



Richard Stockton College of New Jersey's Psychology Club Hosting Presentation by Dr. David Lester

"The 'I' of the Storm: Understanding the Suicidal Mind"

For Immediate Release

Thursday, November 08, 2012

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Galloway Township, NJ – The Psychology Club of the Richard Stockton College of New Jersey will host a presentation by Distinguished Professor of Psychology, Dr. David Lester on Tuesday, November 13 at 4:30 p.m. in the Alton Auditorium.

The presentation, "The 'I' of the Storm: Understanding the Suicidal Mind" will focus on the rare event of suicide. Only 32,000 Americans will die by suicide this year out of 380 million Americans. The rarity of suicide makes it difficult to understand or explain what causes it. Dr. Lester, who is president of the American Association of Suicidology, has studied the diaries left by those who have died by suicide. One such diary led to his book, *Katie's Diary: Unlocking the Mystery of a Suicide*. The book is one of Lester's more than 2,500 notes, articles and books on suicide.

The presentation will include examples from these diaries, as well as two tape recordings left by a young man in the hours before he killed himself, showing how his thinking changed as the time of his death came closer.

The presentation will be followed by discussion and light refreshments. The event is free and open to the public.

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