

STOCKTON COLLEGE

THE RICHARD STOCKTON COLLEGE OF NEW JERSEY



Stockton Center on Successful Aging to Present “Loss, Grief and the Holidays: Finding a Glimmer of Light”

Sessions Scheduled for First Three Fridays of November for Adults Coping
with Loss

For Immediate Release

Thursday, October 14, 2010

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Galloway Township, NJ- The Stockton Center on Successful Aging (SCOSA) is offering a three-part series that teaches coping strategies for dealing with loss throughout the winter holiday season (Thanksgiving, Christmas, Hanukkah, Kwanzaa, New Years, etc.) for participants who may have experienced a loss at any time, yet have extra difficulty facing the holidays. The series will be led by Dr. Christine Gayda, Ph.D., licensed clinical psychologist, SCOSA’s new service chair, and visiting assistant professor of psychology at Stockton.

Pre-registration is required, participation is free of charge and space is limited. The sessions are scheduled for 1-2 p.m. on three successive Fridays in November (Nov. 5, Nov. 12, Nov. 19). The series will be held in Gallery 3 at the Noyes Museum of Art of Richard Stockton College, located on 733 Lily Lake Road, Oceanville, NJ. For further information or to register, please call 609-626-3591 and leave a message with your name and phone number. For specific questions, contact Professor Gayda at Christine.Gayda@stockton.edu.

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