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Stockton Center on Successful Aging News & Upcoming Events

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June, 2015 - Volume 4, Issue 6

Older Adult Calendar June, 2015

Thu, June 4, 11, 18, 25
9:30-10:30
[Have Fun While Relaxing Your Body & Mind](#) (Weekly)
Galloway Senior Center

Thu, June 4, 11:30-12:30
[Meditation Group](#)
Woodview Estates Assisted Living

Thu, June 4, 11-1
[Beginner's Knitting](#)
Manahawkin Instructional Site

Thu, June 4, 12-3
Art: [Berry Basket Making](#)
Manahawkin Instructional Site

Fri, June 5, 10-11
[Avoiding Scams & Identity Theft](#)
Hammonton Senior Center

Sat, June 6, 10:30-12:30
[Time to Tell Creative Writing: Tapping the Source](#)
Noyes Museum of Art

NEWS BRIEFS

SCOSA's Annual Festival Draws Hundreds to Campus on May 13th.

"I thought today was a smashing success. The venue is gorgeous, the participants were many, the entertainment was diverse and lovely, and the attendees plentiful and interested!" wrote one exhibitor.

Beautiful weather, an interesting variety of sessions and exhibits, and some great music drew over 300 people to Stockton's Campus Center on May 13th for our annual Successful Aging Festival. A big round of applause for our exhibitors, presenters, volunteers, and everyone who made the day possible.

We especially wish to thank our volunteers, recently graduated intern Danielle Oesterle and soon-to-be intern Rich Jeffries, who handled registration in place of Gina Maguire, who was under the weather. They were assisted by Rachel and Christina D'Auria, Dorothy Eckert, and Patty Ayers. Each of our presenters also volunteered their time to help make the festival an educational and meaningful event for us all.

To provide your feedback on the Festival, please feel free to e-mail dave.burdick@stockton.edu, beckwithanita@gmail.com, or gina.maguire@stockton.edu, or call (609)-652-4311.



Your Input Needed: 1. Atlantic County's Older American's Act Area Plan Survey, 2. National Reauthorization of the Older American's Act, 3. Public

Thu, June 11, 12-1:30 & 1:30-3
[Beginner's Card Making Class](#)
Manahawkin Instructional Site

Sat, June 13, 11-1
[A Tour of Poetry for Seniors](#)
Otto Bruyns Library-Northfield

Sat, June 13, 10:30-12:30
[Art & Food: Strawberry Pickling Basket](#)
Noyes Museum of Art

Wed, June 17, 10-11
[Staying Healthy & Happy As You Age](#)
Brigantine Senior Center

Thu, June 18, 1:30-3
[Time to Tell: Memoir Writing](#)
Manahawkin Instructional Site

Mon & Tue, June 29 & 30
12:30-2:30
[Beaded, Silver Wire Crocheted Necklace](#)
Manahawkin Instructional Site

[Winter/Spring 2015 Older Adult Program Schedule](#)



Thanks to our Festival Supporters
SCOSA Annual Successful Aging Festival May 13, 2015

Sponsors:

- * [The Shores at Wesley Manor](#)
- * [Atlanticare](#)
- * [Compassionate Care Hospice](#)
- * [New Jersey Institute for Successful Aging](#) Department of Geriatrics and Gerontology, Rowan University School of Osteopathic Medicine
- * Southern New Jersey Council on Issues of Aging Endowment Fund
- * Wallerstein Foundation for Geriatric Life Improvement

Presenters:

Dana Burr Bradley, Kimberly Furphy & the Stockton Occupational Therapy students,

Input Sessions for White House Conference on Aging

1. Time is running out on your opportunity to make your thoughts and feelings known about Atlantic County's Area Plan for Older Americans Act Programs. The Atlantic County Division of Intergenerational Services is developing a service plan for years 2016-2018. In order to provide the best service to seniors and focus needed attention where it will do the most good, your input is requested. [Click here](#) to take the survey. It should take you about 5-8 minutes to complete.

2. As guests learned at SCOSA's Festival, the Older Americans Act (OAA) is celebrating 50 years of providing services to help millions of seniors every year age with health, independence and dignity in their homes and communities.

The population of older adults needing OAA services is growing faster than at any time in the country's history as 10,000 baby boomers turn 65 each day. By 2030, 1 in 5 Americans will be 65 or older. However, just when the need is highest, funding for these critical services is in jeopardy.

Congress must hear that the Older Americans Act is celebrating 50 years of successfully and cost-effectively serving seniors and encouraged to fund, reauthorize, and protect the OAA now!

The Leadership Council of Aging Organizations (LCAO) has designated **May 18-22 as a Week of Action for the OAA** to learn more about the Older Americans Act and the services it supports, and to contact your members of Congress about why it is critical to fund, reauthorize, and protect the OAA. The schedule for the Week of Action and more information about getting involved is below.

MONDAY, May 18: PROMOTE the Week of Action for OAA activities! Contact your networks to share this information and let them know how they can get involved! For more information about this event and resources that you can share visit www.caregiving.org/weareoaa/ or www.ncoa.org/WeAreOAA. When promoting on social media, don't forget to use #WeAreOAA and also consider posting these resources on your own website.

TUESDAY, May 19: PARTICIPATE in the #WeAreOAA Twitter Chat! On Tuesday, May 19th at 1 p.m. EDT, discuss Older Americans Act programs and the need for reauthorization. Led by organizations from the Eldercare Workforce Alliance ([@ElderCareTeam](#)), the Leadership Council of Aging Organizations ([@LCAgingOrgs](#)) and featuring the Administration on Community Living ([@ACLgov](#)), this Twitter chat will be an online forum for aging advocates, older Americans, and family caregivers. To participate in the chat, visit twitter.com/hashtag/WeAreOAA or twubs.com/WeAreOAA. Also, check out this [#WeAreOAA Twitter chat guide](#) for more information.

WEDNESDAY, May 20: E-MAIL Congress! [Write to your members of Congress](#) to tell them why your community needs them to fund, reauthorize, and protect the OAA.

THURSDAY, May 21: CALL Congress! Urge your Senators and Representative to fund, renew, and protect the Older Americans Act by restoring appropriations to at least the fiscal year 2010 levels, passing a bipartisan reauthorization, and removing the continued threat of across-the-board sequestration cuts. [Get more tips and the call-in number](#) sponsored by LeadingAge.

FRIDAY, May 22: TELL your OAA story! The Administration for Community Living wants to [hear from YOU](#) about what OAA means to you and your loved ones. [Share stories, photos and videos](#) with them to build awareness about the importance of OAA in communities everywhere!

3. Speak Out for the White House Conference on Aging NJ Regional Forums for Consumers, Caregivers and Providers. The New Jersey Foundation for Aging is hosting 3 Regional Forums in NJ. A Southern NJ Forum takes place on June

Charles Weeks, Marilu Gagnon & Cindy McNellis, Linda Schwartz, Christine Gayda-Chelder, Grayson Heberley, Chuck Sawicki, Michael Kuhlman, Jessica Fleck, Tara Pietrowitz, Carolyn Peterson, Terri Loncar, Jess Bonnan-White, Cynthia Graham, Alayna Berg, Evonne Kruger & Diane Holzman, Christine Ferri. Entertainment by the Stockton Faculty Band Unplugged, The Atlantic Chinese Community Choir and Nancy Fielder & Mary Koenke

Exhibitors:

Acuity Specialty Hospital of New Jersey, Aetna, Alzheimer's Association Delaware Valley Chapter, American Red Cross, Atlantic Adult Day Health Care, Atlanticare, Bacharach Institute for Rehabilitation, Bayada Home Health Care, Brandywine Senior Living at Brandall Estates, Byron Home, Cape Atlantic Coalition for Health, Caring, Inc., Compassionate Care Hospice LLC, Contact Cape-Atlantic, DePaul Healthcare at Woodview Estates, Fox Rehabilitation, Garden State Medical Supply, Gitterman Wealth Management, LLC, Hafetz and Associates, Healthsouth of Vineland, Heartland Hospice, Holy Redeemer Home Care and Hospice, Homewatch CareGivers of Central & Southern NJ, JFS Village by the Shore, Linwood Care Center, National Council on Aging, Our Lady's Multi-Care Center, Parkinson Life Center of Southern New Jersey, Right at Home, Road Scholar, Royal Suites Healthcare and Rehabilitation, Seacrest Village, Seashore Gardens, Seashore Gardens Without Walls, South Jersey Geriatric Care, Synergy Homecare of South Jersey, The Fountains at Cedar Parke, The Law Offices of Grayson H. Heberley, III, The Shores at Wesley Manor, Visiting Angels

[Click here](#) for complete festival coverage and watch

10th at the Katz Jewish Community Center Social Hall, 1301 Springdale Road, Cherry Hill. Directions: <http://www.katzjcc.org/directions.php>. The forums provide an overview of the WHCoA and sessions on the four themes: Retirement and Economic Security, Healthy Aging, Long-Term Services and Supports and Elder Justice. Input from providers, consumers and caregivers will provide NJ specific feedback to the WHCoA. [Click here](#) to view flyer and register.

Christopher Endowment Fund established by Professor Elizabeth and Dr. Richard Elmore



Last week's [Stockton Times](#) (See full story on pg. 4) announced the official establishment of the latest fund that supports SCOSA's programs and services. The Frances Leonilda Acerra Christopher Endowment Fund was established to honor Professor Elmore's remarkable mother, who lived to be nearly 102 years old. Funds such as these, exhibit and advertising fees from the Festival, and individual donations are crucial for SCOSA's continued success since Stockton only supports about 1/2 of the cost of our very cost-

effective operations. To donate to the fund, [CLICK HERE](#) and type "Frances Christopher Fund" under "Previously Established Restricted Funds". To consider establishing your own fund, please call 609-652-4311 or e-mail david.burdick@stockton.edu.

SCOSA's First Self-Study: Consultant's Report In-Preparation:

Customarily Stockton departments, centers, and institutes undergo extensive self-studies every five years, in addition to our annual reports. SCOSA wasn't required to carry out a self-study until now, seven years since our founding. Dr. Dana Burr Bradley, Director of the Institute for Gerontology at Western Kentucky University and member of the Consultation Program at the Association for Gerontology in Higher Education served as SCOSA's external reviewer, and visited campus from May 12th thru 14th. Dr. Bradley was also our Festival Keynote, discussing Age-Friendly Cities. Thanks to everyone who met with Dr. Bradley and provided input and suggestions. We've come a long way in seven years and look forward to careful planning for our future.

SCOSA Announces New Cohort of Research Scholars

At the end of March, Stockton Provost Harvey Kesselman (currently Acting President) approved four projects for funding from Stockton Research and Professional Development funds earmarked for SCOSA. The projects will occur between July 2015 and June 2016. Program details will appear on our web-site and in our July-December Older Adult Education Program guide, currently in production.

Professor of Education Norma Boakes' project "Theragami: Origami Therapy for Seniors", co-facilitated by Ms. Barbara Pearl evaluates the benefits of a 5-part Origami instructional program. Professor of Social Work Lisa Cox will receive funding to document her successful Kramer Hall Oral Histories project conducted with her Advanced Social Work Practice students during the Spring 2015 semester. Professor of Writing Emari DiGeorgio will receive funds to continue and publish results from her "Tour of Poetry for Seniors." Professor of Psychology Christine Ferri will receive funds to develop and evaluate the effectiveness of a project entitled "Phone depression education and screening with older adults."

The projects were reviewed by a sub-committee of Stockton's Research and Professional Development (R&PD) Committee, chaired by Professor of Writing Heather McGovern and including Professor of Economics Ellen Mutari, Professor of Business Jo McEnerney, and SCOSA Director Dave Burdick.

for photo album coming
soon.



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