, with the assistance of undergraduate research assistant Meghan Klouser, SCOSA staff, and Dr. Fleck and her SIRE students, developed an older adult subject pool for use by SCOSA and other Stockton researchers. Nearly 200 older adults will potentially be available to Stockton faculty researchers who are interested in studying various aspects of aging.

Marjorie Taylor, AuD, CCC-A, Assistant Professor of Speech Pathology & Audiology

Dr. Marjorie Taylor joined the tenure-track faculty in September, 2012, having served as a visiting faculty member in AY 2011/12. For her Fellow Project, Dr. Taylor conducted eight informational sessions and hearing screenings throughout Atlantic and Cape May counties, as well as an open session at the 2013 SCOSA Festival on May 23rd. [Flyer](#)

### Past Research Fellows

This year, three of our 2011/12 cohort of Research Fellows reported on their work and/or presented lectures as required in their fellow agreements. These lectures are noted above in the Scholarly Lecture/Professional Development Section.



Senior Research Fellow Suryakumar Shah, Associate Professor of Occupational Therapy

During the past year, Dr. Shah was inducted into the elite Academy of Research of the American Occupational Therapy Foundation. His research, partially underwritten with SCOSA funds and those provided to SCOSA from PhRMA, evaluated the effectiveness of the Modified Barthel Index in measuring the Occupational Therapy treatment outcomes. Data from 2,985 patients was analyzed with the help of graduate assistants, to see if the Index effectively measures change in dependency and quality of life for persons with arthritis. In addition to serving as SCOSA Senior Research Fellow, Dr. Shah kindly served on our Research Fellow Selection Committee; as a member of Stockton's Research and Professional Development Committee, his services were invaluable. Dr. Shah resigned his position at Stockton in December 2012 and has since become a full professor of Occupational Therapy Program at A. T. Still University in Arizona.



William Cabin, Assistant Professor of Social Work

In 2011/12 Dr. Cabin studied the relevance of social support as a predictor of elderly depression. The analysis was conducted using the Brookdale Demonstration Initiative (BDI) created by the Brookdale Center of Healthy Aging at Hunter College in New York City. With additional support from PhRMA, arthritis was added to the multivariate data analysis and additional predictive models of successful aging were developed.



Kimberly A. Furphy, Associate Professor Occupational Therapy

Dr. Furphy worked with Dave Burdick and Professor Debra Hazel from Western Michigan University to author a book chapter on "Assistive Technology Supports for Aging Adults" to appear in *Occupational Therapy with Aging Adults: Enhancing Quality of Life through Collaborative Practice*. Due to her exemplary and thorough work, Dr. Furphy was moved from 3rd author to first for this manuscript. The book, edited by Karen Frank Barney and Margaret Perkinson from Saint Louis University, will be published by Elsevier Press and is scheduled to be published in December, 2013. Co-editor Peggy Perkinson wrote the following words of gratitude to the authors: "Thanks so much for this very informative work! I love the clarity of the writing style, and the guiding themes are extremely helpful ... it is very clear that a lot of work has gone into this beautiful contribution to the book."



Robert Marsico, Assistant Professor of Physical Therapy

Last year, Rob worked with colleagues from Stockton (Health Sciences Dean Brenda Stevenson-Marshall, Professor and founder of Stockton's Physical Therapy Program (current Acting Dean of Health Sciences Bess Kathrins) and the Rothman Institute (Dr. Fabio Orozko & Dr. Alvin Ong) to conduct a pilot study which compared day rehabilitation to skilled nursing facility care for outcomes after total hip or knee replacement surgery. The study assessed and compared both cost and efficacy of treatment in the two settings. In addition to his SCOSA-sponsored Professional Education lecture noted above, Bob presented a workshop for the Arthritis Foundation, NJ Chapter, at their Health Summit held at Stockton in May in conjunction with SCOSA's Festival.

## 2012/2013 Other Scholarly Activity

During the past academic year, SCOSA leadership, fellows, and collaborators continued to be well represented with publications in scholarly journals, presentations at national conferences and professional meetings. Below is a partial listing of this activity related to aging.

- Burdick, D.C. (2012). Commentary from professionals in related industries: The Stockton Center on Successful Aging. Senior Living for The Next Generation: A View Through the Lens of Industry Thought Leaders, Volume II. Washington, DC: American Seniors Housing Association.
- Cabin, W.D. (2012). Social support and elderly depression: Is it an obvious association. Paper presentation at the American Sociological Association Annual Meeting, August 2012, Denver, CO.
- Cabin, W.D. (2012). Only the Lonely: Social support, elderly depression, and neighborhoods has been accepted by the organizer of the Health and Place in the 2012 Society for the Study of Social Problems (SSSP) Annual Meeting, August 16-18, 2012, Denver, CO.
- Cabin, W.D. (2012). Ghosts of home care: Medicare's neglect of Alzheimer's disease beneficiaries and nurse and social worker coping - strategies. Moderator and Paper Presenter at Health & Aging Session at Society for Social Work Research, Washington, DC.
- Spinella, M., Martino, S. Ferri, C. (2013). Mindfulness and addictive behaviors. *Journal of Behavioral Health*, 2(1), 1-7.
- Ferri, C.V. (February, 2013). Charting gerontology courses as general education: Knowing the ropes of getting courses approved. Workshop presentation at the Annual Meeting of the Association for Gerontology in Higher Education, St. Petersburg, FL.
- Ferri, C.V. & Burdick, D. (2013). Staying engaged: Developing innovative program for retiring faculty members. Presentation at the Stockton College Annual Day of Scholarship, Pomona, NJ.
- Fleck, J. (2012). Cognitive maintenance and enhancement in aging. 10th Annual Day of Scholarship, The Richard Stockton College of New Jersey. Galloway, NJ, March 2012.
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## Education

SCOSA Educational Initiatives expand learning opportunities for:

- Stockton students through the Gerontology Minor and Certificate of Completion and Internships and Service Learning opportunities
- Local health care and human services professionals through Continuing Professional Education
- Older adults and their families through Older Adult Education programs



Christine Ferri, PhD  
SCOSA Education Chair

## Gerontology Minor Awarded Program of Merit Designation



GERO Coordinator Christine Ferri, Co-Founder Elizabeth Elmore, and SCOSA Director Dave Burdick accept Program of Merit Certificate at AGHE Meeting in St. Petersburg, FL

This year, Stockton's Gerontology Minor program was awarded the Association for Gerontology in Higher Education's Program of Merit designation.

The Program of Merit is a program of review available to any program in aging at the master's, bachelor's, or associate level. The designation has only been awarded to 13 schools since 1998. Stockton's program is the 14th.

"Kudos to all who have worked so hard to ensure the distinctiveness of our Gerontology Minor Program," said Provost Harvey Kesselman. "Special kudos to Christine [Ferri] and, of course, David [Burdick] for his leadership throughout the years."

The review team acknowledged that the Stockton Gerontology Minor has exhibited longevity and stability, and applauded the Gerontology leadership and faculty for efforts. The program was acknowledged and a certificate awarded at the 39th Annual AGHE meeting, February 24-27, 2013, in St. Petersburg, FL. (Source: The Stockton Times, 2 (15), 3. 11/8/12)

Students are involved in, invited to, and/or instrumental in the planning and delivery of all of SCOSA's programming. Here is a brief review of some of the activities with substantial student involvement:

- We actively support GEROS and provided support for April, 2013 Careers in Aging activities which included:
  - A program on Thursday, April 18, 2013 honoring Dr. Jan Colijn, Dean of General Studies, congratulating our graduating gerontology minors, and celebrating designation as a Program of Merit.
  - Careers in Aging Panel Discussion.
- Once again, we encouraged active participation by students in Alzheimer's Memory Walk. During the Fall 2012 semester, Dr. Gayda-Chelder, SCOSA Service Chair, conducted the program with the services of GERO students.
- Collaboration with Lisa Cox's Aging & Spirituality class involved bringing in 6 older adults involved in previous Guided Autobiography (GAB) classes to read from their autobiographical writings prepared through SCOSA's Time to Tell Writing Program.
- SCOSA's Older Adult Education Program partnered with Stockton Computer Science & Information Systems and Dr. Aakash Taneja, Associate Professor of Computer Science & Information Systems to develop and present a three part intergenerational Internet Safety course for older adults at Stockton.
- Student Research Assistants for SCOSA Faculty Fellows. This new initiative was implemented in Spring, 2012 as a pilot test. Students enrolled in Dr. Burdick's Research on Aging Tutorial were deployed to assist faculty (primarily SCOSA Research Fellows) in their empirical studies on aging. During Fall 2012, Shonta Temple assisted SCOSA Research Chair Lisa Cox in acquiring and organizing materials for a social work textbook Dr. Cox is preparing. During the Spring 2013 Semester Meghan Klouser assisted SCOSA Research Fellow John Bulevich in setting up an older adult research subject pool; Brittany Revicki assisted SCOSA Research Fellow Marjorie Taylor in a project on hearing impairment and older adults.

- Collaboration with Stockton Center for Economic and Financial Literacy, the School of Business, Division of Continuing Studies, Small Business Institute and the Accounting and Finance Society Student Organization to present Informed Investing by Seton Hall University Law School's Investor Advocacy. The event was mostly attended by Stockton students.



## Education for Professionals

### Professional Education Seminars

SCOSA offers a variety of continuing education opportunities for professionals, often in collaboration with Stockton's Division of Continuing Studies, and with other outside partner organizations. We have listed the year's lectures at the top of our Research Section above.

SCOSA's Continuing Education Partnership with The Health Center at Galloway has led to a similar Memoranda of Understanding with Right at Home, and another currently in the works with Seashore Gardens. These collaborations expand our reach and augment our funding, allowing us to reach a broader audience of professionals. Through these partnerships and our Scholarly and Professional Development Seminars, we presented thirteen high-quality professional seminars in 2012/2013 (see Research Initiative pages for a complete list with descriptions).

The seminars, designed for professionals, para-professionals, and other caregivers who work with older adults were free of charge. Upon completion, participants received CEs for Social Workers, Marriage and Family Therapists, Licensed Professional Counselors, and sometimes for Occupational and Physical Therapists, and Nurses.

SCOSA's Scholarly Research Seminars were held on campus and offered Ultra Credit to students and CEs for professionals. The seminars are an opportunity for SCOSA Fellows to present their research to professional communities. Each fellow is encouraged to present one professional seminar during their fellowship. During the 2012/2013 fiscal term five SCOSA Fellows presented professional lectures.

In early 2013 SCOSA's collaboration with Stockton Continuing Studies expanded to include the provision of contact hours for Nurses. Our first seminar to be evaluated and approved for Nursing CE's was New Guidelines in Defining Cognitive Changes in Late Adulthood, presented by Dr. Christine Gayda-Chelder (SCOSA Service Chair) on June 6th at Brandall Estates in Linwood. Fifty-two professionals attended the seminar.

### Elder Care Coordinator Certificate Online Training Program

In 2012, SCOSA was invited to and funded by the Life Care Planning Law Firms Association to provide online training for staff from member law firms throughout the U.S. The Life Care Planning Law Firms Association is a national network of holistic law practices that offer legal services, care coordination and advocacy support to help elderly clients and their families respond to the challenges of aging, long-term illness and disability. In addition to providing education, networking and resources to firms that practice this unique specialty of law, the Life Care Planning Law Firms Association is a national advocate for quality care for elders, dedicated to raising public awareness about the physical, financial, and legal implications resulting from aging.

This online/distance learning program is designed to provide health and social services professionals, including social workers, counselors and nurses, serving as Elder Care Coordinators within the life care planning law firm, the tools and support needed to promote best practices. Elder Care Coordinators (ECCs) help to enhance quality of life along the elder care continuum by working in concert with a multidisciplinary, holistic law firm organization, other provider organizations and family caregivers. The Certificate program is currently open only to staff from LCPLFA law firms.

# The Stockton Times

OUR COMMUNITY NEWS

## SCOSA Partners with National Association for Staff Training, Now in 3rd Semester

Volume 2, Issue 24  
February 7, 2013

### Special points of interest:

- SCOSA Partners with National Association for Staff Training, Now in 3rd Semester
- Mayor of Stockton, Rick Dalton, Issues Full Invocation
- Don't Get Overstressed Off with Opening Ceremony
- Local Council Presents at World Leadership Forum
- What's New in the Food Court?



The Stockton Center on Successful Aging (SCOSA) has developed an innovative online program to train elder care coordinators at law firms throughout the nation, a program formerly run by the University of Florida.

SCOSA Director David Burdick worked with a group of Stockton faculty, staff and advisory board members, in collaboration with a national association, the Life Care Planning Law Firm Association (LCPLFA), to create the 15-week course curriculum. The 120 firms in the association offer services in elder care law, a growing field in a nation of changing demographics. Stockton adjunct instructor Michael Weinraub, a certified elder care attorney and member of the LCPLFA board of directors, contacted Gerontology Coordinator Christine Ferri to invite Stockton to submit an application and prospectus to replace the University of Florida as the provider of training for member firm elder care coordinators. Dr. Ferri shared the opportunity with Burdick, who developed Stockton's successful application.

Burdick convened a team including Ferri, Weinraub, Psychology Professor Christine Gayda, gerontology adjunct Michelle Walmsley, SCOSA assistant Anita Beckwith and SCOSA advisory board member Lori Heberley to develop the curriculum. Heberley was particularly instrumental as president of a private law management



company. SCOSA's team worked closely with attorneys and elder care coordinators (ECCO) from Arizona, Florida and Tennessee to develop the final "Certificate in Elder Care" program. The course is divided into three five-week segments, beginning with basic knowledge of aging ("Gerontology 101") and the underlying holistic principles of life care planning for law firms. It then covers skills needed to assess clients and their surroundings, ethical dilemmas, marketing and other advanced topics. Students must pass an online test at the end of each course and successfully complete other assignments in order to earn the certificate in elder care coordination (CECC).

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Page 2

### SCOSA (continued)

The training utilizes Stockton's Blackboard Learn as its main delivery platform. Each week generally includes one or two PowerPoint lectures, most with video-over, additional readings, and podcasts from NPR and other sources. Videos of The Takeaways, founder of the life-care planning law firm association and his elder care coordinator, Deb King, are included, as are two videotaped lectures from the prior program at the University of Florida. Active class discussions are provided through Blackboard's Discussion feature and have recently been augmented by weekly telephone conference calls provided by the law firm association.

Burdick notes that "in designing this program, we have constantly sought to use best practice principles in online instruction, social work, gerontology, geriatrics care management and elder law to insure that learners are receiving timely and state-of-the-art information that can be readily integrated into their practice. We couldn't have done this program without the excellent assistance provided by Computer Services and Continuing Studies."

Feedback from the first two groups of business indicates that the program is succeeding. "This course was great. It was what I like: organized, clear cut, presented nicely, multiple media presentations. Don't change a thing!" (Assignment survey response). Another business wrote: "The course enhanced my 'toolkit' of resources. It was reinforcement of my knowledge, skills and principles of practice. It too made me more confident about doing complete statements and of my communications."

As the program evolves, the law firm association is investigating the feasibility of licensing Elder Care Coordinators. SCOSA hopes to gain approval from the accrediting body for professional geriatric care managers to count several modules from the Certificate in Elder Care Coordination course toward becoming Geriatric Care Managers (GCM). This could be a stepping stone toward Stockton offering a more extensive GCM curriculum in online and/or hybrid formats.

The Certificate in Elder Care Coordination (CECC) is a 15-week online post-baccalaureate continuing professional education certificate program designed to provide practical, application based knowledge and skills to busy, professional Elder Care Coordinators working at member firms of the Life Care Planning Law Firm Association (LCPLFA), using best practice approaches from the fields of gerontology, social work, geriatric care management, and elder law.

The 15-week program, divided into three 5-week courses uses the Blackboard Learning Management System and consists of PowerPoint "Lectures", Assigned Readings, Discussion, Chat, and Assessment. Twelve students completed the training during the fall and 10 others completed it during the spring, and all received a Certificate of Completion from SCOSA.

The program was designed and implemented with the help of David Burdick, Christine Ferri, Christine Gayda-Chelder, Lori Heberley, Michelle Walmsley and Michael Weinraub.

*Stockton Times Volume 2, Issue 24, January 7, 2013*

**Education for Older Adults**

SCOSA offers a growing variety of educational opportunities for older adults. By bringing seniors to Stockton, and by “bringing Stockton to them”, we hope to encourage vitality through intellectual stimulation.

SCOSA was pleased to announce that our funding for older adult programming through the Older Americans Act, continued in 2012 and renewed in 2013, allowing us to present the following events. In most cases, the events were specifically developed for an older adult audience. In others, such as professional or intergenerational programs, area older adults were invited to attend.

We presented 83 programs to over 1500 participants at 26 locations throughout Atlantic County.

Three versions of our Older Adult Education Brochure listing older adult education events were produced:

[Summer Fall 2012](#), [Winter/Spring 2013](#) and [Spring/Summer 2013](#).

Type Key: OA = Older Adult, PE = Professional Education, SF = SCOSA Fellows, Intergenerational = I

Date	Title	Type	Presenter	Location	Participants
2012					
7/11 & 7/18	Tai Chi Chih for Older Adults	OA	Mary Schapker	Noyes Museum of Art	19
7/14	Basket Making Workshop	OA	Niki Giberson	Noyes Museum of Art	10
7/25	Take Better Pictures, Advanced Composition	OA	Judith Heyman	Noyes Museum of Art	10
7/26	Aging Successfully	OA	Christine Ferri, PhD, SCOSA Education Chair, Stockton Faculty	Hammonton Canoe Club	25
7/26	Broken Trust - Responding to Elder Financial Abuse	OA	Greg Banks, Angel Alliance Caregivers	Absecon Community Center	30
8/22	Senior Home Safety & Fall Prevention	OA	Doug Schindler, MS, CAPS	Hammonton Canoe Club	23
9/5	Total Joint Replacement Update	PE/SF/OA	Robert Marsico, PT, Ed.D, SCOSA Research Fellow	The Health Center at Galloway	7
9/7	Savvy Saving Seniors		Laura Berrios, MSW	Hammonton Canoe Club	23
9/19	Savvy Saving Seniors		Laura Berrios, MSW	AC Library, Galloway Twp	9
10/8	Scholarly Research Lecture - LGBT Older Adults: Do we all experience aging the same way?		Carolyn Bradley, PhD, Monmouth University	Stockton Galloway Campus Center	35
10/11	Maintaining Professional Boundaries in the Health Care Setting		Christine Gayda-Chelder, PhD, SCOSA Service Chair	The Shores of Wesley Manor, Ocean City	22
10/24	Broken Trust - Responding to Elder Financial Abuse		Greg Banks, Angel Alliance	AC Library, Galloway Twp	10
10/24	Broken Trust - Responding to Elder Financial Abuse		Greg Banks, Angel Alliance	Buena Reading Center	0
10/27	Centerpiece Basket Making		Niki Giberson	Noyes Museum of Art	10
11/13	Memory Screening		Christine Gayda-Chelder, PhD, SCOSA Service Chair	Wesley by the Bay, Ocean City	0
11/27	Family Caregiving		Christine Gayda-Chelder, PhD, SCOSA Service Chair	Galloway Library	6
12/5	1st Wed- Rehabilitation Efficiency & Effectiveness in Minimizing Dependency in Persons with Arthritis	PE/SF	Suryah Shah, PhD, SCOSA Fellow, Stockton Faculty	Health Center at Galloway	15
12/8	Make a Wool Felted Bird Ornament	OA	Niki Giberson	Noyes Museum of Art	6

Date	Title	Type	Presenter	Location	Participants
2013					
1/12	Take Better Pictures Workshop	OA	Judith Heyman	Noyes Museum of Art	3
1/14	Senior Home Safety & Fall Prevention	OA	Doug Schindler, MS, CAPS	Buena Senior Center	7
1/18	Health Fair	OA/SF	Health Center Galloway	Smithville Community Center	N.A.
1/22	Living on Fixed Income	OA	Money Management Int'l	Absecon Senior Center	40
2/8	Use Your Computer Safely	OA/I	Aakash Taneja, PhD Stockton Faculty	Stockton Campus	8
2/9	Basket Making	OA	Niki Giberson	Noyes Museum of Art	7
2/12	Now Hear This - Info & Hearing Screening	OA/SF	Marjorie Taylor, AuD SCOSA Fellow, Stockton Faculty	Absecon Senior Center	14
2/22	Now Hear This - Info & Hearing Screening	OA/SF	Marjorie Taylor, AuD SCOSA Fellow, Stockton Faculty	Jeffries Towers, Atlantic City	10
2/23	Creative Non-Fiction Writing	OA	Jenna McCoy, BA	Noyes Museum of Art	17
2/28	Now Hear This - Info & Hearing Screening	OA/SF	Marjorie Taylor, AuD SCOSA Fellow, Stockton Faculty	Hammonton Canoe Club	26
3/5	Now Hear This - Info & Hearing Screening	OA/SF	Marjorie Taylor, AuD SCOSA Fellow, Stockton Faculty	Buena Senior Center	14
3/5	Beliefs, Brain Science....	PE/SRL	Andrew Newberg, MD, PhD, Thomas Jefferson Univ. Hosp.	Stockton Campus	110
3/6	Communicating Hearing Impaired Elders	PE/SF	Marjorie Taylor, AuD SCOSA Fellow, Stockton Faculty	Health Center at Galloway	15
3/8	Use Your Computer Safely	OL/I	Aakash Taneja, PhD, Stockton Faculty	Stockton Campus	13
3/12	Cultural Practices-Latino Clients	PE	Merydawilda Colon, DSW, Stockton Faculty	RAH-Spring Oak, Vineland	30
3/14	Now Hear This - Info & Hearing Screening	OA/SF	Marjorie Taylor, AuD SCOSA Fellow, Stockton Faculty	Leinweber Senior Center	13
3/16	Wool Felting Workshop	OA	Niki Giberson	Noyes Museum of Art	8
3/20	Living on a Fixed Income	OA	Money Management Int'l	Brigantine Senior Center	42
3/20	Continue to Live Independently	OA	Pat Laychock, RRT, CSA, CDCP	Best of Life, Atlantic City	16
3/21	Reverse Mortgages	OA	Money Management Int'l	Hammonton Canoe Club	27
3/21	Can Older Adults Regulate Memory?	PE/I/OA	Ayanna Thomas, PhD, Tufts University	Campus Center Theatre	50 est.
3/22	Living on Fixed Income	OA	Money Management Int'l	Hammonton Senior Center	35
3/26	Living on Fixed Income	OA	Money Management Int'l	Egg Harbor Twp Senior Ctr	73
3/28	Avoiding Identity Theft	OA	Money Management Int'l	Egg Harbor Cty Senior Ctr	0
3/28	Recognizing Depression in Older Adults	PE/SRL	Daniele Micale, MSW, UMDNJ	Stockton Campus Center	40 est.
3/30	Creative Non-Fiction Writing	OA	Jenna McCoy, BA	Noyes Museum of Art	8
4/2	Now Hear This	OA/SF	Marjorie Taylor, AuD SCOSA Fellow, Stockton Faculty	Best of Life, Atlantic City	11
4/10	Avoiding Identity Theft	OA	Money Management Int'l	Brigantine Senior Center	25
4/10	Continue to Live Independently	OA	Pat Laychock, RRT, CSA, CDCP	Galloway Twp Library	8
4/11	Living on Fixed Income	OA	Money Management Int'l	Jeffries Towers, Atlantic City	0

Date	Title	Type	Presenter	Location	Participants
4/11	Now Hear This Info & Hearing Screening	OA/SF	Marjorie Taylor, AuD SCOSA Fellow, Stockton Faculty	Egg Harbor City Senior Ctr	0
4/11	Caregiving Options, Client Satisfaction	PE	Gina Maguire, MSW	Shores Wesley Manor, OC	23
4/12	Use Your Computer Safely	OA/I	Aakash Taneja, PhD Stockton Faculty	Stockton Campus	8
4/14	National Healthcare Decisions Day	OA/PE	SCOSA	Website Presentation	-
4/17	Informed Investing	I/PE/OA	Seton Hall / FINRA	Stockton Campus Center	50 est.
4/19	Now Hear This- Info & Hearing Screening	OA/SF	Marjorie Taylor, AuD SCOSA Fellow, Stockton Faculty	AARP - Ocean City	15
4/22	Staying Healthy & Happy as You Age	OA	Maryann Prudhomme, RN	Best of Life, Atlantic City	7
4/25	Income Decreases, but Bills Don't	OA	Money Management Int'l	Hammonton Canoe Club	17
4/27	Creative Non-Fiction Writing	OA	Jenna McCoy, BA	Noyes Museum of Art	9
4/27	Hesburgh Lecture: Scenic	OA/PE	John Nagle, JD, University of Notre Dame	Noyes Museum of Art	12
5/1	Continue to Live Independently	OA	Pat Laychock, RRT, CSA, CDCP	HG Rosen Senior Center	60
5/6	Living on Fixed Income	OA	Money Management Int'l	Buena Senior Center	20
5/7	Writing Your Memoirs	OA	Gretchen Van Duyne, BA	Galloway Senior Center	8
5/11	Basket Making	OA	Niki Giberson	Noyes Museum of Art	3
5/14	Internet Fun: Texting	OA	Ken Goodman, MBA	Stockton Kramer Hall	6
5/15	Continue to Live Independently	OA	Pat Laychock, RRT, CSA, CDCP	Ventnor Senior Center	17
5/21	Laughter is the Best Medicine	OA	Maryann Prudhomme, RN	Best of Life, Atlantic City	15
5/21	Internet Fun: The Cloud	OA	Ken Goodman, MBA	Stockton Kramer Hall	8
5/23	Aging Successfully Festival	OA/PE/I/SF	SCOSA/Arthritis Foundation	Stockton Galloway Campus	300 est.
5/25	Creative Non-Fiction Writing	OA	Jenna McCoy, BA	Noyes Museum of Art	6
5/28	Internet Fun: Digital Photography	OA	Ken Goodman, MBA	Stockton Kramer Hall	14
5/30	Setting Goals & Priorities	OA	Money Management Int'l	Hammonton Canoe Club	16
6/4	Internet Fun: Social Media Basics	OA	Ken Goodman, MBA	Stockton Kramer Hall	5
6/4	Writing Your Memoirs	OA	Gretchen Van Duyne, BA	Galloway Senior Center	3
6/5	EADLs: Enabling Access to Environments	PE/OA	Kim Furphy, PhD SCOSA Fellow, Stockton Faculty	Health Center at Galloway	16
6/6	New Guidelines in Defining Cognitive Changes in Late Adulthood	PE/OA	Christine Gayda-Chelder, PhD SCOSA Service Chair	Brandywine/Brandell Est	52
6/11	Internet Fun: Online Tools for Finance	OA	Ken Goodman, MBA	Stockton Kramer Hall	5
6/11	Meet a Health Care Advocate	OA	Donna Hickman, CSW	Galloway Senior Center	18
6/12	Living on Fixed Income	OA	Money Management Int'l	HG Rosen Senior Center	25
6/18	Continue to Live Independently	OA	Pat Laychock RRT, CSA, CDCP	Hammonton Senior Center	15
6/25	Laughter is the Best Medicine	OA	Maryann Prudhomme, RN	Galloway Senior Center	8
6/26	Now We're Retired, You're Getting on My Nerves	OA	Marguerite Colella MSW, LCSW, BCPCC, CDP	Galloway Senior Center	17
6/27	Managing Income & Expenses	OA	Money Management Int'l	Hammonton Canoe Club	20

### SCOSA Time to Tell Autobiographical Stories 2012 - 2013

SCOSA published *Time to Tell*, a 184-page collection of 55 stories by 12 authors, with photography by Anita Beckwith in May 2013, just in time for a reading and author “graduation ceremony” at our Annual Festival on Aging. This book is the direct result of the Time to Tell Autobiographical Writing program offered by SCOSA and facilitated by Gina Maguire in 2012 and 2013, and online for those unable to attend the sessions. With a set of 14 themes constructed by Gina and Anita Beckwith, the group began its 14 month journey into writing their memoirs. Penny Dugan (Professor of Writing), Carra Hood (Assoc. Professor of Writing), and Meryl Baer (older adult author) graciously donated editing services as the manuscript was prepared for publication.

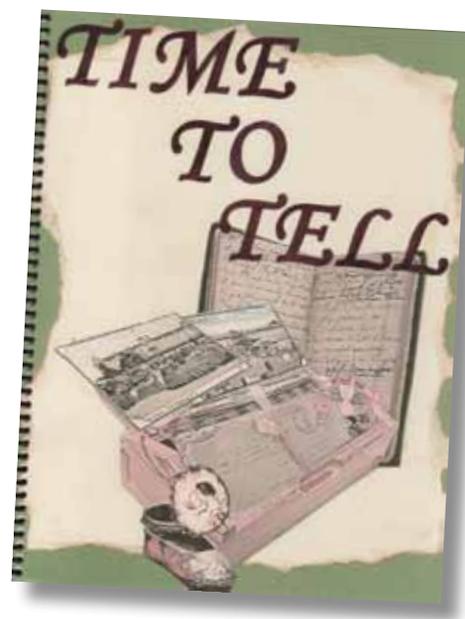
Guided and/or group reminiscence is a process by which the older adults interact by reliving memories, and connecting these memories to either the present or ongoing circumstances. Intergenerational reminiscence activities have been shown to increase intergenerational understanding, build new relationships and foster a new understanding of one’s life story. The older adults involved in the development of this publication are excellent examples of successful aging, demonstrating the importance of reminiscence and the power of intergenerational activities.

The *Time to Tell* publication is the culmination of several years of autobiographical writing programs developed by SCOSA for area older adults. In 2008, Dr. Sue Jacobson presented “Developing the Stories of My Life” at the Carnegie Library. One of the participants recently noted that when the class started, about 40 books were laid out on a table. Each participant was given one, a memoir from which to read and learn. The journey started there. In 2009, Dr. Cynthia King’s undergraduate Creative Writing students at Stockton taught older adults creative and memoir writing at the Noyes Museum. Dr. Lisa Cox presented her Guided Autobiography program twice, in the summers of 2010 and 2011. Through these sessions, several additional older adults were hooked. In 2011, Dr. Judy Copeland offered the “Telling True Tales” program for SCOSA at Stockton, taking the writings to another level.

The story does not end with this book. SCOSA’s wonderful writing programs are continuing. Currently, Jenna McCoy’s “Memory in Poetry and Creative Non-Fiction” series is being offered each month at the Noyes Museum. Gretchen Van Duyne started a different Time to Tell group starting May 2013 at the Galloway Senior Center, and Penny Dugan and Bob Baum have both offered to start programs.

With the projected increased size of our older adult population brought on by the aging of the baby boom, there will be no shortage of stories to tell and lessons to learn with our families, friends and communities.

Articles about the writing group and the book were carried in the [Atlantic City Press](#) and by the [Sandpaper Village Group](#).



## Service

SCOSA Service Initiatives will seek to leverage the major resources that Stockton can offer as a community partner: through our faculty expertise and service learning students; through other student initiatives, clubs, and organizations.

The Stockton Center on Successful Aging fully embraces the Richard Stockton College vision as “an environmentally-responsible learning community of engaged citizens embracing a global perspective”. Working with students, faculty, and community partners and stakeholders we have organized and presented programs in each of the college’s four strategic themes: Learning, Engaged, Global and Sustainable (LEGS).



Christine Gayda-Chelder, PhD  
SCOSA Service Chair

### Volunteering and Successful Aging: Bountiful Rewards for Self and Others

By Dr. Christine Gayda-Chelder, SCOSA Service Chair

The benefits of volunteering in late adulthood are enormous. Studies have demonstrated that older adults gain many psychological rewards from community service and civic engagement. Specifically, research has found that volunteering can provide greater life satisfaction, a sense of purpose and achievement, and cognitive stimulation (Corporation for National and Community Service, 2007; Wilson & Harlow-Rosentraub, 2008). Physical health benefits, such as reduced incidence of disability and lower risk of mortality, have been documented as well (Greenfield & Marks, 2007).

In my private practice as a clinical psychologist, I have seen first-hand how donating one’s time and talents can enhance mood and a sense of well-being. I have had many clients find satisfaction in reading to young children, “giving back” to a hospice program that assisted their loved one, or lending a hand at the food bank. The mental pain that brought these clients to psychotherapy is greatly reduced when they are able to reach out and help others. In addition, I have been working with many older adults who are sent into an “early retirement” in these challenging economic times; it was volunteering that filled their days with a sense of meaning and personal fulfillment in the face of disappointment.

I often tell my students how my own volunteer experiences have shaped my development thus far. Throughout my high school years, I volunteered at a local acute care hospital in maternity and day surgery. I have a treasured memory of being asked to disinfect two basins in the labor and delivery unit STAT....twins had been born sooner than anticipated! In addition, as a college student I volunteered to work in a Neuro-Med unit of an extended care facility, working with patients with severe to profound traumatic brain injuries. It was the joy those patients gave me that confirmed my desire to specialize in clinical neuropsychology.....and I have never looked back.

### SCOSA Service Activities in 2012/13

Dr. Gayda-Chelder reports the following service activities:

- The Stockton Center on Successful Aging was represented at the “Walk to End Alzheimer’s” sponsored by the Alzheimer’s Association in Atlantic City, NJ on October 7, 2012. Twelve individuals participated with “Team SCOSA” and raised \$750.00. A team is being organized for this year’s walk on October 20, 2013 in Atlantic City.
- Continued support for the Alzheimer’s Association was demonstrated at the Annual Delaware Valley Chapter South Jersey Conference on June 14, 2013. SCOSA’s Service Chair Dr. Christine Gayda-Chelder volunteered at the conference by presenting a free seminar for caregivers titled, “Maintaining a Positive Outlook in the Face of Dementia.”
- Throughout the year Dr. Burdick and Dr. Gayda-Chelder assisted many individuals with a variety of questions pertaining to the care of elders in the community. Older adults, families, and caregivers have received guidance from SCOSA leadership in having their questions answered about resources for a variety of challenging situations. Education and contact information have been provided regarding elder care attorneys, home health agencies, nursing facilities, and assisted living facilities.
- Students and older adults are frequently encouraged to volunteer at local nursing facilities and assisted living facilities. In the past year Dr. Gayda-Chelder supported a student with volunteer work at Spring Village Assisted Living. Several clients in her psychology private practice have utilized SCOSA’s web site to find appropriate volunteer opportunities.

- Dr. Gayda-Chelder has continued to offer free memory screenings to the local community at a variety of locations, including her private practice in Smithville, NJ and assisted living facilities. The goal of this service initiative is to offer free, confidential cognitive screenings for the early detection of dementia. This is part of a research project titled, “Dementia Screenings: The Response to a Free Community Outreach Program.”

Additional service activities during the fiscal year include the following:

- SCOSA Director Burdick has continued his long-time involvement in the leadership of the Association for Gerontology in Higher Education.

This year, he continued to serve on AGHE’s Executive Committee as appointed chair of the Advancement Committee after serving a 2-year term as an elected At-Large Member. The Advancement Committee is responsible for AGHE’s Annual Campaign (Tree-of-Knowledge), the Endowment Campaign, and assisting with grant-writing. During 2012/13 Burdick secured a \$15,000 Matching Gift from the Retirement Research Foundation to support the Endowment Campaign. This gift has helped to attract approximately \$16,000 in other donations this year, raising the total collected to nearly \$100,000. Once this figure is reached, AGHE will begin to award seed-grants for various initiatives proposed by AGHE Committees. The committee is currently developing policies and procedures for this initiative.

AGHE continues to focus major attention to developing accreditation for gerontology programs, and core competencies for graduates. This effort continues to be aided by Burdick’s Guest-Edited Special Issue on Accreditation in Gerontology that was published in the Journal of Gerontology and Geriatric Education. For example, the President’s Symposium at AGHE’s Annual Meeting in February 2013 focused upon the Special Issue. Burdick also served as Discussant in a symposium organized by the Academic Program Development Committee, which he chaired for 4 years prior to his move to the Advancement Committee. Burdick was also nominated by Stockton and AGHE Colleagues for AGHE’s Hiram Friedsam Mentorship Award.

- In July, 2012 SCOSA was contacted by a staff member of NPR’s All Things Considered to assist them in finding older adults who may be struggling with fixed incomes and low interest rates on their current investments. We worked to identify a few potential interviewees.
- Visibility via the Boston Globe in May, 2012, led a board member from the American Seniors Housing Association to contact Burdick to provide expert opinion of an industry survey. The resultant publication, Senior Living for the Next Generation: Volume II – A View Through the Lens of Industry Leaders included “commentaries from four organizations that are dedicated to the issues of aging but not involved with the provision of seniors housing.” SCOSA/Stockton is prominently listed as one of the four, which also includes Stanford University’s Longevity Center, Oregon State University’s Health Sciences Center, and a private research group.
- ACCC 55+ committee. Atlantic Cape Community College asked us to serve on a Community Advisory Panel for a funded program designed to retrain and replace displaced older workers into the workforce. Dr. Dee McNeely-Greene represented SCOSA at a recent meeting at which our Director could not attend.
- Assistance to Peace Pilgrim on a 3-day event in Egg Harbor City to celebrate the birthday of Mildred Lisette Norman. SCOSA helped promote and provided assistance with their September 2012 event and will provide similar assistance for September 2013.
- WHYY – began what will hopefully be a long-term working relationship with this NPR Affiliate headquartered in Philadelphia and with a recently expanded radio broadcast presence in Southern New Jersey. We particularly wish to continue a working relationship with their Wider Horizons and Coming of Age Programs, whose mission is to encourage civic and community engagement among the 55+ population.

The [Fall, 2012 issue of Stockton now](#) featured an article on Willo Carey, mentioning her introduction to Stockton via the SCOSA Successful Aging Festival in May.

- The Friends of Encore Learning at Stockton has graciously allowed SCOSA to make periodic use of their mailing list so that we can make their members aware of our programming.
- David Burdick was asked to quote on an issue of housing issues and “Aging in Place” for an article by Kevin Riordan which appeared in the Inquirer Daily News on February 3, 2013. In response to zoning issues in Cherry Hill not allowing the sale



of a home with a “mother-in-law” apartment the article quote reads: “There are definitely some municipalities that have found a successful middle ground” with such zoning issues, adds David C. Burdick, Director of the Stockton Center for Successful Aging, at Richard Stockton College of New Jersey. “The big picture is the aging of the 72 million baby boomers, and the fact that they had fewer children than their parents,” Burdick adds. “We need to be open-minded and flexible as we adjust to this.... “If a house can be changed so there are two separate living areas, it is so much easier to keep the [older person] independent, and out of a nursing home,” Burdick says. “Quality of life is so much better if you’re with your family but can have some separation from them.”<sup>1</sup>

- Jewish Family Services - Dr. Christine Ferri (SCOSA’s Education Chair & Coordinator of Gerontological Studies) represents SCOSA and the college on JFS’s Senior Village Committee.
- SCOSA assisted South Jersey Senior Marketing Group in preparing an updated membership survey.
- Arthritis Foundation of New Jersey Health Summit: Partnership collaboration at the Festival.
- SCOSA, GERO, and GEROS continue to sponsor “TeamStockton” at the Association’s annual Walk to End Alzheimer’s.
- We have also sponsored or co-sponsored events/programs with Stockton’s Social Work Program, School of Business, School of Health Sciences, Noyes Museum of Art (Oceanville), Kramer Hall (Hammonton) and others.
- We often provide suggestions to StocktonNow, Stockton’s Alumni e-Zine, when asked. We connected them with PSYC/GERO Alum Roy Earnest, who was featured in a recent issue regarding his co-producer role with Surfing for Life, and we have been asked to provide a brief article for their upcoming issue that will focus on Civic Engagement.
- SCOSA was asked to assist Legal Services of New Jersey in reaching out to victims of Hurricane Sandy with information on legal and financial resources available to low income victims of the storm. SCOSA worked with the firm to reach out to older adults, sponsored a presentation at the Galloway Public Library and the 2013 Festival and connected them with the South Jersey Senior Marketing Group.
- SCOSA and the Notre Dame Club of South Jersey sponsored a fifth annual Hesburgh Lecture in April, 2013. The program brings prominent faculty from the University of Notre Dame to Notre Dame alumni clubs around the world. Normally held at Stockton, this event was graciously hosted by the Noyes Museum of Art.
- We are a member of the Community Partnerships Working Group, led by Dr. Curry.
- SCOSA is currently working with Rain Ross of ARHU on the Dance Company Residency program which will provide workshops for SCOSA older adults in October, 2013.
- We are planning now to add pre-retirement education programs to Stockton staff and faculty as a part of our programming in 2014. This initiative was promoted by survey results collected in the IFD survey reflecting faculty interest in topics related to retirement.
- We are currently planning to expand our older adult and professional education programs into Ocean County via the Stockton Manahawkin Instructional Site.

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<sup>1</sup> *Kevin Riordan: Home, suite home: Time for a little zoning flexibility*, Philly.com, February 03, 2013 By Kevin Riordan, Inquirer Columnist, The Inquirer Daily News, Collections Cherry Hill, [http://articles.philly.com/2013-02-03/news/36723493\\_1\\_duplexes-suite-home-addition](http://articles.philly.com/2013-02-03/news/36723493_1_duplexes-suite-home-addition)

## 2013 Successful Aging Festival

SCOSA's partnership with the Arthritis Foundation, coupled with the celebration of Older Americans Month provided the mold for the 2013 festival events. In an attempt to acknowledge the separate involvement of the Arthritis Foundation and the continued theme of celebrating Older Americans Month, the festival was designed to follow two tracks with each partner contributing to the whole. Over 300 older adults joined us in the campus center for lectures, workshops, demonstrations, movie, clinics, exhibits, food and fun.



### Arthritis Track:

- keynote presentation
- 6 lectures
- 1 clinic
- lunch



### Keynote Address

*Arthritis & the Savvy Consumer*, George Halko, DO

### Lectures

- Joint Replacement Surgery*, Stephen Zabinski, MD
- Osteoarthritis, Fitness, & the Baby Boomer*, Kathy Geller
- Osteoarthritis vs. Osteoporosis*, Peggy Lotkowitz
- Prehab & Rehab*, Robert Marsico, PT
- Rheumatic Arthritis*, George Halko, DO
- Tai Chi*, Jan Bertram

### Clinics

*Free Eye Exams* by Barb Krulichak, NJ Commission for the Blind



### Sponsors

**AtlantiCare**  
Taking You Well Into The Future

AtlantiCare's focus is to serve the community as a provider of health and wellness services.

AtlantiCare is committed to building healthy communities through partnerships with organizations that share its interest in health.

### SCOSA Track:

- keynote panel discussion
- 6 lectures
- 2 clinics
- 1 film
- 1 specialty presentation
- 1 demonstration
- 2 live music performances
- 22 exhibitors/vendors & information tables



### Keynote Panel Discussion

*Third Age Pathways: Empowerment & Engagement*

- David Burdick, PhD, Moderator
- Rev. David Delaney
- Jean Mercer, PhD
- Sally Nunn, RN
- David Pinto

### Lectures

- Eat Healthy for Good Brain Health*, Wendy Kozak
- Empowering Yourself thru Community Efforts: Recovering from Sandy*, Alanya Berg, MSW
- Enough! No More Plastic Bags*, Barbara Reynolds
- Meditate – Easily & Effortlessly*, Luanne Anton, MS
- Soil to Soul*, Wendy Kozak
- Political Engagement*, Linda Coppinger
- Writing & Publishing Family Stories*, Turiya S. A. Raheem

### Demonstrations, Clinics & Films

- Many Faces of Depression - Information & Screening*, Christine Ferri
- Honor Flight Movie*
- Now Hear This Hearing Screenings & Information*, Marjorie Taylor
- Time to Tell Autobiographical Readings*, Gina Maguire & Roberta Plasket
- The Engaging Power of Live Music*, Jed Gaylin
- The Galloway Strathspey and Reel Conspiracy*, Jackson & Manson
- PintoHagen*: David Pinto and Peter Hagen

[Program Book](#) [AC Press Article](#) [Video](#)



### Exhibitors

- American Red Cross*
- Atlantic County Government*
- Bath Fitter*
- Bayada Home Health Care*
- Brandywine Senior Living at Brandall*
- CARING Adult Health Care*
- CASA of Atlantic and Cape May Counties*
- Compassionate Care Hospice*
- Fox Rehab*
- Garden State Medical Supply*
- Granite Transformations*
- Gitterman & Associates*
- Home Instead Senior Care*
- Jewish Family Services of Atlantic County*
- Our Lady's Multi-Care Center*
- Paladin Medical Equipment, LLC*
- Royal Suites Healthcare*
- South Jersey Geriatric Care, P.C.*
- Stockton Employees Memorial Scholarship Fund*
- The Terraces at Seacrest Village & Seacrest Village*
- United Way in Atlantic County*
- Visiting Angels*

# SCOSA Administration

## Financial Support

- SCOSA was awarded \$15,000 for 2013 in Older Americans Act Funds via contract from the Atlantic County Division of Intergenerational Services for our Older Adult Education Program.
- \$17,220 in registration fees for Certificate in Elder Care Coordination Fall 2012 and Spring 2013 programs.
- \$3,600 (approx.) from contracts with the Health Center at Galloway and Right at Home (Spring Oak, Brandall Estates, etc.) for CE lectures.
- \$11,675 (approx.) revenues from our May 23, 2013 Festival on Successful Aging, including the following:
  - \$2,500 donation from PhARMA (WeWorkforHealth.org)
  - \$2,000 donation from the Wallerstein Foundation for Geriatric Life Improvement
  - \$1,000 donation from Atlanticare
  - \$5,275 in exhibitor revenues
  - \$900 festival booklet advertising
- \$822.31 donation by Gina Maguire, representing funds raised at a Scrapbooking Crop on Saturday April 23, 2013. Gina has requested that these funds be used to support future SCOSA arts programs for older adults. As we discussed, please put this into a non-salary line, and keep track of this in your own spreadsheet.

## SCOSA Press Releases 2012 / 2013

June 24, 2013, [Stockton Center on Successful Aging to Hold Summer Research Program on Brain Health](#), 'Healthy Brain, Healthy Mind' Research Project Seeks Volunteers Ages 50 and Older Who Are Right-Handed

June 6, 2013, [Stockton Center on Successful Aging Offers Free Seminar to Help Retirees' Relationships](#)

June 4, 2013, [Stockton Center on Successful Aging Presents Free Creative Writing Workshop](#), Memoirs and Poetry Part of Creative Nonfiction Series on Three Saturdays: July 13, 20 & 27

May 21, 2013, [SCOSA Announces 1st Wed Professional Lecture EADLs: Enabling Access to Environments and Activities Across the Lifespan](#)

May 15, 2013, [Stockton Center on Successful Aging Presents Financial Management Seminar](#) Designed for Older Adults

May 15, 2013, [Stockton Center on Successful Aging Presents Workshop](#) at Noyes Museum of Art On Weaving Seats for Stools

May 14, 2013, [SCOSA Partners with Arthritis Foundation For Festival and Health Summit](#) Events Set for May 23

May 10, 2013, [Stockton Center on Successful Aging Brings Free Computer Classes for Older Adults to Hammonton](#)

April 11, 2013, [Barnegat Couple Share Memoirs in Senior Writing Program at Stockton College](#), The Sandpaper.net

April 10, 2013, [60-year married couple share memoirs in senior writing program at Stockton College](#), Da'Shore

April 4, 2013, [Stockton Center on Successful Aging, Noyes Museum to Celebrate Earth Day](#), Lecture, Scenic: Keeping America Beautiful and Art Spirit Exhibit Slated Saturday, April 27, 2013

April 3, 2013, [Stockton Center on Successful Aging Presents, "Continue to Live Independently - Aging in Place"](#), Free Informational Seminar Set for April 10 at Galloway Branch of Atlantic County Library

March 28, 2013, [SCOSA Program Connects Older Adults With College Students](#), A group of 20 older adults is putting together a collection of memoirs, for use in the classroom. Anthony Bellano, Galloway Patch

March 20, 2013, [Stockton Teams With Seton Hall School of Law and Investor Education Foundation for Seminar on Informed Investing](#), Free Event Takes Place at Campus Center April 17

March 20, 2013, [Stockton Center on Successful Aging Offers Free Workshop on Caregiving Options](#), Workshop Sponsored by The Shores at Wesley Manor and Right at Home

March 14, 2013, [Older Adults Meet Monthly at Stockton College to Write Collective Memoir](#)

March 13, 2013, [Expert to Discuss Memory Regulation in Older Adults at Stockton College March 21](#)

March 8, 2013, [Stockton Center on Successful Aging Presents Lecture on Recognizing Dementia, Depression](#), Lecture Set for March 28

March 6, 2013, [Stockton Center on Successful Aging to Present "Now Hear This"](#)

March 6, 2013, [Stockton Center on Successful Aging Offers Financial Management Series for Older Adults](#)

February 27, 2013, [Stockton Center on Successful Aging Offers Workshop for Professionals With Latino Clients](#), Dr. Merydawilda Colon to Discuss Culturally Competent Practices with Latino Clients and Families

February 22, 2013, [SCOSA Presents Wool Felting Workshop](#)

February 19, 2013, [Stockton Center on Successful Aging Lecture to Discuss the Nature of Human Beliefs](#), Scholarly Research Lecture by Dr. Andrew B. Newberg Set for March 5

February 13, 2013, [Stockton Center on Successful Aging Announces First Wednesday Professional Lecture](#), Communicating With Hearing Impaired Elders at The Health Center at Galloway

February 13, 2013, [SCOSA to Present "Now Hear This"](#)

February 4, 2013, [Stockton Center on Successful Aging Announces Spring Semester Events, Seminars and Workshops for Older Adults](#)

January 30, 2013, [Stockton Center on Successful Aging to Present "Now-Hear This"](#) Free Hearing Screenings and Information Session

November 30, 2012, [Stockton Successful Aging Center Offers Holiday Craft Workshop for Seniors](#), December 8 at Noyes

November 8, 2012, [Stockton Center on Successful Aging Presents "Family Caregiving"](#) Information Workshop on Nov. 27

November 8, 2012, Gerontology Minor Awarded "Program of Merit"

November 1, 2012, [Stockton Center on Successful Aging Presents Holiday Bird Ornament Workshop](#) at Noyes Museum of Art

October 24, 2012, [Stockton Center on Successful Aging Partners with Arthritis Foundation](#) Free Seminar Set for October 30, 2012

October 4, 2012, [Stockton Center on Successful Aging Presents Lecture on LGBT Older Adults](#) Monday, October 8, 2012

October 2, 2012, ["Broken Trust: Responding to Financial Elder Abuse and Exploitation"](#) Seminar in Galloway on Oct. 24

September 27, 2012, ["Make a Serving Basket Workshop"](#) for Older Adults Saturday, October 27, 2012 at the Noyes Museum of Art

September 18, 2012, [SCOSA Partners with Right at Home to Present Free Professional Workshop](#) "Maintaining Professional Boundaries in Health Care Settings" Set for October 11, 2012

September 7, 2012, [Photography Workshop for Older Adults](#) on October 17

September 4, 2012, ["Savvy Saving Seniors"](#) Free Information Workshop for Older Adults on Sept. 19, 2012

August 27, 2012, ["First Wednesday" Lecture Series Resumes September 5](#) in Galloway Free Event for Health Care Professionals

July 5, 2012, [Stockton Center on Successful Aging Presents Free Money Management Session](#) for Seniors Set for July 26

# SCOSA Administration

## STAFF



### **David C. Burdick, Director**

[View C.V.](#)

David Burdick, a Professor of Psychology, joined Stockton's faculty in 1984 after earning a BA in psychology and environmental studies from Alfred University (1977), and a PhD (1983) in geropsychology from the University of Notre Dame. His community focus was nurtured as a staff member of Notre Dame's Center for Gerontological Education, Research, and Services and strengthened as a 1984 GSA Postdoctoral Fellow in Applied Gerontology. In 2005 he and Professor Linda Wharton led a year-long "Journey toward Democracy" project funded by the American Association of Colleges and Universities, designed to increase Stockton's intentionality and focus upon civic engagement and community partnerships.

A regular participant in community efforts as board member, trustee, or consultant, he has held leadership positions for several state and national organizations. NJ Governor Christine Todd Whitman named him in 1995 as a Delegate to the White House Conference on Aging and he facilitated a day-long session on "Quality of Life" for the NJ Delegation. A former president of the Society on Aging of New Jersey, he received the Society's 1997 Gerontologist of the Year Award. He currently serves on the Executive Committee and as Advancement Chair of the Association for Gerontology in Higher Education (AGHE). He is a Fellow of the Gerontological Society of America and AGHE.

His research interests centers on intergenerational relationships and technology and aging. Recent publications include a co-edited book (Gerotechnology: Research and practice in technology & aging Springer, 2005), Guest Editor of a Special Issue on Accreditation in Gerontology for the Journal of Gerontology & Geriatrics Education (2012, Vol. 33, #1), and co-authored chapters in two forthcoming books: Assistive technology & older adults, with Furphy & Lindstrom-Hazel, in Barney & Perkinson (Eds.) (In press). Occupational Therapy with Aging Adults: Enhancing Quality of Life through Collaborative Practice. San Diego: Elsevier; Use of technology in long-term care, with Kutzik, in Yee-Melichar, Cabigao & Flores (Eds). Long-Term Care Administration & Management: Options, Issues and Trends in Eldercare. NY: Springer.

### **Gina Maguire, MSW, LSW, SCOSA Program Assistant and Coordinator of Older Adult Programs in Ocean County**

[View C.V.](#)

Gina earned her Masters in Social Work from Monmouth University and her Bachelor of Arts in Sociology & Anthropology from Stockton. Gina is a Stockton Gerontology Adjunct Instructor. Her areas of expertise include: counseling, research, community outreach, biopsychosocial assessments, and HIPAA Compliance.

### **Anita Beckwith, Program Assistant, Coordinator of Older Adult Education Programs in Atlantic County (non-staff)**

Anita, a freelance photographer and graphic artist, has been working with SCOSA since its inception in 2007 and is responsible for newsletter, brochures, promotional materials and web-site design and production, database management, and over site of various SCOSA projects. Anita taught vocational horticulture at ACIT and was founder and director of the HBA, a non-profit environmental education organization.



### **Research Initiatives - Lisa Cox, Chair**

[View C.V.](#)

Dr. Cox, Associate Professor of Social Work received her PhD in Social Work and Social Policy and a graduate Certificate in Aging Studies from Virginia Commonwealth University's School of Social Work and School of Allied Health. Her research interests include the intersection of health issues with gerontology, spirituality, and family.



### **Education Initiatives - Christine Ferri, Chair**

[View C.V.](#)

Dr. Ferri is Coordinator of Gerontological Studies and Associate Professor of Psychology. She joined the Stockton faculty in 2005 after earning a BA in Psychology from Rutgers, a PhD in Clinical Psychology from Duke University and completing a Post-Doctoral Fellowship in Geropsychology at the UMDNJ School of Osteopathic Medicine. She served as Co-Vice President for Education of the Society on Aging of New Jersey from 2008-08, and has been faculty advisor to Stockton's Chapter of the Psi Chi Honor Society in Psychology.



### **Service Initiatives - Christine Gayda-Chelder, Chair**

[View C.V.](#)

Dr. Gayda-Chelder earned a PhD in Clinical Psychology with a subspecialty in Neuropsychology from Drexel University. She is an Assistant Professor of Psychology and New Jersey Licensed Psychologist in private practice who specializes in health psychology and neuropsychological assessment. She began teaching at Stockton in 1998 as an adjunct instructor. Areas of research include coping with grief, caregiver burden, and the neuropsychological assessment of dementia.

# SCOSA Administration

## ADVISORY BOARD

An Advisory Board of approximately 12 members play an integral role in planning and operating the Center. Commitments to serve on this board are currently being obtained.

*The current Board consists of:*

- Howard Berger, Honorary Member, Past-Chair, Atlantic County Senior Citizens Advisory Board (Northfield)
- Frank Blee, Director of Senior Services, Atlanticare
- Beth Bozzelli, Clerk of Board of Freeholders, Former Executive Director, Cape May County Office on Aging (Rio Grande)
- David Delaney, Reverend, Central United Methodist Church; Retired Public Affairs Specialist, Social Security Administration (Egg Harbor Township)
- Jennie Echo, COO, Family Service Association (Egg Harbor Township)
- John Emge, Executive Director, United Way of Atlantic County (Galloway Township)
- Marilu Gagnon, Director, Atlantic County Division of Intergenerational Services (Northfield)
- Lori Heberley, President, South Jersey Geriatric Care, P.C. (Somers Point)
- Joanne Kinsey, Family & Community Health Sciences Educator, Rutgers University Cooperative Extension of Atlantic & Ocean Counties (Mays Landing)
- Joanne Leichte, Director of Customer Relations, Southern Ocean County Medical Center(Manahawkin)
- Elyse Perweiler, Associate Director, NJ Geriatric Education Center, New Jersey Institute for Successful Aging, Rowan University (Stratford)

## GERO Faculty

- Linda Aaronson, EdD, Associate Professor of Nursing
- John Bulevich, PhD, Assistant Professor of Psychology, SCOSA Research Fellow
- David C. Burdick, PhD, Professor of Psychology, SCOSA Director
- William Cabin, PhD, JD, Assistant Professor of Social Work
- Elizabeth G. Calamidas, PhD, Associate Professor of Public Health
- Merydawilda Colón, PhD, L.S.W., Associate Professor of Social Work
- Lisa E. Cox, PhD, LCSW, Associate Professor of Social Work, SCOSA Research Chair
- Nancy Taggart Davis, PhD, Professor of Pathology
- Elizabeth A. Elmore, PhD, Professor of Economics
- Christine V. Ferri, PhD, Associate Professor of Psychology, SCOSA Education Chair
- Jessica Fleck, PhD, Associate Professor of Psychology, SCOSA Research Fellow
- William C. Jaynes IV, MSW, Professor of Social Work and Africana Studies
- Janice O. Joseph, PhD, Professor of Criminal Justice
- Marcello Spinella, PhD, Associate Professor of Psychology
- Ralph E. Werner, VMD, Associate Professor of Biology

## Associated Faculty

- Cheryl R. Kaus, PhD, Professor of Psychology, Dean, School of Social and Behavioral Sciences
- Dee McNeely-Greene, PhD, Associate Vice President for Student Affairs
- Marjorie Taylor, AuD, CCC-A, Assistant Professor, Speech Pathology and Audiology, SCOSA Research Fellow

**Stockton Center on Successful Aging  
Richard Stockton College of New Jersey  
101 Vera King Farris Drive, Galloway, NJ 08205  
609.652.4311 609.626.3591 Fax: 609.626.3620  
David.burdick@stockton.edu www.stockton.edu/scosa**