SHS Freshmen Orientation 1

What Should I Take?



Do you need to take a course in the FRST program? You received a letter about this. It is either white, blue, or goldenrod. If you need to take a FIRST class, schedule that first. Some FRST courses will count for other Stockton requirements, depending on which class(es) you need to take. If you received a goldenrod paper you need to take an Accuplacer test to determine which math you are eligible to take.

- 2. You need to take a freshman seminar course. If you were told to enroll in FRST 1002 Readings, that is your freshman seminar. If you are not placed into a FRST seminar, go through the listing of Freshman Seminars and select a first choice and two alternate choices. Freshman Seminar courses help you meet the General Studies requirements at Stockton. Don't choose a course based on your major! Choose something that looks interesting to you that will help you learn about other areas of study. You may only register for 1 freshman seminar course!
- 3. During your freshman year (Fall-Spring) you need to take:
 - A Writing Course (W1). If you were placed into a FRST Writing course, that is your Writing Course. If not, choose a course that is a W1 course. Here are some examples: (note: FRST here means a section especially for freshmen)
 - o **FRST 2120-RHETORIC AND COMPOSITION.** There are multiple sections of this class at various days and times. (Look up in computer lab)
 - FRST 2131 OR GAH 2116-ARGUMENT AND PERSUASION in Arts and Humanities There are multiple sections of this class at various days and times. (Look up in computer lab)
 - GEN 2240- INTRODUCTION TO RESEARCH. (Recommended for BSHS students, good foundational course for HLTH 3411-Writing and Editing for Health Sciences) There are multiple sections of this class at various days and times. (Look up in computer lab)
 - FRST 2151 OR GSS 2121 -ARGUMENT AND PERSUASION IN THE SOCIAL SCIENCES. There are multiple sections of this class at various days and times. (look up in computer lab)

<u>Please let a faculty member know if you have taken any advanced placement courses or already have</u> College credits. We will advise you accordingly.

SHS Freshmen Orientation 2

• If you do not take a writing course this semester, you need to take a **Quantitative**Course (Q1). Here are some suggestions:

- If you were placed into Developmental Math or Quantitative Reasoning, then you must take that course.
- For Developmental Math FRST 1103 you must select the same lecture and lab sections. Ex. If you enroll in FRST 1103-003 you must also enroll in the lab section FRST 1703-003.
- If you are confident in your mathematics skills (and not placed into a required class):
- CSIS 1206-STATISTICS There are multiple sections of this class at various days and times. (Some sections are restricted to certain majors.) This can count for HLTH 2305, Statistics for Health Professionals
- If you are less confident in your math skills (and not placed into
 Developmental Math or Quantitative Reasoning), consider:
 FRST 2310 ALGEBRAIC PROBLEM SOLVING, GNM 2310 ALGEBRAIC
 PROBLEM SOLVING, OR GNM 1126 INTERMEDIATE ALGEBRA. There are
 multiple sections of each class at various days and times. (Look up in
 computer lab). This also satisfies a W2 requirement.



WARNING! Do not attempt to sign up for a 3000 or 4000 level course! You will be blocked from doing so. These courses are for students with more than 64 earned credits.

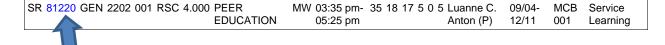
So... Now you should have scheduled:

- 1. A Freshman Seminar
- 2. Either a Writing (W1) or a Quantitative (Q1) Class (Some students in required courses may have scheduled both).

A fulltime load is 12 credits (usually 3 Stockton courses).

The average student load at Stockton is 16 credits (usually 4 courses).

So you can choose two more courses! As a freshman, you are limited to courses with course numbers in the 1000s or 2000 (e.g. PSYC 1100). **Some courses may have pre-requisites or corequisites or be** <u>restricted</u> **to students in certain programs.** Read the course descriptions.



SHS Freshmen Orientation 3

Consider (any combination of the following):

- 1. An Introductory Course in the major or a cognate course (course related to the major).
 - o HLTH 1101 Introduction to the Health Sciences (BSHS students)
 - HLTH 1241 Medical Terminology for Health Sciences (BSHS students)
 - ALL BSHS-PRE-PT are advised to take a Science course (BIOL 1200 (Lecture)/ 1205 (Lab) or CHEM 2110 (Lecture)/ 2115 (Lab) each semester to stay on curriculum track
 - Those interested in early admission to the DPT Program should take 2 sciences each semester.
- 2. An additional **General Studies Course**. You will need <u>eight</u> of these before you graduate! These courses start with the letters (acronyms):
 - o GEN
 - o GAH
 - o GNM
 - o GSS

Freshmen <u>cannot</u> enroll in GIS courses (you will take one later) or courses numbered 3000 or higher (e.g. PSYC 3323)

3. An "at some distance" course. At some distance courses allow you to learn about topics outside of your major. For example, a Health Sciences major might take a course in Dance, Marine Biology, Philosophy, or Sociology. You will need at least <u>four</u> of these to graduate.



Have an advisor or Orientation Leader check your schedule.

Make sure you allow time for eating, studying, sports/clubs, etc.

When you arrive in September, you will be assigned a preceptor. Your preceptor will help you with academic advising, registration, and other important decisions in the future.