

Stockton Center on Successful Aging Presents

'Find, Get and Keep the Job You Want'

Register for Free Evening Workshops on Jan. 5, 12, 19 and 27, 2016

For Immediate Release

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Galloway, NJ – The Stockton Center on Successful Aging is sponsoring a free, four- session workshop titled: "Find, Get and Keep the Job You Want: A New Environment Calls for New Strategies" for older adults at Stockton University's Campus Center Meeting Room 5 on the main Galloway campus. The workshops will take place on **Tuesdays, Jan. 5, 12, 19, and Wednesday, Jan. 27, 2016 from 6 - 8 p.m**. Michael Kuhlman, formerly with the National Council on Aging, will facilitate the workshops.

SCOSA sponsored two of these sessions in 2015 which garnered requests for an evening session for those currently employed. Four weekly sessions will take you through the SELFIE (Self-Empowering Learning for Innovative Enlightenment) model that Kuhlman created, including:

• Identify and overcome obstacles that keep you from the job that's right for you;

• Discover what you have to offer and find your competitive edge in this changing work environment;

· Learn what our community employers need and want in their employees;

• Develop strategies for a successful presentation, from creating your resume to your final job interview;

• Practice your new presentation skills on a group of your peers and benefit from their objective critique, while learning about your competition. <u>Register online</u> or call 609-626-3591 to register. Seating is limited. Visit the SCOSA website at <u>www.stockton.edu/scosa</u> for more information, updates and cancellation procedures. # # # #