



## Stockton Center on Successful Aging News & Upcoming Events

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### SCOSA Summer/Autumn 2014 Older Adult Education Brochure

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### News Briefs

#### SCOSA Successful Aging Festival 2014 & Arthritis Foundation Health Summit

"Staying Happy & Healthy in Home & Community"  
Tuesday, May 13, 2014,  
9am-4pm, Stockton  
College Campus Center  
[Click here](#) for Save the  
Date Flyer.

Two Events in One: We are again joining forces with the Arthritis Foundation. This year, we are proud to work with the Eastern PA Chapter, headquartered in Philadelphia.

Two New Festival Partners: The South Jersey Senior Marketing Group (offering free memberships and discounts on exhibitor table fees - [click here](#) to join). [Village by the Shore](#), a JFS Initiative.

Please consider supporting SCOSA's main annual fundraising effort by joining our annual festival as a supporter, donor, sponsor, exhibitor or advertiser. [Click here](#) for Prospectus. [Click here](#) for online application.

#### My German Grandma Made the Best Italian Food!

Do you have family recipes that have great stories to go along with them? Did you learn to cook from a special person in your life? Growing up, did you enjoy Sunday dinners at a relative's house? Then YOU have stories to tell about your life and food! If you are interested in sharing recipes and learning some of the stories that made them special, join us in this project! Contact [Gina Maquire](#) for more information about this upcoming program we are

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### Upcoming Professional Education Seminars

#### Organizational Leadership in the Healthcare Setting

Thursday, May 1, 2014 4:00pm - 6:30pm

[Flyer](#) [Register](#)

Spring Oak Assisted Living of Vineland  
1611 South Main Road, Vineland, NJ 08360

Presenter: Linda Coppinger, M.A., Executive Director, South Jersey Alzheimer's Association Delaware Valley Chapter.

This presentation will provide useful information for administrators, managers, and first-line supervisory personnel. It is designed to introduce participants to organizational leadership topics, including leadership styles, decision-making, and conflict management techniques.

The seminar, designed for professionals, para-professionals, and other caregivers who work with older adults is free of charge and includes dinner (sponsored by [Right at Home](#) and [Spring Oak Assisted Living of Vineland](#)). Upon completion, participants will receive 2 CE's for Social Workers, Marriage and Family Therapists, Licensed Professional Counselors and 2 Contact Hours for Nurses\*.

Online advanced registration is required and can be accessed by clicking the Register link above. For registration assistance only contact William Albert at 609-652-4512.

The Richard Stockton College of NJ is an approved provider of continuing nursing education by New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. P#P288-1/13/16.

The Richard Stockton College is an approved provider of Social Work continuing education credits.

### Something for Everyone

#### 2014 SCOSA Aging Successfully Festival & Arthritis Foundation Health Summit

Tuesday, May 13, 2014  
9:00am - 4:00pm



Stockton College Campus Center, 101  
Vera King Farris Drive, Galloway, NJ  
08205

**Free admission and lunch for first 200 registrants - Call 215-574-3060 ext 4724 to register.**

#### Presentations, Workshops, Lectures,

#### Demonstrations and Screenings

- **SCOSA Research Update.** Dr. Lisa Cox (SCOSA Research Chair) with John Bulevich, PhD, Christine Gayda-Chelder, PhD, & other SCOSA Research Fellows & Scholars discuss their research projects
- **Alternative/Complimentary Medicine for Osteoarthritis,** Sharon Kolasinski, MD
- **Transcatheter Aortic Valve Replacement (TAVR): An Interprofessional Approach for High Risk/Inoperable Elderly Patients with Severe Aortic Stenosis,** Joelle D. Hargraves DNP, RN, CCRN, CCNS, APN
- **The 10 Warning Signs of Alzheimer's Disease,** Sorida Lopez, MS, Alzheimer's Association Delaware Valley Chapter
- **Are You Ready to Retire?** Brian McGuire, AARP-NJ
- **Healthy Financial Aging: How to Age in Place,** Charles C. Weeks Jr., JD, CFP, Assistant Professor of Finance
- **Is Your Home Aging Ready?** Doug Schindler
- **Preparing for the Next Big Disaster,** Jessica Bonnan-White, Assistant Professor of Criminal Justice
- **Osteoporosis vs. Osteoarthritis,** Arthritis Foundation
- **Fitness & the Active Older Adult,** Arthritis Foundation
- **Put Pain in its Place,** Arthritis Foundation
- **Prepare to Age in Place,** Pat Laychock, Director, Visiting Angels

hoping to begin in the Fall 2014.

#### For the Arts

Ivy Cottage owner and SCOSA presenter Diamond Frandsen is

offering rewards to older adults who attend six or more SCOSA - sponsored cultural events; defined as programs that engage the senses and involve the arts. The reward will be in the form of a \$15 gift certificate to the Ivy Cottage. All of our crafts, writing, and art classes/lectures are eligible and at least one must be taught by Diamond. Her goal is to get folks to "try something new in 2014." In April, Dorothy Eckhardt and Christine Lombardi earned their gift certificates.

Contact [Gina Maguire](#) for more information.

#### It's A Record

27 GERO minors are graduating from Stockton in 2013-2014.



GERO Reception April 10

#### Noteworthy

##### Operation Take Back - Turn in Old & Unused Medications

Stockton Police Department, NJ (DEA), and the Atlantic County Prosecutors Office invite you to participate on Saturday, April 26, 2014 from 10am to 2pm, outside of the Campus Center which is located off of Vera King Farris Drive between Parking Lots 1 thru 4. Contact Stockton Police Department at 609-652-4390 for further information.

##### Your Input Needed for NJ State Plan on Alzheimer's Disease:

Last June, Governor Christie established the NJ Alzheimer's Disease Study Commission to develop a comprehensive state plan to address the significant and growing impact of Alzheimer's on New Jersey residents. The Study Commission's Education, Awareness, and Training Subcommittee seeks your informed input by completing a brief online survey by clicking on this [link](#). SCOSA Director [Dave Burdick](#) (609-652-4311) serves on this committee and can answer any questions that you might have.

[Links to Stockton/et al. Events Arts & Humanities on](#)

- **Help Prevent Medicare Fraud and Abuse,**  
Tunde Akinrolabu, Senior Medicare Patrol
- **What's the Password to Common Sense Internet Security?** Ken Goodman, MBA
- **Humor & Laughter - A Prescription for Better Living,** Maryann Prudhomme, RN, CCM, CSA,  
Bayada Home Health Care
- **Contact Cape-Atlantic Telephone Reassurance Program,** John Oelkers, Reassurance Coordinator
- **Preparing for Natural Disasters,** Alayna Berg,  
Legal Services of NJ
- **Meditate Your Way to Health & Happiness,**  
Luanne Anton, Health Educator, Stockton Wellness Center
- **You'll Be Wowed by This Woman...**the story of Peace Poilgrim, Merry Brennan & Helene Young
- **Fred & Ethel Noyes of Smithville, NJ,** Judy Courter,  
Author
- **Laughter Yoga,** Francine Shore of Laughter Yoga  
Salon New York City
- **Demonstrations** throughout the Day:
  - **Explore Your Creativity Through Craft,**  
Diamond Frandsen, Ivy Cottage
  - **Create Your Own Greeting Cards,**  
Ann Blazovic
  - **You Can Use Technology,**  
Ken Goodman, MBA
- **Music by The Lyric Wind Quintet & Members of the Stockton Faculty Band**

Over 30 exhibitors showcasing services for older adults in the Exhibit Hall throughout the day. [Details](#)

**Lots of "give-aways" to attendees donated by exhibitors and other SCOSA donors.**

#### Upcoming Older Adult Education Programs

##### Time to Tell - Creative Writing Workshop: Memory in Poetry and Creative Nonfiction

Saturday, May 10, 2014 10:30am - 12:30pm  
The Noyes Museum of Art of Stockton College, Lily Lake Road, Oceanville (Galloway), 08231. Call 609.652.8848 to register. Jenna McCoy, Instructor [Flyer](#)

We will write poems and essays inspired by our own memories, stretch our creativity with a number of prompts and activities, and work to create our own community of writers.

##### Time to Create Art - Tote Basket with Wooden Handle

Saturday, May 17, 2014 10:30am - 12:30pm [Flyer](#)  
The Noyes Museum of Art of Stockton College, 733 Lily Lake Road, Oceanville (Galloway), 08231. Materials Fee: \$40.00 (Collected by Museum). Call 609.652.8848 to register. Instructor: Niki Giberson, Swan Bay Farm.

A perfect basket (8" x 15" x 15") for magazines, file folders, or books.

##### A Tour of Poetry for Seniors

Saturday, May 24, 2014 11:00am - 1:00pm [Flyer](#)  
The Otto Bruyns Public Library of Northfield, 241 W. Mill Road (between Shore & New Road), Northfield, NJ 08225 609-646-4476.

An ongoing series hosted by the Otto Bruyns Public Library of Northfield, offering the poetry enthusiast an opportunity to enjoy the works of local artists while writing and sharing their own work with an audience of their peers. Participants will share a light luncheon, compliments of [Ventura's Offshore Cafe](#) and the library. Guest Poet Joel Dias-Porter will speak on Haiku and Sendryu and read some examples from his poetry. Learn more about [Joel Dias-Porter](#). Register [Online](#) or call 609.626.3591.

##### Time to Create Art - Learn to Paint With Watercolors

Tuesday, May 27, June 3, June 10 & June 17, 2014  
10:00am - 12:00pm [Flyer](#)  
Stockton Kramer Hall, Room 301, 30 Front Street  
Hammonton, NJ 08330 609-626-3840.  
Instructor: Alice White-Marks.  
Register [Online](#) or call 609.626.3591.

Learn the fundamentals of painting with watercolors in this four-week course. We will discuss the selection of brushes, paints and watercolor papers as well as other related topics. Students will learn basic techniques as they begin to paint. The instructor will supply initial painting inspiration, but students are encouraged to develop their own inspirations as well. You must bring your own supplies - see flyer for list.

**Thursday, May 22nd at 12:30 Time to Tell session presented**

[Facebook](#)  
[Performing Arts Center](#)  
[Holocaust Resource Center](#)  
[Art Gallery](#)  
[Veteran Affairs](#)  
[Hughes Center](#)  
[BayAtlanticSymphony.org](#)

by Gina Maguire at Stockton's Manahawkin Instructional Site 712 East Bay Avenue, Manahawkin, NJ 08050. Join our monthly meeting with personalized instruction to help you chronicle the stories of your life. Creative writing styles, including poetry and photographs, can all be used to tell your story. New members always welcome. For more information or to register, Contact Gina Maguire via email: [Gina.Maguire@stockton.edu](mailto:Gina.Maguire@stockton.edu)

#### Reminders

##### Save the Date

[Senior Theatre USA](#) Festival and Conference June 8-12 at Bally's Atlantic City.

#### SCOSA Event Cancellation Procedure

Check the [Stockton Homepage](#) for campus wide closures. Check the [SCOSA website](#) for SCOSA off-campus event cancellations & rescheduling.

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 Programming: [Anita Beckwith](#) 609.626.3591 / [Gina Maguire](#) 609.626.5590



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