

# STOCKTON UNIVERSITY | SCHOOL OF HEALTH SCIENCES

## Neural Mobilization and Examination Friday, March 22<sup>nd</sup> and Saturday, March 23<sup>rd</sup>, 2019

**Friday, March 22<sup>nd</sup>, 4:30 pm Registration, Program time 5:00pm-9:00pm**

**Saturday, March 23<sup>rd</sup> 7:30 am Check In, Program time 8:00am-6:00pm**

### Health Sciences Center H-301

#### Course Agenda

5 – 6 Neural Physiology for Optimal Healing – Space, Motion, Slack

6 – 6:45 UE Palpation Lab

6:45 – 7 **Break**

7 – 9 UE Mobility Assessment Lab

#### Day Two – Morning Start

8 – 8:15 Review/Quiz

8:15 – 8:30 Indications/contraindications

8:30 – 9:00 Neural Structural Differentiation Lab

9 – 10 Essential Manual Interventions – Providing motion at nerve/nerve bed interface

- Pin & Glide
- Pin & Stretch

10:15 – 10:30 **Break**

10:30 – 11 Thoracic Outlet Syndrome & Brachial Plexopathy

11 – Noon Interventions to provide Space, Motion, Slack

- Cervical Nerve Roots
- Brachial Plexus & Thoracic Outlet

12 – 1 **Lunch**

1 – 2 LE Palpation Lab

2 – 3 LE Mobility Assessment Lab

3 – 3:30 Neural Structural Differentiation

3:30 – 3:45 **Break**

3:45 – 4:15 Pin & Glide and Pin & Stretch along the LE nerve/nerve bed interface

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**(Agenda Continued)**

**4:15 – 5** Interventions to provide Space, Motion, Slack for the LE

**5 – 6** Case studies, problem solving, course wrap up

**Contact Hours**

Lecture, testing: 1.25

Case Scenario & Practice Labs: 10.25

Total: 12