

The PFP Post

Issue 24: November 2022

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Family Webinar Series

Considering the recent Parent Family Programs Survey data, Parent Family Programs has created a Webinar Series for you! This allows for you to hear from campus offices on the best resources, services, and support that you can offer your student. Our final webinar session of this semester will be held Monday, November 28th from 7-8PM.

STOCKTON UNIVERSITY
PARENT & FAMILY PROGRAMS

MAKING THE MOST OF YOUR COLLEGE EXPERIENCE

Join us as we hear from various campus offices and departments as we talk about how parents and families can support their students in optimizing their college experience.

NOVEMBER 28TH
7-8PM
ON ZOOM

STOCKTON UNIVERSITY | PARENT & FAMILY
UNIVERSITY PARTNERSHIPS

Topics Included:

- Serving and learning in the community
- Residential Life Opportunities
- Studying abroad

Click [here](#) to join the zoom meeting!

We want to hear from you! We are collecting data for our next Parent and Family webinar series! Fill out [this survey here](#) and let us know what offices and departments you want to hear from!

Hunger and Homelessness Week



This week (Nov 14-18) is Hunger and Homelessness Awareness Week. As a result, the Stockton Center for Community Engagement and Service-Learning has several events happening. Please consider participating in these events and demonstrate your commitment to raising awareness and knowledge about food systems, affordable and accessible housing, and the needs in our local community.

For more information, please visit [their website here](#) or email @sccesl@stockton.edu

Upcoming Events:

Westminster Food Distribution, Nov 14, 15, 16, 11 am - 2 pm

Even if you can only come for a short period of time, this food distribution will welcome your support. It happens at 9 South Chelsea Avenue, Atlantic City, which is walkable from the Stockton AC Campus. It is not required for you to serve all three days or even a full day -- any time you can offer would be great. Register here!

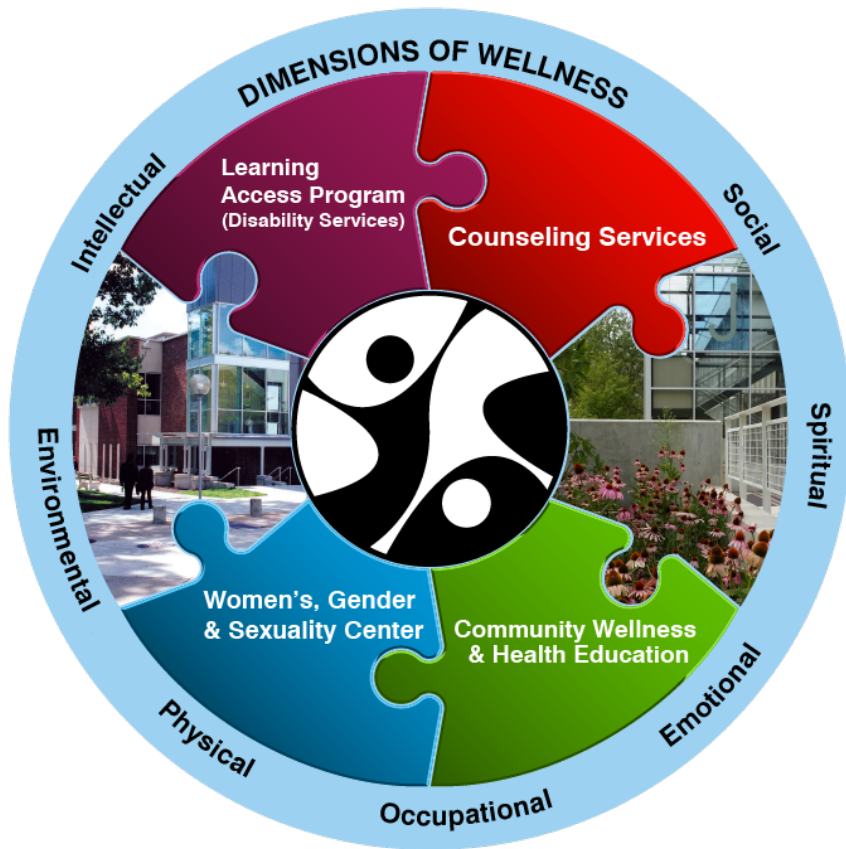
End Hunger in 30 Challenge, ongoing

30-minute educational modules throughout the month of November, in conjunction with the Bonner Foundation and the Congressional Hunger Center that can be found [here](#).

Food Bank Food Drive, Nov 14-18, F101

Please consider bringing a canned good or non-perishable food item that will be donated to the Community Food Bank of New Jersey - Southern Branch Division. This is an opportunity to live your commitment by helping others with a food donation. The collection box is in the main campus hallway, or food can be dropped off to F101 in Stockton Galloway Campus.

Counseling Services



Stockton University Counseling and Psychological Services is committed to providing services that do not discriminate based on stereotypes of behavior, values or roles related to age, gender, religion, race, ability, nationality or sexual orientation. Each student will be treated as a unique individual.

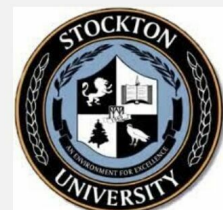
Click [here](#) to find out more information about our counseling services!

The Counseling Center is providing free anger management classes in room J202 on the Galloway campus. The class meets from 10:00 a.m. to 11:30 a.m. every Friday morning. This is an open group that students can attend without making an appointment. The class consists of eight lessons that rotate each week. A letter of completion is issued to any student who attends all eight classes.



**ANGER MANAGEMENT
FRIDAY MORNINGS; J202**

10:00 a.m. – 11:30 a.m.
Email: Karen.matsinger@stockton.edu for more info. Or just show up!



2023-24 FAFSA is Available!

The 2023-2024 Free Application for Federal Student Aid (FAFSA) is available now! File early to be considered for all aid programs for the 2023-2024 academic year, including those with limited funding! File at fafsa.gov! Have questions? Visit stockton.edu/fafsa for more information or stockton.edu/contactfinaid to email or schedule a phone appointment with a member of our staff.

The Federal Student Loan Payment Pause, which includes a suspension of loan payments, a 0% interest rate and stopped collections on defaulted loans will remain in effect through 12/31/22. In addition, qualifying borrowers may be eligible for a one-time debt forgiveness of up to \$10K. Prior Pell Grant recipients could receive up to \$20K in debt forgiveness. Borrowers earning less than \$125,000 for individuals and less than \$250,000 for households are eligible to participate in the program. Apply now (before Dec. 31, 2023) at <https://studentaid.gov/debt-relief/application> Monitor <https://studentaid.gov/announcements-events/covid-19> for updates on Loan Repayment and Student Loan Forgiveness.



Federal Student Loan Debt Relief

Apply Today!

<https://studentaid.gov/debt-relief/application>

Private scholarships are a great resource to help fund your education. Now is the time to start looking for scholarships for the 23-24 academic year! Utilize our Scholarship Resource Center at stockton.edu/finaid to view scholarship opportunities as well as scholarship search sites where you can search for scholarships specific to your interests, heritage, major and more! Follow [@stocktonfinaid](https://twitter.com/stocktonfinaid) on Twitter for additional opportunities!



Get It Done!

FILE YOUR FAFSA

Starting Oct. 1!

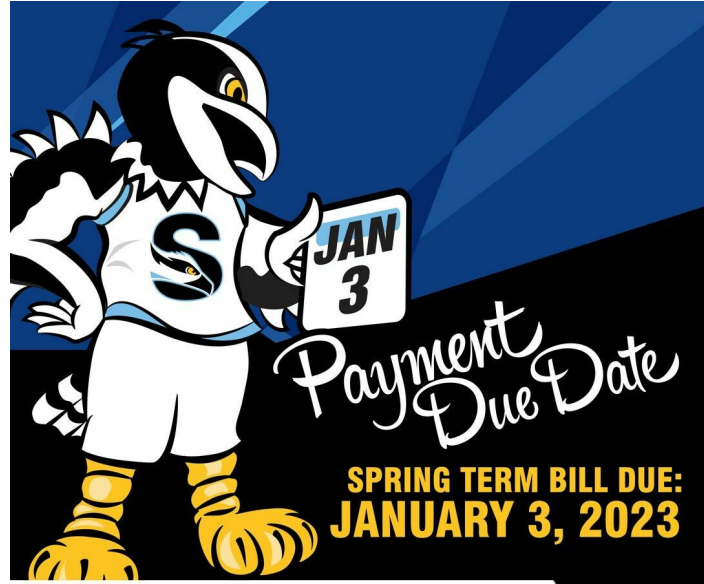
[FAFSA.GOV](https://fafsa.gov)

Spring 2023 Term Bills Reminder

Spring 2023 term bills will go live on November 16, 2022. At this time, payment plans will also open and students will have the option to enroll in the 5-installment payment plan.

Spring 2023 term bills are due in full on January 3, 2023. Students must have their bill paid in full by January 3rd or enroll in a payment plan and make the required payments.

Click [here](#) to learn more about the Bursar's Office!



*FOR LATE REGISTRATION VISIT IMPORTANT DATES ON:
stockton.edu/bursars

Graduate Studies

The Graduate Admissions team advocates for students and collaborates with faculty, staff, the academic schools, student services, alumni, and University Relations to promote, enhance, and grow graduate education at Stockton.

[Click here](#) to view all of our graduate programs!

Follow Graduate Studies on [Instagram](#), [Linked In](#), and [Facebook](#)!

STOCKTON UNIVERSITY | GRADUATE ADMISSIONS

LEARN MORE ABOUT
STOCKTON
GRADUATE SCHOOL

VISIT AND FOLLOW AT:

www.stockton.edu/graduate



Career and Internship Fair

Please save the date for the spring Career & Internship Fair, which is March 7, 2023 from 10AM-2PM in the Sports Center. Registration will open on January 9, 2023.

STOCKTON | CAREER EDUCATION
UNIVERSITY | & DEVELOPMENT

Registration opens January 9, 2023

**SAVE
THE DATE**

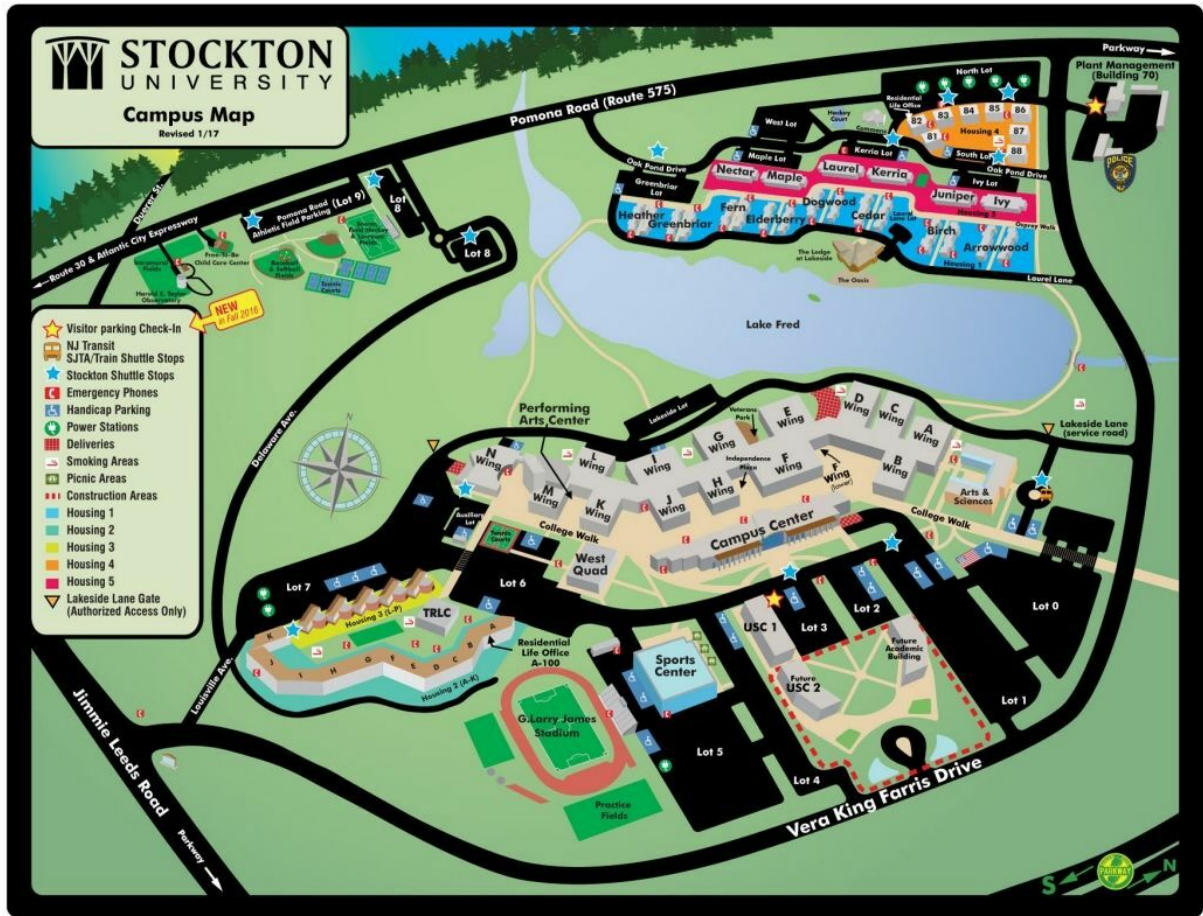
**SPRING 2023
CAREER
&
INTERNSHIP
FAIR**

**03
07
23**

The Office of Career, Education, and Development has a common goal to see your student become career ready. Ideally each student will visit their office to utilize the services and understand the value and benefits offered. Realistically that might or might not happen. National research indicates that only 5% of entering first year students think they need career assistance. That does not mean you need to take a back seat in the process.

Click [here](#) to check out the website and see more resources for parents and students!

Galloway Campus Map



Atlantic City Campus Map



Follow Stockton Parent & Family Partnerships on Facebook and Instagram to stay up to date with the newest updates, tips, events, and support!

