

## Resources for Supporting and Leading Your Team in Challenging Times and Remote Work Best Practices

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### Promoting and Supporting Employee Wellness Resources

[How CEOs Can Support Employee Mental Health](#) – article by HBR

[Support Your Remote Staff: Balance Productivity Levels with Sensitivity to Isolation Anxiety, Uncertainty & Grief](#) - recorded webinar by Paperclip Communications

[It's okay to not be okay: how managers can support employee mental health in times of changes](#) – blog article from Qualtrics

[Anxiety is Contagious. Here's How to Contain It](#) – article from HBR

[Building Your Team's Resilience – From Home](#) – article from HBR

[Four Key Strategies to help Supervisors Support Employee Well Being During Covid-19](#)

[How to Talk to Your Team When the Future is Uncertain](#) – article by HBR

[Avoiding Burnout During the Pandemic](#) – blog article by Thrive Global

[Supporting Employee Mental Health During the Pandemic](#) – Toolkit by Mind Share Partners

[Covid-19 Worksite Wellness Toolkit for Employers](#) – by WELCOA

### Resources for Leading Your Team in Challenging Times

[What Leading with Optimism Really Looks Like](#) – article by HBR

[Communicating in a Crisis: What, When, How](#) – article by the Center for Creative Leadership

[If You Feel Like You're Regressing, You're Not Alone](#) – article by HBR

[In This Together: Mindful Leadership Through Times of Crisis](#) – free archived webinar provided by HR.com

[Managing Your Team After COVID-19](#) – article by Deer Oaks EAP

[NJ State Civil Service Employee Advisory Service Newsletter](#)

[Leading Through Anxiety](#) – cover story by HBR

[Good Leadership is about Communicating the "Why"](#) – article by HBR

[How to Lead Through a Crisis](#) – article by the Center for Creative Leadership

[Leadership Resiliency: Handling Stress, Uncertainties, and Setbacks](#) – article by the Center for Creative Leadership

[Leading Remote Teams in a COVID-19 World](#) – article from Rios Consulting

[Coaching Your Team Through Uncertain Times](#) – article by HBR

[The Psychology Behind Effective Crisis Leadership](#) – article by HBR

## Remote Work Tips and Best Practices

[Laughter Will Keep Your Team Connected – Even While We Are Apart](#) – article by HBR

[Five Tips for Providing Feedback to Your Remote Employees](#) – article by Forbes

[How to Manage an Employee Who’s Struggling to Work Remotely](#) – article by HBR

[A Guide to Managing Your Newly Remote Workers](#) – article from HBR

[Best Practices for Managing Virtual Teams & Meetings](#) – article by the Center for Creative Leadership

[Four Tips for Keeping Your Newly Remote Team Engaged](#) – blog article from CUPA-HR

[8 Ways to Manage Your Team While Social Distancing](#) – article from HBR

[How Managers Can Support Remote Employees](#) – article from HBR

[Working From Home? How to Set Better Boundaries as a Leader](#) – blog article by Thrive Global

[Remote Work Trends to Guide High Performance During Covid-19](#) – article by Gallup Organization

[How to Manage Remote Employees](#) – article by Gallup Organization

[Remote Managers: Now is the Time to trust your Team, Not Micromanage Them](#) – article by Forbes