

Stockton Center on Successful Aging Presents "Cultural Values, Informal Support, and Outcomes Among Chinese American Caregivers"

Event Set for 4:30 P.M. on Thursday, January 29, 2009 on Galloway Twp. Campus

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Galloway Township, NJ- Many family caregivers of the frail elderly face unique challenges and stressors due to the emotional and physical demands of helping another person in need. Residents who are foreign-born, who have limited command of English, and who may be unfamiliar with the service system in this country are a particularly vulnerable group of family caregivers. Dr Maggie Tang's expertise and research in family issues among ethnic and racial minorities and end-of-life care will be offered at this free and open-to-the-public event slated to take place on Thursday, January 29, from 4:30 to 6:00 P.M. in F-Wing, Room 111, on the Galloway Township campus.

Dr. Tang, Assistant Professor of Social Work and member of Stockton's Gerontology Program, will address "Cultural Values, Informal Support, and Caregiving Outcomes Among Chinese American Caregivers." This topic is part of The Stockton Center on Successful Aging's (SCOSA) outreach in targeting the needs of the region's population. SCOSA works to promote education, research, and services that encourage older residents to "age successfully" through vital engagement in their community.

With the burgeoning Asian American community in Atlantic County, this lecture presents a unique opportunity for social workers, caregivers and all affected members of the region to consider the distinctive needs of this growing population. These caregivers may lack adequate formal services to provide them with the assistance they need. Although caregiving can provide its own rewards, the stress of doing so can exact its toll. Service providers who work with this population as well as family members will learn about the relationships between caregiver characteristics, stressors, cultural values, and informal support and outcomes among Chinese American caregivers who care for older dependent relatives.

Social Work, Marital and Family Therapy, and Licensed Professional Counselors who attend are approved for 1 CE. For additional information, please visit www.stockton.edu/scosa or call SCOSA at 609-626-3591.