

## Stockton Center on Successful Aging Presents Technology Workshops for Beginners

Register now for free workshops at Kramer Hall in Hammonton, NJ

### ***For Immediate Release***

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**Galloway Township, NJ** – The Stockton Center on Successful Aging is sponsoring a series of technology workshops for older adults at Kramer Hall, Stockton University's instructional site at 30 Front St., Hammonton, NJ, conducted by Richard Jeffries, a SCOSA volunteer.

Register now for the following free public workshops:

#### **Computer basics: introduction to computers, smart phones, and the internet**

Date: Friday, Sept. 18, from noon - 2 p.m.

Requirements: Seating is limited. [Register online](#) or call 609-626-3591.

This hands-on workshop for beginners and seniors will explain commonly used terms, equipment, and provide an introduction on how you can use computers to improve your life.

#### **Understanding email: Learn what email is and how to use it**

Date: Friday, Oct. 16 from noon - 2 p.m.

Requirements: Seating is limited. [Register online](#) or call 609-626-3591.

This session will explain what email can be used for, how to create an email account, and how to get the most out of email.

#### **Being safe on the internet: Learn how to surf the internet safely**

Date: Friday, Nov. 13, from noon - 2 p.m.

Requirements: Seating is limited. [Register online](#) or call 609-626-3591.

This session will explain what email can be used for, how to create an email account and how to get the most out of email.

Visit the SCOSA website at [www.stockton.edu/scosa](http://www.stockton.edu/scosa) for more information, updates and cancellation procedures.

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