



Stockton Center on Successful Aging News & Upcoming Events

[SCOSA Website](#)

Join Our List

[Join Our Mailing List](#)

Share the News

Scroll to the bottom of this page for a link to forward this issue to your friends & colleagues or go to the [SCOSA website](#) and copy the page address into your email message if you want to forward to a list.

News Briefs

Advising Day Lunch & Lecture Drew Faculty from 7 Disciplines on Nov 6th.

Focus on Community Engagement as the New/Old Frontier for Engaging Students in Aging [Flyer for details](#)
[View Presentation](#)

2014 Professional Education & Older Adult Education Programs

If you would like to present a SCOSA-sponsored lecture, workshop or series to professionals or older adults please visit:

[Professional Ed Proposal](#)
[Older Adult Ed Proposal](#)

Noteworthy

Dan Burke Acoustic Band, featuring SCOSA Festival performers Peter Hagen and David Pinto, Wednesday November 27th 8pm-midnight at McGettigan's 19th Hole (across from Stockton Seaview). Fantastic ensemble, fun music! Played to enthusiastic packed house in Somers Point last Saturday.

Volume 2, Issue 12 December/2013

Upcoming Professional Education Seminars

Register Now...

The Benefits of Socialization for Older Adults, Especially During Winter and Holiday Seasons

December 4, 2013 7:30am - 9:00am The Health Center at Galloway, 66 West Jim Leeds Rd, Galloway, NJ 08205

[Register](#) (use lecture title to search for class on registration page - for assistance with site [click here](#)). [Flyer](#)

Presenter, Patricia Ayers, MSW, LSW, Stockton adjunct instructor, is a medical social worker for Holy Redeemer Home Care and Hospice and is a contributor to their on-line blog for caregivers called [Caring With Confidence](#). This lecture will address the causes and consequences of increased social isolation in old age, exploring risk factors, looking at how a perceived lack of social support, especially during the holiday season and winter months, may lead to increased depression, chronic illness and a reduced life expectancy. We will review possible interventions that will assist in promoting social engagement and thus improving overall health and well being. Upon completion, participants will receive 1 CE for Social Workers, Marriage and Family Therapists, and Licensed Professional Counselors. For seminar information contact David Burdick at 609-652-4311 or David.burdick@stockton.edu. For registration assistance only call 609-652-4227.

Rachel Pruchno Scholarly Research Lecture draws 100+ participants

"Successful Aging: How Neighborhoods Can Help Elders and Their Families Thrive" on October 28, 2013 at Stockton (photo by L Cox per D Burdick)



Upcoming Older Adult Education Programs

Coming In January: our 2014 Spring/Summer Schedule

Time to Tell Autobiographical Writing Sessions Planned

Stockton's Manahawkin Instructional Site

Participants will be guided and instructed through fourteen life themes. Sharing, support and constructive criticism will be incorporated into the sessions. Contact [Gina Maquire](#) for details (609-626-5590).



Senior Poetry Workshops Planned for 2014

SCOSA is partnering with the Otto Bruyns Public Library in Northfield in the development of ongoing poetry workshops for older adults. If you are interested in being involved in the planning or as a participant, [register online](#) and we will contact you.

New Monthly Caregiver Support Group

Call Lisa Smith at (609) 652-3600 for details.
Senior Care Adult Day & Health Center at Galloway

Holiday Adopt-a-Resident

Program at Royal Suites Healthcare.
Call for details 609-748-9900 x1727.

Save the Date

Senior Theatre USA 2014 Festival and Conference
June 8-12, 2014 at Bally's Atlantic City. [Flyer](#)
seniortheatreUSA.com

The Messiah, An Oratorio

December 8 at 7:30pm
The Xanadu Theatre at Trump Taj Mahal featuring the Stockton Choral Program
[Details](#)

Links to Stockton/et al. Events

[Arts & Humanities on Facebook](#)
[Performing Arts Center](#)
[Holocaust Resource Center](#)
[Art Gallery](#)
[Veteran Affairs](#)
[Hughes Center for Public Policy](#)
BayAtlanticSymphony.org

Take Control of Your Health

Chronic disease management discussion sessions planned for 2014. FREE evidence based community workshop developed by Stanford University will be presented by the Cape Atlantic Coalition for Health and Shore Medical Center. Workshops are held once a week for six weeks. If you would like to join us to discuss nutrition, exercise, pain relief, relaxation, emotions, stress, sleeping and other health concerns while learning strategies to improve your health and manage chronic disease, please [register online](#). We are planning two introductory sessions to announce the program and accept registrations. Visit the SCOSA website and the next email announcement for more information.

Research Study Opportunity - Spring, 2014

Your participation will help develop a screening tool for dual sensory loss in older adults.

Dr. Debra Busacco, SCOSA Research Scholar, is seeking participants over 64 for a 1-2 hour research study at Stockton. Subjects must have BOTH a hearing and visual loss of any degree and will be required to complete a brief evaluation and questionnaire. Please contact Dr. Busacco by January 28th at dabusacco@aol.com or 609-626-3591 and leave your contact information.

More News

Stockton Provost Kesselman Announces SCOSA Faculty Fellows for the 2014/15 Academic Year.

As part of a new college initiative to involve faculty in Stockton's growing number of centers and institutes, SCOSA was approved for 3 fellows in support of our research, education, and service missions. We are pleased to announce that applications submitted by professors Lisa Cox (Social Work), Christine Gayda (Psychology) and Evonne Kruger (Business Studies) were recommended by a screening committee and approved by Provost Kesselman. Details of their intended projects will be described in a subsequent newsletter. Congratulations to all!

SCOSA Event Cancellation Procedure

Check the [Stockton Homepage](#) for campus wide closures. Check the [SCOSA website](#) for SCOSA off-campus event cancellations & rescheduling.

Stockton Center on Successful Aging

Richard Stockton College of New Jersey
101 Vera King Farris Drive, Galloway, NJ 08205 609.626.3591 Fax: 609.626.3620
[David C. Burdick](#), Director 609.652.4311
Programming: [Anita Beckwith](#) 609.626.3591 / [Gina Maquire](#) 609.626.5590



[Forward this email](#)



Try it FREE today.

This email was sent to ariane.newman@stockton.edu by david.burdick@stockton.edu | [Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Stockton Center on Successful Aging | Richard Stockton College of NJ | 101 Vera King Farris Drive | Galloway | NJ | 08205-9411