

Stockton Center on Successful Aging Presents Efficiently Independent – Save Energy, Save Money

Free Information Workshops on Reducing Energy Use and Saving Money with Free Winterization Services for Seniors

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The Stockton Center on Successful Aging (SCOSA) and NJPIRG's Energy Service Corps at Stockton are pleased to offer free information sessions on reducing energy use and costs through winterization services. The following locations and sessions have been scheduled::

- January 25, 10:30 am Hammonton Senior Center, 310 Bellevue Ave., Hammonton
- February 8, 10:30 am Stockton Campus Center, Room 5, Galloway
- February 22, 10:30 am Buena Senior Center, 600 Central Ave., Buena
- March 7, 10:30 am Stockton Campus Center, Meeting Room 1, Galloway
- March 21, 10:30 am Dr. Arthur Leinweber Senior Center, 235 Dolphin Ave., Northfield
- April 11 Stockton Campus Center, Meeting Room 5, Galloway
- April 25, 10:30 am Brigantine Senior Center, 31st and Bayshore Drive, Brigantine

It is undeniable that we are currently living through tough times. Escalating energy demands and costs, climate change and environmental degradation combined with uncertain financial times are placing increased strain on both the planet and its inhabitants. For traditionally underserved or at-risk groups these strains are more intense. Older adults are one group that is particularly affected as they struggle to make ends meet on limited/fixed income, often in older and less efficient homes.

However, simple and effective steps can be taken to help seniors maintain comfort and well-being while reducing their costs and their demand for energy. Learn how to reduce your energy use and save money on utilities while learning about programs available to you to help you remain independent through rebates and services to help pay bills. NJPIRG's Energy Service Corps can also provide free individual winterization services to homeowners.

Weatherization will consist of Stockton Energy Service Corps members doing an energy audit of the home and then proceeding to make simple weatherizations such as caulking windows, replacing incandescent light bulbs with more energy efficient options, and correctly setting thermostats. These simple changes can save up to 30 percent on utility bills and greatly reduce the amount of energy used in the home.

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