

Stockton Center on Successful Aging Presents 'Find, Get and Keep the Job You Want' Series in A.C.

Register for Free Daytime Workshops on Feb. 5, 12, 19 and 26, 2016

For Immediate Release

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Galloway, NJ – The Stockton Center on Successful Aging is sponsoring a free, four-session workshop titled: "Find, Get and Keep the Job You Want: A New Environment Calls for New Strategies" for older adults at Stockton's Carnegie Center, 35 S. Dr. Martin Luther King Blvd. in Atlantic City. The workshops will take place on **Fridays, Feb. 5, 12, 19 and 26, 2016 from 10 a.m. - 12 p.m**. Michael Kuhlman, formerly with the National Council on Aging, will facilitate the workshops.

SCOSA sponsored two of these sessions in 2015 which garnered requests for additional presentations. Four weekly sessions will take you through the SELFIE (Self-Empowering Learning for Innovative Enlightenment) model that Kuhlman created, including:

- Identify and overcome obstacles that keep you from the job that's right for you;
- Discover what you have to offer and find your competitive edge in this changing work environment;
- Learn what our community employers need and want in their employees;
- Develop strategies for a successful presentation, from creating your resume to your final job interview;
- Practice your new presentation skills on a group of your peers and benefit from their objective critique, while learning about your competition.

<u>Register online</u> or call 609-626-3591 to register. Seating is limited. Visit the SCOSA website at <u>www.stockton.edu/scosa</u> for more information, updates and cancellation procedures.

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