

## **BSHS/MSPA Student Experiences**

“I tell my parents and friends all the time that I am so happy I chose to attend Stockton University to pursue my undergraduate degree. It helped me to grow as a student and a person. Not only was I able to be in smaller size classes with professors that truly cared about my success, but I also had the opportunity to participate in clubs and even study abroad in Florence, Italy. One of my favorite classes during my time at Stockton was my Teamwork and Collaboration for Health Sciences class where there was a community service aspect involved. My group decided to volunteer at the local assisted living facility. We went once a week to talk and play games with the residents in hopes to improve their flexibility and range of motion. It was a nice way to get involved in the community and I am grateful for that. During my semester abroad in Italy, I had a chance to fully immerse myself in a different culture and language, which made me more independent and enabled me to be more adaptable to the people and the world around me. Overall, my experience at Stockton was amazing and I wouldn't trade it for the world.” – *Dominique Hunt (Stockton University Class of 2021, Jefferson University Class of 2023)*

“Stockton offered me more than I expected to gain during my college experience. I was able to complete two minors in topics that further developed my overall perspective of the world, which will be especially useful when entering the workforce. I chose to minor in Spanish and learned so much more than the language. I experienced local educational Spanish-speaking communities near campus where I was able to further my understanding. I was also fortunate enough to practice my speaking skills on a global level, studying abroad in Spain for a semester. This gave me an expanded perspective of the language and had a large impact on my personal growth as an individual. I was also able to study holistic health. I was introduced to a large variety of natural health remedies, health in different cultures, and the general philosophy of what we understand about consciousness. All of these classes introduced me to new forms of health that I will take with me throughout my career. I also formed an organization with one of my professors to promote natural eating on campus. This allowed me to grow as a professional through planning events for large groups, as well as coordinating with a variety of staff members on campus. Stockton was an amazing experience for me overall, and I took away so much more from it than I had imagined when entering.” – *Molly Burch (Stockton University Class of 2021, Jefferson University Class of 2023)*

“So far my experience in the BSHS/MSPA program at Stockton University has been more than satisfactory. I feel as though I am getting a great education here thanks to the professors and constant support from those in the PA program as well. I chose Stockton because I felt it had a very involved, helpful, and caring environment. These are all qualities that are truly important to me and without a doubt provide me with the best undergrad experience.” - *Kate Lastihenos (Stockton University Class of 2024, Jefferson University Class of 2025)*