

STOCKTON UNIVERSITY | SCHOOL OF HEALTH SCIENCES

Neurodynamics: Examination and Mobilization Techniques

Saturday, March 25, 2023

Saturday, March 25, 7:30 am Registration, Program time 8:00am-5:00pm

Sunday, March 26, 2023

Sunday, March 26, Program time 8:00am-1:00pm

Stockton University Main Campus HSC-301

Saturday

7:30am-8:00am	Registration and Continental breakfast provided
8:00am-10:00am	History of neurodynamics, review of anatomy/physiology, indications/contraindications, differential diagnosis and clinical signs/symptoms
10:00am-10:15am	Break
10:15am-12:00pm	Lab- nerve palpitation of the lower quarter demonstrate and practice lower extremity neural tension testing
12:00pm-1:00pm	Lunch Provided
1:00pm-2:20pm	Lab- nerve palpation of the upper quarter demonstrate and practice ULTT's
2:20pm-2:35pm	Break
2:35pm-4:00pm	Lab-demonstrate and perform neural mobilization including sliders, gliders and tensioners
4:00pm-5:00pm	Review for the day/catch-up

Sunday

7:30am-8:00am	Sign In, Continental breakfast provided
8:00am-10:00am	Review of day 1 palpation and neural tension testing techniques
10:00am-10:15am	Break
10:15am-12:00pm	Adjunctive treatment techniques: soft tissue mobilizations, taping
12:00pm-1:15pm	Question and answer, Case Studies