

## **Stockton Center on Successful Aging Offers Free Employment Strategies Series in August**

## For Immediate Release

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**Galloway Township, NJ** - The Stockton Center on Successful Aging (SCOSA) is sponsoring a free, four-session workshop to equip older adults with the strategies to get hired in the right position in today's job market.

"Find, Get and Keep the Job You Want: A New Environment Calls for New Strategies" will take place at the Stockton University Campus Center in Meeting Room 2 on four consecutive Mondays, **Aug. 3, 10, 17 and 24,** from 10 a.m. to noon. Michael Kuhlman with the National Council on Aging will facilitate the workshops.

Four weekly sessions will take participants through the SELFIE (Self-Empowering Learning for Innovative Enlightenment) model created by Michael Kuhlman. Participants will identify obstacles, discover their competitive edge in a changing work environment, learn what employers need in their employees, develop strategies for resume writing and interviews, and practice their presentation skills with the group.

Seating is limited. Register <u>online</u> or call 609-626-3591. Visit the SCOSA website at <u>www.stockton.edu/scosa</u> for more information, updates and cancellation procedures.

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