

ANNUAL REPORT MA in Counseling Submitted by Sara Martino, Professor, Director, MA in Counseling



A. PROGRAM GOALS

In last year's annual report the following goals were set for the coming year (progress indicated in italics):

1. To successfully submit and be reviewed by CACREP and to ultimately become an accredited institution.

We successfully submitted our self-study in the fall of 2020 and have received feedback from CACREP on that report. We will be working on the addendum this summer with a fall of 2021 submission deadline. We hope to have a site review and get the results of our accreditation application by the spring of 2022.

2. Recruit faculty to increase our faculty in the program and to allow for more students enrolled in the program

We were not granted any new faculty lines for this coming year so we have been unable to expand our program at this time.

3. To increase our community contacts and relationships to allow for student placements and to meet community needs.

We successfully partnered with Stockton's Center for Successful Aging (SCOSA). SCOSA has received a 4-year sub-contract from the Rowan School of Osteopathic Medicine, NJ Institute for Successful Aging (NJISA) to enhance screening and care for older adults living in affordable housing. We placed one first year student working with an interdisciplinary team to offer screenings and some counseling at area nursing homes. We will continue to build upon this partnership over the next four years.

In addition, we have broadened our community reach to several different agencies in South Jersey. We have also been working the Boys and Girls Club of Atlantic City to write a grant for an LPC to bring more counseling into the program and potentially place future counseling students there.

4. Hold at least one information session for students wanting to apply to the program.

We did hold a virtual open house session in the fall of 2020. We hope to hold information sessions again in person this coming fall, 2021.



B. ENROLLMENT AND TEACHING

1. student enrollment

In the 2021 admissions cycle, we admitted 21 students into the program. We did have some attrition after the admissions process which led to the slightly smaller cohort, likely due to COVID. Therefore, we had a total of 44 students in the fall term, with 23 students in the second year of the program. In the spring of 2021, we lost two more first year student but gained back a student who had previously taken a leave of absence for a total of 43 students enrolled in spring 2021.

In terms of demographics of our students in 2020-2021, we had a student body that was 72% Caucasian, 16% Latino/Hispanic, 5% multiracial, 5% African American, and 2% Asian. In terms of gender, we have a student body that is 74% female. Overall, our demographics are representative of the undergraduate population at Stockton and while we should strive for more diversity in our program, our program does not lack diversity.

2. course enrollment

In the 2020-2021, our course enrollment was consistently reflective of the numbers in each cohort (23 and 20 respectively) with the exception of elective courses. Our electives also had strong enrollments across the board such as 17 in COUN 5523 and 14 in COUN 5560.

3.faculty teaching patterns

All of courses are typically taught by our core faculty members with few exceptions. Across all courses offered in the fall and spring of this past year, only 17% were offered by faculty outside of the program. Those courses were solely offered by other full time faculty from the Psychology program. A listing of all courses offered by faculty is included below:



Courses taught 2020-2021 by faculty member

| COUN 5110 | MARTINO |
|----------------|--------------------------------------|
| COUN 5115 | SAPPIO |
| COUN 5120 | KALIBATSEVA (PSYCHOLOGY FACULTY) |
| COUN 5125 | SAPPIO |
| COUN 5205 | BATTLE |
| COUN 5215 | LYKE (PSYCHOLOGY FACULTY) AND SAPPIO |
| COUN 5220 | MARTINO |
| COUN 5523 | CHELDER (PSYCHOLOGY FACULTY) |
| COUN 5560 | SMITH |
| COUN 5901/5902 | SMITH AND BATTLE |
| COUN 5135 | SAPPIO |
| COUN 5140 | SAPPIO |
| COUN 5210 | BATTLE |
| COUN 5225 | BATTLE |
| COUN 5230 | MARTINO |
| COUN 5522 | WHITE (PSYCHOLOGY FACULTY) |
| COUN 5525 | SAPPIO |
| COUN 5900 | SMITH AND MARTINO |



- C. **STUDENT LEARNING OUTCOMES**: Provide a list of program learning student outcomes (PLSOs).
- 1. Briefly summarize the program's overall Assessment Plan (include an assessment matrix or curriculum map only if curricular changes have occurred).

Because of accreditation requirements by CACREP, we have to include assessment on the eight core areas of instruction as outlined in the CACREP professional standards. A curriculum map is included for the 2020-2021 school year in **appendix A**.

2. Identify which PLSO or PLSOs were assessed this year

All program learning goals are assessed each year as required by CACREP. A copy of the rubric results from the 2019-2020 school year is included in **appendix B.** We will be working on the 2020-2021 data this summer.

3. Specify the measures or instruments used to conduct this assessment:

Direct (e.g., portfolio, common items on an exam, performances)

Our direct measures include our rubrics scores on relevant objectives per course. The scores are summarized in **appendix B** as mentioned above. Additionally, we give a comprehensive examination and we will be using the data to inform curricular changes in the future. For now, the breakdown of comprehensive scores, both the quantitative and qualitative results, may be found in **appendix C**. All names were removed from the data chart.

Indirect (e.g., surveys, focus groups, perceptions)

Our main method of indirect data collection on the curriculum may be found in the clinical skills evaluations. This provides students with the opportunity to assess their own knowledge and clinical skills based on their experiences in classes as well as Practicum and Internship.

We also collect data on the University supervision based on the perceptions of the students. They report on the preparation provided by faculty for their clinical experiences, which also informs supervision in addition to classroom instruction. The summary report from the University supervision survey may be found in **appendix D**.

4. Reflect on the results of this assessment and how they demonstrate successful completion of PLSOs (please provide example/s of successful application or challenges). Please include any relevant data, as well as a reflective summary.

For our first full year of the program, students made significant progress on program objectives in most of the required courses in the program. There is room for improvement, for example, the average score on objectives for the Psychopathology course was 2.975, where we would prefer scores to meet a minimum standard of 3 (3 =



Advanced Emerging Competence: competence beyond that expected for the level of training (i.e., 1st or 2nd year) but not yet complete mastery of the material/construct).

The application of CACREP standards to assignments/tasks in each class has been successful and it gives the program very concrete measures for reviewing curriculum. The biggest challenge to our data collection process is time; we need more data to find out (as in the case of Psychopathology) what changes need to be made in teaching or if the students are not meeting the standard set forth by the program.

5. Outline what action(s) the program plans to take based on results. Examples might include professional development, curricular re-sequencing, curricular additions or deletions, revision of student learning outcomes, selection of different assessment tool, etc.

Our main focus for 2021-2022 is to continue collecting data on both the course objectives and on the comprehensive examination before making any changes. While these scores will inform curricular changes in the future, at this time we are building the program and need to assess the students over a few years in order to determine a baseline and make changes accordingly.

D. CURRICULUM

Our program has not made any curricular changes, not will we make any changes until after our accreditation process is finished. All of our faculty focus on core courses in our program, so we do not have any offerings for the General Studies curriculum with the exception of one course. GSS 2337 Gender and Aggressive Behavior was taught by Sara Martino in the summer of 2021.

Erin Sappio is our project lead on Interprofessional Education conference experience with Stockton University as well as leading the Afri-VIPE (Virtual Interprofessional Education) event in October 2020. Sara Martino and Elyssa Smith served as faculty facilitators for this event as well. Erin recently helped to facilitate an Interprofessional Education conference on June 4th with some members from the Stockton community as well as outside schools.

Scholarship activities over the past year:

Sappio, E., Barrows, M. & Smith, E. (submitted). School counselors' insights into meaningful SEL programming. *Journal of Education*.

Sappio, E., & Tominberg, J. (submitted). Cinematherapy: A creative intervention in counseling. *Journal of Creativity in Mental Health*.

Showstark, M., **Sappio, E.**, Schweickerdt, L., & Nyoni, C. (submitted). SP Role in Virtual IPE. *Journal of Interprofessional Education and Practice*.



Bellin, Z., **Sappio, E.**, Flinn, R.E., Srisuppak, D., Miller, K., Castillo, Y.A., & Ross, A. (submitted). Counseling research as caring: Lessons from group contemplative practice. *Journal for Social Action in Counseling and Psychology*.

Sappio, E., Bellin, Z., & Castillo, Y.A. (Feb, 2021). *Unintentional Benefits* of Contemplative-Reflexive Practice: Implications for School Psychologist Supervision and Mentorship. Poster presented at the 2021 Annual Convention for the National Association of School Psychologists. Virtual.

Showstark, M., Ricks, E., Wiss, A.Pitout, H., Cavezza, R., & **Sappio, E.** (Jan 8, 2021). *Afri-VIPE a multi-country virtual interprofessional educational experience*. Paper presented at the 3rd European Conference of Health Workforce Education & Research Hosted by International Network of Health Workforce Education (INHWE). Virtual.

• This presentation was chosen as the winner of the inaugural Lesley Diack Award by the INHWE Board

Smith, E., & Mangin, J. (April 2021). Considering the Therapeutic Internalization Process in Counseling and Psychotherapy. American Counseling Association Virtual Conference.

Smith, E. B. & Luke, M. M. (In-press, June 2021). Constructing Identity and Meaning through Narrative. Journal of Constructivist Psychology.

Smith, E. B., & Luke, M. (July 2021- In press) A call for radical reflexivity in counseling qualitative research. Counselor Education & Supervision.

Smith, E. B., Carnes-Holt, K., Barrows, M. & McKim, C. (2021). Impact of play therapy on students in counselor preparation programs. International Journal of Play Therapy. Advance online publication. https://doi.org/10.1037/pla0000143

E. DIVERSITY, INCLUSION AND ANTI-RACISM

As mentioned in the student enrollment section of the report, while we are not the most diverse of programs, we do have a sample of students that is representative of the University overall. There are many ways to measure diversity, and there are ways that our program is diverse in comparison to other graduate programs in Counseling as well. We do have a fairly high percentage of first generation college students at Stockton and this was one of the features about our program that CACREP mentioned in terms of diversity of our student body.

We also have many parts of our training program that promote diversity awareness and anti-racism. We teach a course in both Multicultural Counseling and Counseling



Women, where we discuss issues of discrimination and racism/sexism, as well as teach students about identity development, such as feminist identity development and racial minority identity development.

We also strive as a program to grant our students exposure to diverse populations in the settings they choose for Practicum and Internship. We discuss issues of race and other differences in the clinical classes, as well as University supervision, to allow students to examine their own biases when working with clients.

F. PROGRAM GOALS

Our goals for the upcoming year include the following:

- 1. To bring to a close the CACREP accreditation process in the spring of 2022, and hopefully secure a multi-year accreditation. We will be focusing on this process throughout the coming year.
- 2. To continue to grow our community connections in order to attract a diverse pool of applicants to our program as well as to broaden Stockton's community reach.
- 3. To hold at least one in-person open house this coming year.

G. PROGRAM RESOURCES

| Program requestor | Purpose | Amount | Comments, if any |
|-------------------|--------------------------|----------------------|-------------------------|
| COUN-Martino | Ellis Trip | \$1270 | Students to buy tix |
| COUN-Martino | Accreditation site visit | \$1200 (\$4000 grant | Additional funds if |
| | | money) | needed |
| COUN-Martino | Supervision | 2 TCH per supervisor | 5 supervisors needed |
| COUN-Martino | Food for open house | \$500 | |
| | event | | |
| COUN-Martino | End of year | \$600 | Food for students/staff |
| | celebration event | | |



Appendix A

| 1. PROFESSIONAL ORIENTA | TION AND ETHICAL PRACTICE | |
|---|---|--|
| a. history and philosophy of the c | ounseling profession and its specialty areas | |
| Course | COUN 5125: Legal and Ethical Issues | |
| Course (CMHC) | COUN 5205: Foundations of Mental Health Counseling | |
| b. the multiple professional roles | and functions of counselors across specialty areas, and | |
| their relationships with human service and integrated behavioral health care systems, | | |
| including interagency and inter-o | organizational collaboration and consultation. | |
| Course | COUN 5125: Legal and Ethical Issues | |
| Course (CMHC) | COUN 5205: Foundations of Mental Health Counseling | |
| c. counselors' roles and responsib | oilities as members of an interdisciplinary emergency | |
| management response team | | |
| Course | COUN 5320: Substance Abuse Counseling | |
| d. the role and process of the prof | fessional counselor advocating on behalf of the | |
| profession | | |
| Course | COUN 5125: Legal and Ethical Issues | |
| | COUN 5210: Multicultural Counseling | |
| | COUN 5310: Lifespan Development | |
| Course (CMHC) | COUN 5205: Foundations of Mental Health Counseling | |
| e. advocacy processes needed to a | ddress institutional and social barriers that impede | |
| access, equity, and success for clie | | |
| Course | COUN 5125: Legal and Ethical Issues | |
| | | |
| | COUN 5210: Multicultural Counseling | |
| | COUN 5210: Multicultural Counseling COUN 5310: Lifespan Development | |
| Course (CMHC) | COUN 5210: Multicultural Counseling COUN 5310: Lifespan Development COUN 5205: Foundations of Mental Health Counseling | |
| f. professional counseling organiz | COUN 5210: Multicultural Counseling COUN 5310: Lifespan Development COUN 5205: Foundations of Mental Health Counseling rations, including membership benefits, activities, | |
| f. professional counseling organiz services to members, and current | COUN 5210: Multicultural Counseling COUN 5310: Lifespan Development COUN 5205: Foundations of Mental Health Counseling rations, including membership benefits, activities, rissues | |
| f. professional counseling organiz | COUN 5210: Multicultural Counseling COUN 5310: Lifespan Development COUN 5205: Foundations of Mental Health Counseling rations, including membership benefits, activities, | |
| f. professional counseling organiz services to members, and current Course Course (CMHC) | COUN 5210: Multicultural Counseling COUN 5310: Lifespan Development COUN 5205: Foundations of Mental Health Counseling rations, including membership benefits, activities, rissues COUN 5125: Legal and Ethical Issues COUN 5205: Foundations of Mental Health Counseling | |
| f. professional counseling organiz services to members, and current Course Course (CMHC) g. professional counseling credent | COUN 5210: Multicultural Counseling COUN 5310: Lifespan Development COUN 5205: Foundations of Mental Health Counseling rations, including membership benefits, activities, rissues COUN 5125: Legal and Ethical Issues COUN 5205: Foundations of Mental Health Counseling tialing, including certification, licensure, and | |
| f. professional counseling organiz services to members, and current Course Course (CMHC) g. professional counseling credent | COUN 5210: Multicultural Counseling COUN 5310: Lifespan Development COUN 5205: Foundations of Mental Health Counseling rations, including membership benefits, activities, rissues COUN 5125: Legal and Ethical Issues COUN 5205: Foundations of Mental Health Counseling tialing, including certification, licensure, and ards, and the effects of public policy on these issues | |
| f. professional counseling organiz services to members, and current Course Course (CMHC) g. professional counseling credent | COUN 5210: Multicultural Counseling COUN 5310: Lifespan Development COUN 5205: Foundations of Mental Health Counseling attions, including membership benefits, activities, issues COUN 5125: Legal and Ethical Issues COUN 5205: Foundations of Mental Health Counseling tialing, including certification, licensure, and ards, and the effects of public policy on these issues COUN 5125: Legal and Ethical Issues | |
| f. professional counseling organiz services to members, and current Course Course (CMHC) g. professional counseling credent accreditation practices and stand | COUN 5210: Multicultural Counseling COUN 5310: Lifespan Development COUN 5205: Foundations of Mental Health Counseling rations, including membership benefits, activities, rissues COUN 5125: Legal and Ethical Issues COUN 5205: Foundations of Mental Health Counseling tialing, including certification, licensure, and ards, and the effects of public policy on these issues | |
| f. professional counseling organiz services to members, and current Course Course (CMHC) g. professional counseling credent accreditation practices and stand Course Course (CMHC) | COUN 5210: Multicultural Counseling COUN 5310: Lifespan Development COUN 5205: Foundations of Mental Health Counseling attions, including membership benefits, activities, issues COUN 5125: Legal and Ethical Issues COUN 5205: Foundations of Mental Health Counseling tialing, including certification, licensure, and ards, and the effects of public policy on these issues COUN 5125: Legal and Ethical Issues | |
| f. professional counseling organiz services to members, and current Course Course (CMHC) g. professional counseling credent accreditation practices and stand Course Course (CMHC) | COUN 5210: Multicultural Counseling COUN 5310: Lifespan Development COUN 5205: Foundations of Mental Health Counseling rations, including membership benefits, activities, rissues COUN 5125: Legal and Ethical Issues COUN 5205: Foundations of Mental Health Counseling rations, including certification, licensure, and rads, and the effects of public policy on these issues COUN 5125: Legal and Ethical Issues COUN 5125: Legal and Ethical Issues COUN 5205: Foundations of Mental Health Counseling | |
| f. professional counseling organizes ervices to members, and current Course Course (CMHC) g. professional counseling credent accreditation practices and stand Course Course (CMHC) h. current labor market informate counseling profession Course | COUN 5210: Multicultural Counseling COUN 5310: Lifespan Development COUN 5205: Foundations of Mental Health Counseling ations, including membership benefits, activities, issues COUN 5125: Legal and Ethical Issues COUN 5205: Foundations of Mental Health Counseling tialing, including certification, licensure, and ards, and the effects of public policy on these issues COUN 5125: Legal and Ethical Issues COUN 5205: Foundations of Mental Health Counseling ion relevant to opportunities for practice within the | |
| f. professional counseling organizes ervices to members, and current Course Course (CMHC) g. professional counseling credent accreditation practices and stand Course Course (CMHC) h. current labor market informate counseling profession Course i. ethical standards of professional | COUN 5210: Multicultural Counseling COUN 5310: Lifespan Development COUN 5205: Foundations of Mental Health Counseling rations, including membership benefits, activities, rissues COUN 5125: Legal and Ethical Issues COUN 5205: Foundations of Mental Health Counseling tialing, including certification, licensure, and ards, and the effects of public policy on these issues COUN 5125: Legal and Ethical Issues COUN 5205: Foundations of Mental Health Counseling | |



| Course | COUN 5125: Legal and Ethical Issues | |
|---|--|--|
| | COUN 5210: Multicultural Counseling | |
| | COUN 5310: Lifespan Development | |
| Course (CMHC) | COUN 5205: Foundations of Mental Health Counseling | |
| j. technology's impact on the counseling profession | | |
| Course | COUN 5125: Legal and Ethical Issues | |
| k. strategies for personal and professional self-evaluation and implications for practice | | |
| Course | COUN 5125: Legal and Ethical Issues | |
| l. self-care strategies appropriate to the counselor role | | |
| Course | COUN 5125: Legal and Ethical Issues | |
| m. the role of counseling supervision in the profession | | |
| Course | COUN 5110: Prepracticum | |

| 2. SOCIAL AND CULTURAL DIVERSITY | | |
|--|---|--|
| a. multicultural and pluralistic characteristics within and among diverse groups | | |
| nationally and internationally | | |
| Course | COUN 5210: Multicultural Counseling | |
| b. theories and models of multicult | ural counseling, cultural identity development, and | |
| social justice and advocacy | | |
| Course | COUN 5210: Multicultural Counseling | |
| c. multicultural counseling compete | encies | |
| Course | COUN 5125: Legal and Ethical Issues | |
| | COUN 5210: Multicultural Counseling | |
| | COUN 5310: Lifespan Development | |
| Course (CMHC) | COUN 5205: Foundations of Mental Health Counseling | |
| d. the impact of heritage, attitudes, | beliefs, understandings, and acculturative | |
| experiences on an individual's views of others | | |
| Course | COUN 5210: Multicultural Counseling | |
| | COUN 5524: Counseling Women | |
| e. the effects of power and privilege for counselors and clients | | |
| Course | COUN 5210: Multicultural Counseling | |
| | COUN 5524: Counseling Women | |
| f. help-seeking behaviors of diverse clients | | |
| Course | COUN 5210: Multicultural Counseling | |
| | COUN 5524: Counseling Women | |
| g. the impact of spiritual beliefs | | |
| Course | COUN 5210: Multicultural Counseling | |
| h. strategies for identifying and elim | ninating barriers, prejudices, and processes of | |
| intentional and unintentional oppression and discrimination | | |



| Course | COUN 5125: Legal and Ethical Issues |
|---------------|---|
| | COUN 5210: Multicultural Counseling |
| | COUN 5310: Lifespan Development |
| | COUN 5205: Foundations of Mental Health |
| Course (CMHC) | Counseling |

| 3. HUMAN GROWTH AND DEVELOPMENT | | |
|--|--|--|
| a. theories of individual and family development across the lifespan | | |
| Course | COUN 5310: Lifespan Development | |
| b. theories of learning | | |
| Course | COUN 5310: Lifespan Development | |
| c. theories of normal and abnormal personality development | | |
| Course | COUN 5310: Lifespan Development | |
| d. theories and etiology of addiction | s and addictive behavior | |
| Course | COUN 5230: Substance Abuse Counseling | |
| e. biological, neurological, and phys | iological factors that affect human development, | |
| functioning, and behavior | | |
| Course | COUN 5310: Lifespan Development | |
| f. systemic and environmental factors that affect human development, functioning, and | | |
| behavior | | |
| Course | COUN 5310: Lifespan Development | |
| g. effects of crisis, disasters, and trauma on diverse individuals across the lifespan | | |
| Course | COUN 5230: Substance Abuse Counseling | |
| h. a general framework for understanding differing abilities and strategies for | | |
| differentiated interventions | | |
| Course | COUN 5110: Prepracticum | |
| Course (CMHC) | COUN 5220: Couples and Family Counseling | |
| i. ethical and culturally relevant strategies for promoting resilience and optimum | | |
| development and wellness across the lifespan | | |
| Course | COUN 5310: Lifespan Development | |

| 4. CAREER DEVELOPMENT | |
|--|------------------------------|
| a. theories and models of career development, counseling, and decision making | |
| Course COUN 5225: Career Counseling | |
| b. approaches for conceptualizing the interrelationships among and between work, | |
| mental well-being, relationships, and other life roles and factors | |
| Course | COUN 5225: Career Counseling |



| c. processes for identifying and using career, avocational, educational, occupational, and | | |
|--|---|--|
| labor market information resources, technology, and information systems | | |
| Course | COUN 5225: Career Counseling | |
| d. approaches for assessing the conditions of the work environment on clinets' life | | |
| experiences | | |
| Course | COUN 5225: Career Counseling | |
| e. strategies for assessing abilities, in | terests, values, personality and other factors that | |
| contribute to career development | | |
| Course | COUN 5225: Career Counseling | |
| f. strategies for career development | program planning, organization, implementation, | |
| administration, and evaluation | | |
| Course | COUN 5225: Career Counseling | |
| g. strategies for advocating for diverse clients' career and educational development and | | |
| employment opportunities in a global community | | |
| Course | COUN 5225: Career Counseling | |
| h. strategies for facilitating client skill development for career, educational, and life-work | | |
| planning and management | | |
| Course | COUN 5225: Career Counseling | |
| i. methods of identifying and using assessment tools and techniques relevant to career | | |
| planning and decision making | | |
| Course | COUN 5225: Career Counseling | |
| j. ethical and culturally relevant strategies for addressing career development | | |
| Course | COUN 5225: Career Counseling | |

| 5. COUNSELING AND HELPING RELATIONSHIPS | | |
|--|--|--|
| a. theories and models of counseling | | |
| Course | COUN 5110: Prepracticum | |
| Course (CMHC) | COUN 5220: Couples and Family Counseling | |
| b. a systems approach to conceptual | izing clients | |
| Course | COUN 5110: Prepracticum | |
| | COUN 5115: Theories of Counseling | |
| | COUN 5220: Couples and Family Counseling | |
| c. theories, models, and strategies for understanding and practicing consultation | | |
| Course | COUN 5225: Career Counseling | |
| | COUN 5205: Foundations of Mental Health | |
| | Counseling | |
| d. ethical and culturally relevant strategies for establishing and maintaining in-person | | |
| and technology-assisted relationships | | |



| Course | COUN 5125: Legal and Ethical Issues |
|--|--|
| | COUN 5210: Multicultural Counseling |
| | COUN 5205: Foundations of Mental Health |
| Course (CMHC) | Counseling |
| e. the impact of technology on the co | ounseling process |
| Course | COUN 5125: Legal and Ethical Issues |
| f. counselor characteristics and behavior | aviors that influence the counseling process |
| Course | COUN 5110: Prepracticum |
| | COUN 5115: Theories of Counseling |
| Course (CMHC) | COUN 5220: Couples and Family Counseling |
| g. essential interviewing counseling, | and case conceptualization skills |
| Course | COUN 5110: Prepracticum |
| | COUN 5115: Theories of Counseling |
| Course (CMHC) | COUN 5220: Couples and Family Counseling |
| h. developmentally relevant counsel | ing treatment or intervention plans |
| Course | COUN 5135: Assessment and Testing |
| | COUN 5140: Statistics and Research |
| Course (CMHC) | COUN 5205: Foundations of Mental Health |
| | Counseling |
| | COUN 5120: Psychopathology |
| i. development of measurable outco | mes for clients |
| Course | COUN 5135: Assessment and Testing |
| | COUN 5140: Statistics and Research |
| Course (CMHC) | COUN 5205: Foundations of Mental Health |
| | Counseling |
| | COUN 5120: Psychopathology |
| j. evidence-based counseling strateg | ies and techniques for prevention and intervention |
| Course | COUN 5110: Prepracticum |
| | COUN 5115: Theories of Counseling |
| Course (CMHC) | COUN 5220: Couples and Family Counseling |
| | rstanding of and access to a variety of community- |
| based resources | |
| Course | COUN 5125: Legal and Ethical Issues |
| l. suicide prevention models and strategies | |
| | |
| Course | COUN 5110: Prepracticum |
| Course | COUN 5230: Substance Abuse Counseling |
| Course m. crisis intervention, trauma-infor | <u> </u> |
| Course | COUN 5230: Substance Abuse Counseling |



| n. processes for aiding students in developing a personal model of counseling | |
|---|--|
| Course | COUN 5110: Prepracticum |
| | COUN 5115: Theories of Counseling |
| Course (CMHC) | COUN 5220: Couples and Family Counseling |

| 6. GROUP COUNSELING AND GROUP WORK | | | | | | |
|--|-----------------------------|--|--|--|--|--|
| a. theoretical Foundations of Mental Health Counseling of group counseling and group | | | | | | |
| work | | | | | | |
| Course | COUN 5125: Group Counseling | | | | | |
| b. dynamics associated with group process and development | | | | | | |
| Course COUN 5125: Group Counseling | | | | | | |
| c. therapeutic factors and how they contribute to group effectiveness | | | | | | |
| Course | COUN 5125: Group Counseling | | | | | |
| d. characteristics and functions of effective group leaders | | | | | | |
| Course | COUN 5125: Group Counseling | | | | | |
| e. approaches to group formation, including recruiting, screening, and selecting members | | | | | | |
| Course | COUN 5125: Group Counseling | | | | | |
| f. types of groups and other considerations that affect conducting groups in varied | | | | | | |
| settings | | | | | | |
| Course | COUN 5125: Group Counseling | | | | | |
| g. ethical and culturally relevant strategies for designing and facilitating groups | | | | | | |
| Course | COUN 5125: Group Counseling | | | | | |
| h. direct experiences in which students participate as group members in a small group | | | | | | |
| activity, approved by the program, for a minimum of 10 clock hours over the course of | | | | | | |
| one academic term | | | | | | |
| Course | COUN 5125: Group Counseling | | | | | |

| 7. ASSESSMENT AND TESTING | | | | | | |
|---|-----------------------------------|--|--|--|--|--|
| a. historical perspectives concerning the nature and meaning of assessment and testing in | | | | | | |
| counseling | | | | | | |
| Course | COUN 5135: Assessment and Testing | | | | | |
| b. methods of effectively preparing for and conducting initial assessment meetings | | | | | | |
| Course | COUN 5135: Assessment and Testing | | | | | |
| c. procedures for assessing risk of aggression or danger to others, self-inflicted harm, or | | | | | | |
| suicide | | | | | | |
| Course | COUN 5135: Assessment and Testing | | | | | |
| d. procedures for identifying trauma and abuse and for reporting abuse | | | | | | |



| Course | COUN 5125: Legal and Ethical Issues | | | | | |
|---|--|--|--|--|--|--|
| | COUN 5230: Substance Abuse Counseling | | | | | |
| e. use of assessments for diagnostic and intervention planning purposes | | | | | | |
| Course | COUN 5135: Assessment and Testing | | | | | |
| | COUN 5140: Statistics and Research | | | | | |
| Course (CMHC) | COUN 5205: Foundations of Mental Health | | | | | |
| | Counseling | | | | | |
| | COUN 5120: Psychopathology | | | | | |
| f. basic concepts of standardized and | non-standardized testing, norm-referenced and | | | | | |
| criterion-referenced assessments, and | d group and individual assessments | | | | | |
| Course | COUN 5135: Assessment and Testing | | | | | |
| g. statistical concepts, including scale | es of measurement, measures of central tendency, | | | | | |
| indices of variability, shapes and type | es of distributions, and correlations | | | | | |
| Course | COUN 5135: Assessment and Testing | | | | | |
| h. reliability and validity in the use of | f assessments | | | | | |
| Course | COUN 5135: Assessment and Testing | | | | | |
| i. use of assessments relevant to acad | emic/educational, career, personal, and social | | | | | |
| development | | | | | | |
| Course | COUN 5135: Assessment and Testing | | | | | |
| j. use of environmental assessments a | and systematic behavioral observations | | | | | |
| Course | COUN 5135: Assessment and Testing | | | | | |
| k. use of symptom checklists, and per | rsonality and psychological testing | | | | | |
| Course | COUN 5135: Assessment and Testing | | | | | |
| l. use of assessment results to diagnos | se developmental, behavioral, and mental disorders | | | | | |
| Course | COUN 5135: Assessment and Testing | | | | | |
| | COUN 5140: Statistics and Research | | | | | |
| Course (CMHC) | COUN 5205: Foundations of Mental Health | | | | | |
| | Counseling | | | | | |
| | COUN 5120: Psychopathology | | | | | |
| m. ethical and culturally relevant str | ategies for selecting, administering, and interpreting | | | | | |
| assessment and test results | | | | | | |
| Course | COUN 5135: Assessment and Testing | | | | | |
| | - | | | | | |



| 8. RESEARCH AND PROC | |
|--------------------------------|--|
| • | ch in advancing the counseling profession, including how to |
| critique research to inform | |
| Course | COUN 5135: Assessment and Testing |
| | COUN 5140: Statistics and Research |
| Course (CMHC) | COUN 5205: Foundations of Mental Health |
| | Counseling |
| | COUN 5120: Psychopathology |
| b. identification of evidence | e-based counseling practices |
| Course | COUN 5140: Statistics and Research |
| c. needs assessments | |
| Course | COUN 5140: Statistics and Research |
| d. development of outcome | measures for counseling programs |
| Course | COUN 5140: Statistics and Research |
| e. evaluation of counseling | interventions and programs |
| Course | COUN 5140: Statistics and Research |
| f. qualitative, quantitative, | and mixed research methods |
| Course | COUN 5140: Statistics and Research |
| g. designs used in research | and program evaluation |
| Course | COUN 5140: Statistics and Research |
| h. statistical methods used i | n conducting research and program evaluation |
| Course | COUN 5135: Assessment and Testing |
| | COUN 5140: Statistics and Research |
| Course (CMHC) | COUN 5205: Foundations of Mental Health |
| | Counseling |
| | COUN 5120: Psychopathology |
| i. analysis and use of data in | n counseling |
| Course | COUN 5140: Statistics and Research |
| j. ethical and culturally rele | evant strategies for conducting, interpreting, and reporting |
| the results of research and/ | or program evaluation |
| Course | COUN 5140: Statistics and Research |
| | • |



Appendix B

Course Rubrics summary by course offered 2019-2020

https://drive.google.com/file/d/1nhkx2ccKfPwIqxlnGjDlKGLKiIcqxJhG/view?usp=sharing



Appendix C: Rubric scores for the comprehensive examination

| Battle/ | Battle/ | Martino/ | Martino/ | Sappio/ | Sappio/ | Smith/ | Smith/ | Final/C | Final/L | |
|---------|------------|----------|------------|---------|------------|---------|------------|----------------|-----------------|------------|
| Case | L&E | Case | L&E | Case | L&E | Case | L&E | ase | &E | MC |
| | | | | | | | | Insuffici | Sufficie | Pass |
| 9-IS | 5-S | 9-IS | 5-S | 8-IS | 5-S | 9-IS | 5-S | ent | nt | ed |
| | | | | | | | | Sufficie | Sufficie | Pass |
| 15-S | 6-S | 15-S | 6-S | 15-S | 5-S | 15-S | 6-S | nt | nt | ed |
| 42.6 | | 45.6 | | 40.0 | 4.2 | 45.0 | | Sufficie | Sufficie | Pass |
| 12-S | 4-? | 15-S | 5-S | 13-S | 4-? | 15-S | 5-S | nt c ((::: | nt c. ((:::: | ed |
| 11 | 4.2 | 12 C | 4 C | 0.10 | 4.2 | 12 C | 4.2 | Sufficie | Sufficie | Pass |
| 11 | 4-? | 13-S | 4-S | 9-IS | 4-? | 13-S | 4-? | nt Cufficio | nt Cufficio | ed |
| 11-S | 4 | 11-S | 4-S | 8-IS | 4-? | 12-S | 4-? | Sufficie nt | Sufficie nt | Pass ed |
| 11-3 | 4 | 11-3 | 4-3 | 0-13 | 4-! | 12-3 | 4-! | Sufficie | Sufficie | Faile |
| 10-S | 5-S | 11-S | 5-S | 11-S | 5-S | 10-? | 5-S | nt | nt | d |
| 10-3 | J-3 | 11-3 | 5-3 | 11-3 | J-5 | 10-: | J-3 | Sufficie | Sufficie | Pass |
| 15-S | 5-S | 15-S | 5-S | 15-S | 4-? | 15-S | 6-S | nt | nt | ed |
| 13 3 | 3 3 | 13 3 | 3 3 | 13 3 | | 13 3 | | Sufficie | Insuffici | Faile |
| 13-S | 3-IS | 13-S | 3-IS | 13-S | 3-IS | 13-S | 3-IS | nt | ent | d |
| 10 0 | J .U | 10 0 | 0 .0 | 10 0 | 0 .0 | 10 0 | 0.0 | Sufficie | Sufficie | Pass |
| 14-S | 5-S | 14-S | 5-S | 14-S | 5-S | 14-S | 5-S | nt | nt | ed |
| | | | | | | | | Sufficie | Sufficie | Pass |
| 15-S | 6-S | 15-S | 6-S | 15-S | 6-S | 15-S | 6-S | nt | nt | ed |
| | | | | | | | | Sufficie | Insuffici | Faile |
| 12-S | 3-S | 12-S | 3-iS | 12-S | 3-IS | 12.25-S | 3-IS | nt | ent | d |
| | | | | | | | | Sufficie | Sufficie | Pass |
| 13-S | 4-IS | 13-S | 4-S | 14-S | 4-? | 13-S | 4-? | nt | nt | ed |
| | | | | | | | | Sufficie | Sufficie | Faile |
| 12-S | 5-S | 14-S | 5-S | 14-S | 5-S | 12-S | 5-S | nt | nt | d |
| | | | | | | | | Sufficie | Sufficie | Faile |
| 14-S | 6-S | 15-S | 6-S | 15-S | 6-S | 14-S | 6-S | nt | nt | d |
| | | | | | | | | Sufficie | Sufficie | Pass |
| 15-S | 5-S | 15-S | 5-S | 15-S | 5-S | 15-S | 5-S | nt | nt | ed |
| | | | | | | | | Sufficie | Sufficie | Pass |
| 13-3 | 5-S | 14-S | 5-S | 13-S | 5-S | 14-S | 5-S | nt | nt | ed |
| 42.6 | 2.10 | 44.6 | 2.10 | 44.6 | 2.16 | 42.6 | 2.16 | Sufficie | Insuffici | Faile |
| 13-S | 3-IS | 14-S | 3-IS | 14-S | 3-IS | 13-S | 3-IS | nt c. ««::: | ent | d |
| 1F.C | <i>C C</i> | 1F.C | <i>C C</i> | 15.0 | <i>C C</i> | 1F.C | <i>C C</i> | Sufficie | Sufficie | Pass |
| 15-S | 6-S | 15-S | 6-S | 15-S | 6-S | 15-S | 6-S | nt Sufficie | nt Sufficie | ed |
| 12 C | E C | 12 C | E C | 12 C | E C | 12 C | E C | Sufficie | Sufficie | Faile d |
| 13-S | 5-S | 13-S | 5-S | 13-S | 5-S | 13-S | 5-S | nt Sufficie | nt Sufficie | d Faile |
| 13-S | 5-S | 13-S | 5-S | 13-S | 5-S | 13-S | 5-S | | | d |
| 12-2 | J-3 | 13-3 | J-3 | 12-2 | J-3 | 12-2 | J-3 | nt | nt | - u |



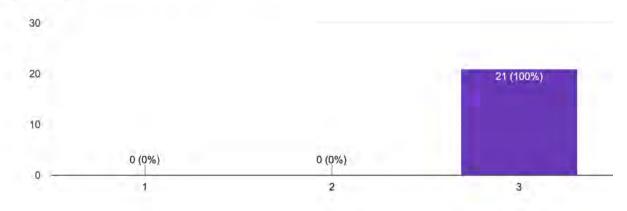
| | | | | | | | | Sufficie | Sufficie | Pass |
|------|------|------|------|------|-----|------|------|----------|-----------|------|
| 14-S | 6-S | 15-S | 6-S | 14-S | 5-S | 15-S | 6-S | nt | nt | ed |
| | | | | | | | | Sufficie | Sufficie | Pass |
| 13-S | 6-S | 14-S | 6-S | 14-S | 6-S | 13-S | 6-S | nt | nt | ed |
| | | | | | | | | Sufficie | Insuffici | Pass |
| 14-S | 3-IS | 14-S | 3-IS | 14-S | 4-? | 14-S | 3-IS | nt | ent | ed |



Appendix D Supervision Survey

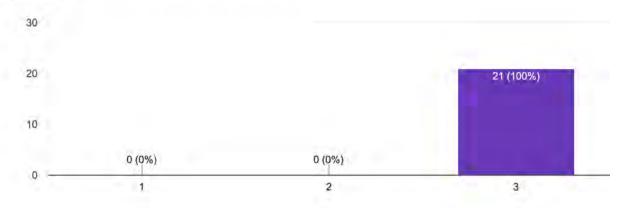
My supervisor was multiculturally responsive

21 responses



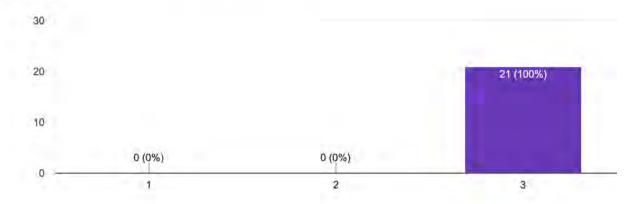
My supervisor invited self-reflection / evaluation

21 responses



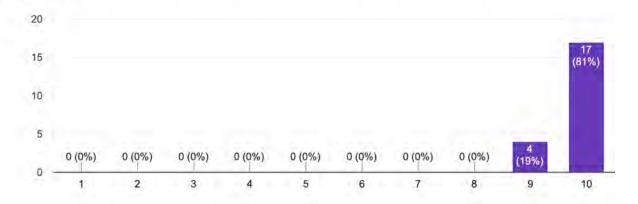


My supervisor sought out my ideas and input 21 responses



On a scale from 1 - 10, (1= very poor, 10=excellent), circle the number that reflects your perception of this supervisor's work with you (their support of your clinical work and growth).

21 responses





My supervisor helped me address ethical issues 21 responses

