

STOCKTON UNIVERSITY | SCHOOL OF HEALTH SCIENCES

HVLA Mobilizations of the Extremities

Saturday, December 2, 2023

Saturday, Dec 2nd, 7:30 am Registration, Program time 8:00am-5:00pm

Sunday, December 3, 2023

Sunday, Dec 3rd, Program time 8:00am-1:00pm

Stockton University Main Campus HSC-301

Saturday

7:30am-8:00am	Registration and Continental breakfast provided
8:00am-10:00am	Course Intro, basic principles, Hx of manipulation, current APTA policy, thrust vs. non-thrust techniques, clinical prediction rules (brief overview of this concept), indications/contraindications, pt selection including use of outcome measures and/or FABQ, safety issues
10:00am-10:15am	Break
10:15am-12:00pm	Techniques: Hip/Fibula
12:00pm-1:00pm	Lunch Provided
1:00pm-2:20pm	Techniques: Talocrural/Subtalar/Cuboid
2:20pm-2:35pm	Break
2:35pm-4:00pm	Techniques: Glenohumeral/Wrist/Thumb
4:00pm-5:00pm	Review for the day/catch-up

Sunday

7:30am-8:00am	Sign In, Continental breakfast provided
8:00am-10:00am	Review of day 1 techniques
10:00am-10:15am	Break
10:15am-12:00pm	Case studies, problem solving, exercise discussion
12:00pm-1:15pm	Question and answer, review, speed mobs, (time permitting)