



U.S. Department of Health and Human Services  
Administration for Children and Families  
Office of Family Assistance



## NRFC Webinar Series

### *Working with Young Fathers: Tips from the Field (March 22, 2017)*

#### Helpful Resources

- [Serving and Engaging Males and Young Fathers](#)
  - This list of resources was compiled in 2016 by the Pregnancy Assistance Fund (PAF), which is managed by the U.S. Department of Health and Human Services' Office of Adolescent Health.
  - One of the resources, the [Introductory Toolkit to Serving Young Fathers](#), provides information about recruitment and retention; statistics on how young fathers make a difference; an assessment and checklist for organizations; and a program activities workbook.
- [Changing Systems & Practice to Improve Outcomes For Young Fathers, Their Children & Their Families](#)
  - This January 2017 report from the Center for the Study of Social Policy provides:
    - Recommendations for child welfare system policy and practice changes that recognize the critical role young fathers can play in improving the outcomes of their children and families.
    - Links to practice guides and other resources with general information on working with young fathers.
  - Along with the report, CSSP released a new video, [Effectively Engaging Young Fathers in Child Welfare](#), which highlights the voices of three young fathers who share their experiences and provide recommendations for child welfare system leaders on how to strengthen father engagement.
- [Young dads get nonprofit treatment: Fathers find support in New Mexico](#)
  - A recent article about the Young Fathers of Santa Fe program (Salon.com, January 5, 2017).
- [Youth Health Literacy Guide – 2016: Tools for Expectant and Parenting Teens](#)
  - This guide was developed by the New Mexico Alliance for School-Based Health Care.
  - Chapter 4, *Special Information for Teen Fathers*, includes tips and resources for fathers on post-natal health issues, breastfeeding, fathers' role in child literacy development, and a "crying baby flowchart."

[National Responsible Fatherhood Clearinghouse](#) resources include:

- [Promising Teen Fatherhood Programs: Initial Evidence Lessons From Evidence-Based Research](#)
  - This NRFC research brief by Jacinta Bronte-Tinkew, Mary Burkhauser, and Allison Metz (2008) presents 10 promising practices for working with teen fathers.
- A 2008 webinar, [Promising Practices: Working with Teen Fathers](#)
- [Responsible Fatherhood Toolkit: Resources From the Field](#)
  - The toolkit section on Working with Young Fathers includes a list of additional Helpful Resources.
  - The materials on the following page are also cited in the toolkit and may be helpful:

**Take Time to Be a Dad Today**

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[facebook.com/fatherhoodgov](https://www.facebook.com/fatherhoodgov)



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### Additional references with information and resources for practitioners working with young fathers

- Achatz, M., & MacAllum, C. (1994). [\*The young unwed fathers pilot project: Report from the field\*](#). Public/Private Ventures: Philadelphia, PA.
- Cundy, J. (2013). [\*Are we nearly there yet, dad? Supporting young dads' journeys through fatherhood\*](#). Bernardo's: Ilford, UK.
- Edelman, P., Holzer, H. J., & Offner, P. (2006). *Reconnecting disadvantaged young men*. Washington, DC: Urban Institute Press.
- Elster, A. B., & Hendricks, L. (1986). *Stresses and coping strategies of adolescent fathers* (pp. 55-60), in Elster, A. B., & Lamb, M. E. (eds).
- Kahn, J. S., & Bolton, F. G., Jr. (1986). *Clinical issues in adolescent fatherhood* (pp. 143-4), in Elster, A. B., & Lamb, M. E. (eds). *Adolescent fatherhood*. Lawrence Erlbaum Associates: Hillsdale, NJ.
- Robinson, B. (1988). *Teenage fathers*. D.C. Heath and Company: Lexington, MA.
- Sander, J. H., & Rosen, J. L. (1987). Teenage fathers: Working with the neglected partner in adolescent childbearing. *Family Planning Perspectives*, 19(3), 107-110.
- Scott, M.E, Steward-Streng, N. R., Manlove, J., & Moore, K.A. (2012). [\*The characteristics and circumstances of teen fathers: At the birth of their first child and beyond\*](#). *Child Trends Research Brief*, No. 2012-19. Child Trends: Washington, DC.
- Sullivan, M. (1990). *The male role in teenage pregnancy and parenting: New directions for public policy*. Vera Institute of Justice: New York, NY.
- Quinton, D., Pollock, S., & Golding, J. (2002). [\*The transition to fatherhood in young men\*](#). *Research Briefing 8*. Economic & Social Research Council: Brighton, UK.