



# Stockton Center on Successful Aging Presents “Savvy Saving Seniors”

Free Information Workshop for Older Adults on September 19, 2012

## ***For Immediate Release***

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**Galloway Township, NJ** - The Stockton Center on Successful Aging (SCOSA) is pleased to offer this free information session on “Savvy Saving Seniors” on September 19, 2012 at 11:00 am in the Galloway Township Branch of the Atlantic County Library System on 306 East Jimmie Leeds Road, Galloway, NJ 08205 609-652-2352.

More than half of all senior households do not have sufficient financial resources to meet median projected expenses based on their current financial net worth, projected Social Security, and pension income. This 90-minute program is designed to provide participants with basic money management concepts for a fixed budget, the benefits of banking, and an overview of public benefits and how to access and retain them.

The program will address:

- The top 10 things all seniors should consider to become a Savvy Saving Senior: Money Management Tips and Tricks
- The top 10 Budget Busters to Avoid Money Drains
- Becoming Resource-FULL: Benefitting from Benefits

Presented by Laura Berrios, MSW, this program is provided by NCOA. The National Council on Aging is a nonprofit service and advocacy organization headquartered in Washington, DC. NCOA’s mission is to improve the lives of millions of older adults, especially those who are vulnerable and disadvantaged.

Visit the SCOSA website for updates – [www.stockton.edu/scosa](http://www.stockton.edu/scosa) or call 609-626-3591.

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