

## What Should I Take?



1. Do you need to take a course in the **FRST** program? You received a **letter** about this. It is either **white, blue, or goldenrod**. If you need to take a FIRST class, **schedule that first**. Some FRST courses will count for other Stockton requirements, depending on which class(es) you need to take. If you received a goldenrod paper you need to take an Accuplacer test to determine which math you are eligible to take.
2. **You need to take a freshman seminar course**. If you were told to enroll in FRST 1002 Readings, that is your freshman seminar. If you are not placed into a FRST seminar, **go through the listing of Freshman Seminars and select a first choice and two alternate choices**. Freshman Seminar courses help you meet the General Studies requirements at Stockton. Don't choose a course based on your major! Choose something that looks interesting to you that will help you learn about other areas of study. **You may only register for 1 freshman seminar course!**
3. **During your freshman year (Fall-Spring) you need to take:**
  - A Writing Course (W1). If you were placed into a FRST Writing course, that is your Writing Course. If not, choose a course that is a **W1** course. Here are some examples: (note: FRST here means a section especially for freshmen)
    - **FRST 2120-RHETORIC AND COMPOSITION**. There are multiple sections of this class at various days and times. (Look up in computer lab)
    - **FRST 2131 OR GAH 2116-ARGUMENT AND PERSUASION in Arts and Humanities** There are multiple sections of this class at various days and times. (Look up in computer lab)
    - **GEN 2240- INTRODUCTION TO RESEARCH. (Recommended for BSHS students, good foundational course for HLTH 3411-Writing and Editing for Health Sciences)** There are multiple sections of this class at various days and times. (Look up in computer lab)
    - **FRST 2151 OR GSS 2121 -ARGUMENT AND PERSUASION IN THE SOCIAL SCIENCES**. There are multiple sections of this class at various days and times. (look up in computer lab)

**Please let a faculty member know if you have taken any advanced placement courses or already have College credits. We will advise you accordingly.**

- If you do not take a writing course this semester, you need to take a **Quantitative Course (Q1)**. Here are some suggestions:
  - If you were placed into Developmental Math or Quantitative Reasoning, then you **must** take that course.
  - For Developmental Math FRST 1103 you must select the **same lecture and lab sections**. Ex. If you enroll in FRST 1103-003 you must also enroll in the lab section FRST 1703-003.
  - If you are confident in your mathematics skills (and not placed into a required class):
  - **CSIS 1206-STATISTICS** There are multiple sections of this class at various days and times. (Some sections are restricted to certain majors.) This can count for HLTH 2305, Statistics for Health Professionals
  - If you are less confident in your math skills (and not placed into Developmental Math or Quantitative Reasoning), consider:  
**FRST 2310 ALGEBRAIC PROBLEM SOLVING, GNM 2310 ALGEBRAIC PROBLEM SOLVING, OR GNM 1126 INTERMEDIATE ALGEBRA.** There are multiple sections of each class at various days and times. (Look up in computer lab). This also satisfies a W2 requirement.



**WARNING!** Do not attempt to sign up for a 3000 or 4000 level course! You will be blocked from doing so. These courses are for students with more than 64 earned credits.

### So... Now you should have scheduled:

1. A Freshman Seminar
2. Either a Writing (W1) or a Quantitative (Q1) Class (Some students in required courses may have scheduled both).

A fulltime load is 12 credits (usually 3 Stockton courses).

The average student load at Stockton is 16 credits (usually 4 courses).

**So you can choose two more courses!** As a freshman, you are limited to courses with course numbers in the 1000s or 2000 (e.g. PSYC 1100). **Some courses may have pre-requisites or co-requisites or be restricted to students in certain programs.** Read the course descriptions.

SR	81220	GEN 2202 001	RSC 4.000	PEER EDUCATION	MW 03:35 pm- 05:25 pm	35 18 17 5 0 5	Luanne C. Anton (P)	09/04-12/11	MCB 001	Service Learning
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**Consider (any combination of the following):**

1. **An Introductory Course in the major** or a cognate course (course related to the major).
  - HLTH 1101 Introduction to the Health Sciences (**BSHS students**)
  - HLTH 1241 Medical Terminology for Health Sciences (**BSHS students**)
  - **ALL BSHS-PRE-PT are advised to take a Science course (BIOL 1200 (Lecture)/ 1205 (Lab) or CHEM 2110 (Lecture)/ 2115 (Lab) each semester to stay on curriculum track**
  - Those interested in early admission to the DPT Program should take 2 sciences each semester.
2. An additional **General Studies Course**. You will need eight of these before you graduate! These courses start with the letters (acronyms):
  - GEN
  - GAH
  - GNM
  - GSS

Freshmen cannot enroll in GIS courses (you will take one later) or courses numbered 3000 or higher (e.g. PSYC 3323)

3. An “**at some distance**” course. At some distance courses allow you to learn about topics outside of your major. For example, a Health Sciences major might take a course in Dance, Marine Biology, Philosophy, or Sociology. You will need at least four of these to graduate.



**Have an advisor or Orientation Leader check your schedule.**

**Make sure you allow time for eating, studying, sports/clubs, etc.**

When you arrive in September, you will be assigned a preceptor. Your preceptor will help you with academic advising, registration, and other important decisions in the future.